

7. LONERS & INTERNATIONALISTS MEMBERS

You can download a PDF with the following information at: http://www.aa.org/assets/en_US/smf-123_en.pdf

A. The purpose of LIM is to provide a way for Loners who live in remote areas - where there are no A.A. meetings - to correspond with others in similar situations. Internationalists, members whose work involves long stretches on seagoing vessels, also participate. The service works well for Homers, members who are homebound, usually because of physical problems or disability.

B. To participate, an A.A. member needs to be able to read and write in English. A.A. members who fit a LIM category may contact:
Loners Assignment, c/o General Service Office
P.O. Box 459
Grand Central Station
New York, NY 10163
or e-mail: lim@aa.org

Please print or type information requested and return this form or information to G.S.O.:'

YES, I WANT TO JOIN (CHECK ONE ONLY):

Loner Homer Internationalist Port Contact

Full Name _____

Mailing Address _____

City, State/Providence _____

Zip, Country _____

Phone _____ Email _____

C. There are Loner Sponsors as well. Loner Sponsors are A.A. members active in local A.A. meetings, who share their experiences and group activity with Loners, Homers, and Internationalists through correspondence.

8. WORLD HELLO, POSTAL MAIL MEETINGS

A. World Hello is a closed international AA group that meets via the postal mail through a quarterly published newsletter. Members send their share on a suggested topic, that is then printed for the rest of the group to read (by group conscience, members must write the editor at least every 6 months to retain membership in the group). Each member then picks others to write to individually (akin to pen pals, but more like after meeting chat only via the mail).

B. We have been together as a group since 1956. We operate just like a regular meeting, self supporting and also send donations to GSO. Our group members can volunteer for service positions that are posted through the newsletter.

C. A sample copy of the latest newsletter, Meeting-By-Mail, can be sent to you. If what you read interests you and you want to join, the following information will be required:

1. Your date of sobriety
2. A brief hello from you, which will serve as your initial share and intro to the rest of the group,
3. Your name and address.

For more information please contact:

World Hello, c/o Editor
217 Jagger Mill Road
Sanford, ME 04073-2404
editorworldhello@gmail.com

OUR MISSION IS TO ASSIST COMMUNITIES WHERE IT IS DIFFICULT TO CARRY THE A.A. MESSAGE BECAUSE OF LANGUAGE, CULTURE, GEOGRAPHY OR LIFE CONDITION.

CONNECT WITH US DIRECTLY AT:
REMOTE-COMMUNITIES@NNJAA.ORG

ALCOHOLICS ANONYMOUS

PREPARED BY NNJ AREA 44
REMOTE COMMUNITIES
COMMITTEE

REMOTE COMMUNITIES MEETING GUIDE

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There are various alternatives to in-person meetings which are described in this Guide. One alternative is Online meetings which can be attended in various formats including telephone, email, chat, audio/visual and discussion forums.

SECTIONS:

1. HOW TO ACCESS ONLINE MEETINGS

FORMATS INCLUDE:

- 2. EMAIL MEETINGS
- 3. CHAT (TEXT) MEETINGS
- 4. AUDIO/VISUAL MEETINGS
- 5. DISCUSSION FORUMS
- 6. TELEPHONE MEETINGS

OTHER ALTERNATIVES INCLUDE:

- 7. GSO LONERS & INTERNATIONALISTS MEMBERS
- 8. WORLD HELLO, POSTAL MAIL MEETINGS

1. HOW TO ACCESS ONLINE MEETINGS

- A.** Enter the address www.aa-intergroup.org into a browser
- B.** Click on “**Online Meetings**” to go to the Online Meetings directory page.
- C.** Click on the format of your choice: [Email](#), [Chat \(text\)](#), [Audio/Visual](#), [Discussion Forums](#) or [Telephone](#). The details for using each format is described in Section 2-6 below.
- D.** By default, all meetings are shown. You can narrow your choices by clicking on the specific links listed after the format choices.
- E.** Meetings are also available in other languages by clicking on the specific language link.

2. EMAIL MEETINGS

- A.** There are many English language meetings listed by either a link or an email address.
- B.** Each meeting has a brief description and a field to complete or a link for joining.
- C.** Some meetings require that you join either Google or Yahoo Groups (not difficult)
- D.** Below is a sample email response to a request to join a meeting named 12and12. The registration process will vary from meeting to meeting.

THIS IS A CLOSED ALCOHOLICS ANONYMOUS MEETING. THE ONLY REQUIREMENT FOR MEMBERSHIP TO AA IS THE DESIRE TO STOP DRINKING.

The details each member must supply to this group include:

- 1. First name, First Initial of Last Name
- 2. City, State & Country
- 3. Date of Sobriety
- 4. Affirmation of the Third Tradition
“I affirm the Third Tradition”
- 5. Your Email Address

UNLESS ALL FIVE OF THE REQUIREMENTS ARE MET, YOU WILL NOT BE ADDED TO 12AND12.

THIS IS AN EMAIL LIST, EACH MONTH WE DISCUSS A DIFFERENT STEP & TRADITION, ALONG WITH A WEEKLY TOPIC ON SUNDAY, TUESDAY & FRIDAY, NO DRUG TALK IS ALLOWED HERE. BILL G LIST KEEPER.

3. CHAT(TEXT) MEETINGS

- A.** There are numerous chat meetings listed.
- B.** The process for joining is similar to joining an email meeting.
- C.** Many Chat Meetings are ongoing, 24-7 meetings. There is often a list of members who are participating at a particular time.

4. AUDIO/VISUAL MEETINGS

- A.** There are numerous audio/visual meetings listed.
- B.** You need a Skype ID to participate.
- C.** [wikihow.com](http://www.wikihow.com) gives directions for creating a Skype Account.

- D.** AAOnlinemeetings.net gives directions for joining an audio/visual group, including creating a Skype ID.

5. DISCUSSION FORUMS

- A.** There are numerous discussion forums listed.
- B.** Some list days and times that the meetings occur; others will provide this information once you register.
- C.** Some require that you join Google or Yahoo groups.
- D.** Registration is similar to signing up for an email meeting.

6. TELEPHONE MEETINGS

- A.** There are numerous telephone meetings listed.
- B.** Many of the meetings list a phone number and an access code.
- C.** Specific times are sometimes listed.
- D.** An email address is provided by each meeting to assist you with connecting if you are having difficulty or if you want more information about the group.

