

THIS DAY

www.nnjaa.org

News & Notes from NNJ General Service Area 44 and Northern New Jersey Intergroup

A message from your Area Chair



Greetings from your Area Chair! Thank you so much for giving me the opportunity to serve you and Area 44. It has really been an honor and a privilege. I can hardly believe this is my last article in the newsletter as your Area Chair!

These past two years have been full of great learning experiences and challenges that I will carry with me as I trudge the happy road of service! It is with great honor that I rotate into a new service position in January to serve you as your Panel 65 Alternate Delegate to the General Service Conference. As this journey continues, I look forward to serving with you all, new and old in service.

I would also like to take this time to express a very big THANK YOU TO ALL THAT SERVED THESE PAST TWO YEARS in Area 44. You all did such a great job in supporting each other and being powers of example in the sometimes very uncomfortable day to day business of AA in Northern NJ.

The Area 44 Elections Assembly is always a very emotional and spiritually moving day! It was held on October 18th and was hosted by Section 4. Thank you for a job well done! And congratulations to the newly elected officers and appointed committee chairs for the 2015-2016 panel!

This year, the Work Weekend in December will be a little different. There will be an Area Inventory on Friday night of the weekend. I'm sure that this work will show us where we are being effective as an area, and where we are not being so effective in carrying the A.A. message in Northern NJ. I am looking forward to the discussion

and voting that comes as a result of this inventory.

Be on the lookout for the "Peach Cans!" Contributions for the 2015 International Convention Hospitality Suite in Atlanta, GA are now being accepted online via our www.nnjaa.org website. Just follow the link! We are down to 7 months until the convention, and time is getting really short to come up with the funding needed for this venture. Please help us talk it up! We in Area 44 have hosted a Hospitality Suite at the previous two international conventions in San Antonio and Toronto, which were hugely successful! The Ad Hoc Committee for the Hospitality Suite has been up and running, and meets on the second Thursday of every month at the Area Office at 7:30 pm. Contact Paul C., your Area 44 Archives Chair, for more information on the upcoming meetings. Everyone is welcome and encouraged to participate!

Area 44 has been very busy in the past year with several recommendations being brought to and voted on at the Area Committee Meeting. DCM's, it is your responsibility to be sure that this information is brought back to your GSR's! You are the link that Area 44 and A.A. as a whole has with our groups. GSR's, please seek out your DCM if you become aware that recommendations are not being brought to your district meetings. If you are not sure who your DCM is, please contact me and I will help you get in touch with them.

Best wishes for a very Happy and Sober Holiday Season. See you on the road of Recovery, Unity and Service!

**In A.A. Love and Service,
Lester G.
Area 44 Chairperson**

A message from your Area Delegate



You are connected.....

You know it was actually a beautiful sunny day this past summer when I was driving around our beautiful state/Area to deliver membership surveys to group representatives when it all came to me what this article would be about. It would be about all the love I have for AA, our Area, and you my fellow "AA's". I know this article will be long, and I hope you will indulge me in reading it through – especially if you are new – as you are why we are here.

I will still be in an officer position for the next two years, but never again in a position to serve you as I have in the past, most importantly the last two years. You have trusted me in many positions to represent you and AA on many levels, which was an honor beyond words. However, what I realized more than ever that day, was that the experiences I have had – were just so overwhelming to ever feel that I had been giving or serving in any way. You have given me. As with many of us, AA saved my life – have no doubt, and to think I would be sitting here 17 years later thinking about what you have given me is just an amazing thought – and a transformation of character – that anyone outside our rooms could ever understand.

My first Pre- and Mini-Conference experience was back in 1999 as a GSR and if you ever told me then I'd be writing this article, I would have worried about you. I was amazed at the process. I got caught up in it, and well I thought

the Delegate was like a King or President. I just couldn't ever imagine being in that position. But at my first Assembly, there was this woman who reached her hand out to me and made me feel at home. She helped me understand what was going on. I am still so grateful for the hand she reached out with that day – and still thank her every time I see her.

Over the years and positions, I came to learn why we serve – there are many reasons, some altruistic – some just basic survival. In fact, I say something today when asked that question that I've been saying since an election assembly about 10 years ago. In the middle of the process of standing for a position, someone turned to me and asked "why do you do this?" – in amazement of my trying to win election to a position that was going to be a lot of work. Without hesitating, I turned to that person and said "you know, I belong to a home group where every week someone is coming back. When I come here, I rarely if ever hear of anyone in service going out."

But as the years continued after that day – the giving did change to receiving. The excitement of winning elections turned from popularity to humility in serving. The love of the program grew even deeper – if it could. The experiences I have encountered are so enormous, I wish I could share them all with you and have you feel them. But I can't, so I want to share a couple in the hope that someone out there reading this, might just say "yes, I'll be the GSR when asked."

This one may not seem that emotional or crucial to you, and I

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A message from your Intergroup Chair



Change: Not too much, not too little, just right

The subject of Change (our theme this month) can confuse and baffle. It's viewed as an action verb but does little to answer the question of "what action". Those of us who come into A.A. with a history (most of us) know that change can be both positive and negative. Many of my past actions had disastrous results but can change today and in the future be positive?

From a personal point of view, the fellowship offers a roadmap toward the positive. The promises are presented, not so much as something "to do" but as the result

of the actions outlined both in the steps and in a more positive way of living. A better life is the result of positive action. And yes, it represents the change we can experience in A.A. if we work for it.

But let's shift our focus a bit and think about "change" as it is used when talking about A.A. and the various service entities.

I spend a lot of time focused on Northern NJ Intergroup. How has Intergroup changed over the years and are we well positioned for the future? Fortunately our legacy of service means that many individuals have contributed to the role Intergroup plays. Intergroup has an office staff, 9 Trustees and about 100 Delegates regularly attending monthly meetings. With about 1200 Groups/Meetings represented there are many needs,

opinions and contributions to bring together into one coherent organization.

Our primary focus is on Twelfth Step work with Nightwatch, compilation of meeting information and contributions to the www.nnjaa.org website. Add to this the stocking of literature, sale of meeting books and general queries from the fellowship and we have a busy office indeed.

Intergroup co-sponsors (with Area 44) 7 service committees. Corrections, Public Information, Treatment, Cooperation with the professional Community, Website, Newsletter, and History & Archives each have an individual focus and platform for A.A. members to carry the message inside and outside the fellowship. These committees are, by and large, self-governing but operate under

approved guidelines that set down their basic responsibilities and structure.

For Intergroup as a whole, we have bylaws and office procedures. These have captured and set down our structure and general

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**NEXT ISSUE DEADLINE FEB. 13th
NEWSLETTER@NNJAA.ORG**

A Message from your Area Treasurer



It is really hard for me to believe that this is my last message as your Area Treasurer. These past two years seems to have flown right by. With all sincerity I have to say thank you to the fellowship of Area 44 for allowing me the honor and privilege of serving you. The growth you have afforded me, my appreciation for Area 44 that has grown tremendously and the experiences that I will carry for life are more than I could ever thank you enough for.

In the past two years the groups of Area 44 have not only allowed our committee's to continue to carry the message of hope and recovery without worry of financial support, but have given the Area the chance to expand and improve their outreach. Our PI posters at train stations and the new translation equipment to reach the non-english speaking population of our Area are but only two examples of this. You have fully funded the

prudent reserve, and then some, also, to guarantee that the work will go on for some time to come. Thank you again for the opportunity to serve the Area as your treasurer. This is an amazing Area, and I have come to fully respect and admire the humble servants who I've seen work tirelessly for two years now. Rotation is a great time in AA, it causes me to reflect on what has been learned and how it has changed me, and an exciting time to move on in a new opportunity to continue growing and changing. I trust that the groups of Area 44 will continue their fantastic support of the Area in all manners, and I am glad to know that your incoming treasurer is more than capable to be a great steward of your monies. I look forward to moving on and perhaps meeting up with some of you from behind a table of literature. You have made my experience one with so many great times and lessons that I almost wish I could stay on.....Almost. Again thank you and it has been a true honor.

Wayne G.
Area 44 Treasurer

THIS DAY
www.nnjaa.org
from your newsletter committee

Greetings NNJAA! While preparing to write my last article as Newsletter Chair, almost a week past the deadline, my mind reflects on how anxious I was to fulfill the responsibilities of this position. Two years ago- I had a notebook where I documented everything for this position. That notebook has been untouched for months now and I sit here frantically trying to finish this article. It's pretty obvious, don't you all think? This is a bad case of "serviceitis"! For those of you who aren't familiar with the term- it refers to the period of time when one's service commitment is nearing the end and one's motivation towards all aspects of one's service commitment is significantly decreased.

Don't get me wrong- service is one of the most fulfilling and rewarding aspects of this program! But let's face it- there's a lot of work and commitment involved! The difference today is my path towards change readily embraces that work because I'm no longer

limited by my selfishness and self-centeredness. Change for me today is reflected in the pause that follows the request to do service where by I am considering how a "yes" will best serve others, rather than how many different ways I can say "no" instead. As those of us nearing the end of our service commitments wrap up we pave the way for others to continue to carry the message. The spirit of rotation is a beautiful thing- another one of those amazing concepts that our founders devised to keep us humble, and fresh. We do service, and we move on so that change can continue to flow through this fellowship.

On that note, thank you for the opportunity to grow and change. The Newsletter Committee is always looking for new members to join. If you're interested, come over to the Area Office on the third Thursday of the month, at 7:30pm. And if you haven't yet signed up for the digital subscription of This Day you can do so anytime by going to the website: www.nnjaa.org/thisday.htm. And don't forget all, service rocks!

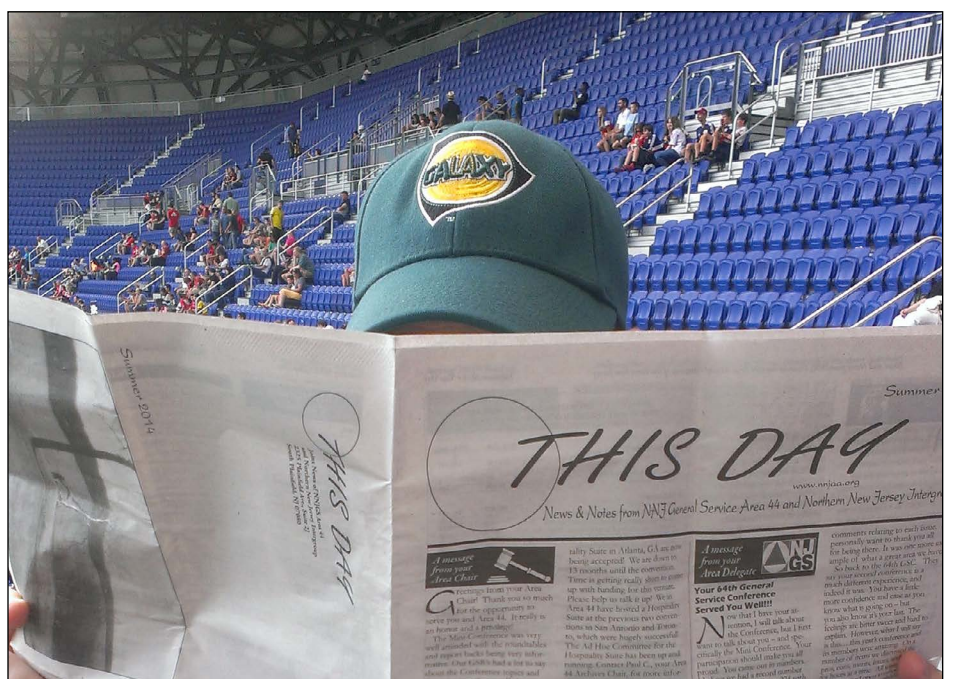
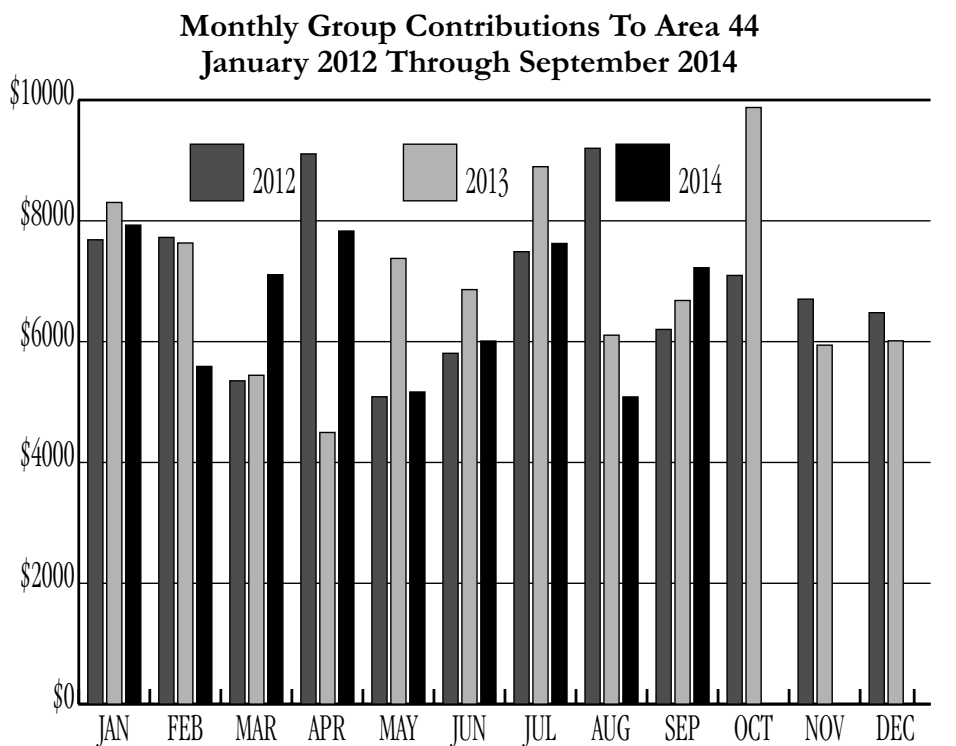
Keira D.
Newsletter Chair



Keira and John D. stop to read This Day on their honeymoon at Hoover Dam

**RUS SERVICE CORPORATION T/A NNJGS AREA 44
YEAR TO DATE COMPARISON REPORT: 2013 AND 2014
FOR PERIOD ENDED May 31, 2014**

	2013 - Sept	2014 - Sept
Money Market Account ^(A)		
Balance as of January 1st	\$52,756	\$59,391
Interest Received	44	39
Transfer (To)/From the Checking Account	483	0
Balance as of May 31st	<u>53,283</u>	<u>59,430</u> ^(C)
Checking Account ^(A)		
Balance as of January 1st	\$35,019	\$43,493
Group, Individual, and 7th Tradition Basket Contributions	69,187	66,302
Other Receipts (Intergroup, Literature & Grapevine Sales, etc.)	93,747	131,652
Budgeted Expenses (Standing & Special Committees, Officers, Office, etc.)	(62,377)	(64,695) ^(B)
Non-Budgeted Expenses (Literature, Grapevine, Luncheon, etc.)	(104,681)	(119,556)
Transfer (To) / From the Money Market Account	(483)	(0)
Balance May 31st	<u>\$30,412</u>	<u>\$57,195</u> ^(D)
Account Balance Over / (Under) Guideline	(\$5,319)	\$19,102
Prudent Reserve Funds		
Total Cash In Bank (Not Including Convention Acct)	\$83,695	\$116,625
Designated Funds (Jailbox Funds, etc.)	(5,702)	(9,994)
Checking Account Guideline (2 months average expenses)	(35,731)	(38,093)
	<u>\$42,891</u>	<u>\$68,539</u>
Prudent Reserve (50% of the prior 12 months Operating Expenses)	<u>\$40,862</u>	<u>\$43,705</u>
Account Balance Over / (Under) Guideline	\$2,029	\$24,834
FOOTNOTES		
(A) Details of all income and expense items, as well as a comparison of Operating Expenses to the Annual Expense Budget are available from the Treasurer.		
(B) 2014 Expense Budget is \$102,828.00		
(C) September 30, 2014 Checking and Money Market Balances have been reconciled to the Bank Statements by the Finance Committee.		
(D) September 30, 2014 amount includes Designated Funds of \$7,198.83 of Jailbox Contributions.		
Summary of Official Approvals / Reviews		
Individual / Group	Action	Completed Through
Treasurer	Approved	September, 2014
Alternate Treasurer	Approved	September, 2014
Finance Committee	Approved	September, 2014
Officers	Reviewed	September, 2014
Area Committee Members	Approved	July, 2014
Area Assembly	Approved	March, 2014



Christopher D. taking a break from the action at Red Bull Stadium in Harrison, NJ to catch up on important news and events in Northern New Jersey



But for the grace of God go I...

Where do I begin? Well it has been a long road for me in this journey of sobriety. Many ups and downs, twists and turns. However one thing that has remained constant through the years is my willingness (once prodded by my sponsor) to be of service.

My journey in corrections began back in March of this year. I was always interested in the thought of carrying a message of hope to those seemingly without it. So I raised my hand at my

first meeting in our district office and blurted out "I want to do anything I can to bring the message behind the walls." So it began. God then set out to align up the right people at the right time and place in my life to make this work. We are now bringing a meeting every week into to special treatment unit on the East Jersey State Prison compound in Rahway.

My first experience with my friend Bob T was amazing. We went in on a clear, warm summers eve. We were escorted by guards and proceeded to walk the intimidating 20 foot high barbed wire fence path into a common area with all the inmates. Through another hallway with doors opening and closing behind us. I will never forget that loud clang of the steel doors

slamming shut and locking us in. We went to room #5. In that room were about 40 men eagerly awaiting our arrival. I have to say I was a bit anxious about the time we went in.

We introduced ourselves, opened a large box of literature including books and pamphlets for them to keep and began to tell our stories. You could hear in pin drop in that room. All eyes were upon us. As if this was the first meeting with outside speakers they had. The reality of it is that they hadn't had speakers come into the facility in 7 years.

Bob and I left some time at the end of the meeting for comments. The community of men in that room were filled with gratitude, joy and hope. I cannot sufficiently

convey the gratitude I felt as well. I welled up with tears as they spoke and showed there appreciation for our commitment to passing it on.

As Bob and I left that facility we looked at each other and said "but for the grace of God". I drove home that night in what seemed to be a sober blackout. I don't remember how I got home or the roads I drove. All I remember is the reality of this gift I have been given and now I must give it away.

This is an experience I will never soon forget. I thank God daily for the gifts he has bestowed upon me and my fellows.

*Mike (The Chef) C.
Area 44 Alternate Corrections Chair
Bloomingtondale, NJ*

The Corrections Committee would like to thank the following groups and districts for their Pink Can and Jail Box contributions

<p>A Vision For You, Union Belleville Thursday Night Bradley Gardens Group Change Is Good Discussion Group Church Lane Group, Wayne Clifton 3 Legacies Group Clifton Monday Night Big Book Group Clifton Wednesday Night Step Meeting Daily Reflections Daily Reprieve Dawn Patrol Drip Dry Group FINDERNE Saturday Morning First Light Group</p>	<p>Forest Hills Group Give and Take Discussion Group Highland Park Hill St. Blues Just for Today Womens Group Landmark Group Lyndhurst Saturday Night Madison Men's Wednesday Grp Mendham Living Sober Group Metuchen Saturday Morning Serenity Group Middletown Clearview Group Millburn Sunday Big Book Monday 12:15 Closed Discussion Monday Night Give and Take Discussion Group Morning Miracles</p>	<p>Mt. Fern Monday N. Haledon Serenity Seekers New Beginnings Group New Vernon Women's Group Nutcracker Suite Nutley Legacy Group Nuts and Bolts On A Different Footing Big Book Study Group Ramapo Recovery Group Recovery Hall Recovery Lifeline Safe Harbor Group Saturday Morning Bagel Bash Saturday Morning Serenity Group Saturday Night Live Secaucus Just For Today</p>	<p>Serenity Porch Somerville Keep It Simple Group Step Up to Sobriety Sunday Night Open Speaker Meeting Sunrise Group The Sky's the Limit Group Thursday Night Big Book, New Brunswick Union Hill Drop in Center Upper Ridgewood Group Vernon Saturday Reflections Verona Daily Reflections Verona Sunday 11:00 AM Verona Tuesday Night Group Verona Tuesday Night Group Wednesday Night Step Group</p>
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My needs and my pleasure ALWAYS came first. It didn't even register in my mind what others might have wanted or needed. Had it registered, I would not have cared.

I was born with the "isms" and found alcohol later on in life to ease some of the noise in my mind. My behavior was alcoholic from the start.

I remember stealing cookie money when I was the 1st grade cookie monitor and felt no remorse. I wanted, I took.

Years went by and I experienced what we all have, same story, maybe a different slant.

Finally clarity was gifted to me, I accepted that I was an alcoholic and I went for help. I found the arms of A.A. in the rooms and in the people's hearts who were in the rooms.

This is my second year volunteering with the amazing women on the 2015 G.S.R. Mid-Winter Luncheon Committee. This is change. I find myself not for one year, but for two years in a row, traveling to who knows where, to drive to far, far away land, South Plainfield, New Jersey. I do this on the second Tuesday of every month from October through February. It means finally arriving home on a work night between 11:00pm and 12:00 midnight. It means working together as a team, not as a party of one. It means compromising and listening. It means learning. It means asking for help. It's a change for me to see something from the start right through to the finish. To feel a sense of belonging and accomplishment is a change.

Trust me; this is all change for me.

The most amazing change of all is I wouldn't miss this experience

for the world. To spend an evening with these women is a gift. I learn so much and laugh so much. I am grateful and that is probably the biggest change of all.

*With love and service,
Anne K.
Treasurer G.S.R. Midwinter
Luncheon Committee*



Greetings from the Registrar's Office

Wow, we're looking at the end of another year here at Area 44, and that means we start all over again here at the registrar's office.

What that means is we will be sending out the Group Information Sheets shortly. These forms will contain all the current information that the area as well as GSO has on each group. That information will be Meeting location, time, and days. It will also have your group contact information; this will be the person who is responsible for receiving your mail. This can be the group GSR, or just a group member who is willing to accept receiving the mail, it can also be a post office box. This information is important for a couple of reasons, it keeps your group connected to the Area as well as GSO, It also keeps your group listed as an active group with GSO. To be listed as

an active group there must be primary contact as well as meeting information.

The group information sheets will be given to the DCM's of each district and than handed off to the respective groups to go over the information and make any corrections that are needed. Once the sheets are updated they can be given back to the DCM who will return them to the registrar.

Here's some interesting Facts about Area 44.

There are 1960 total groups in Area 44, 1106 that are listed as active, 233 listed as unknown this means there is a meeting place or primary contact but not both. We will be addressing these groups shortly. 525 groups are inactive (these groups no longer meet) 12 groups pending inactive (these group have asked GSO to deactivate the group. 2 groups pending active (these groups are new and awaiting there new group number)

- 1) Concious Contact Group
Toms River / District 28 Toni L is the GSR.
- 2) Sunday Nite at Holy Trinity
Group West Orange / District 34 Laura H is the primary contact

Here's a number that may surprise you one way or another there are 562 listed GSR's in Area 44.

I would like to take this opportunity to Thank Lori Mc on behalf of a grateful Area for her dedicated service as the Registrar for 2013/2014. Lori has set the bar high and I hope I will be able to continue the high level of service the Area has come to expect from your Registrar's office. I would also like to welcome Brenda D as the new Alternate Registrar for 2015/2016.

*Yours in Service
Bob B
Alternate Area Registrar*

N.N.J.G.S. AREA 44

Annual G.S.R. Mid-Winter Luncheon

(Open to all AA Members, Family and Friends)

**"Celebrating 80 Years of Recovery, Unity and Service
- The Foundation for our Future"**

Sunday, February 8, 2015

**Forsgate Country Club
375 Forsgate Drive
Monroe Township, NJ 08831**

Price - \$35.00

**Tickets available through your D.C.M.
Deadline for Tickets: Monday, January 26, 2015**

(NO TICKETS SOLD AT THE DOOR)

TIME:	12:00 p.m. to 12:30 p.m. (Fellowship) Coffee, Crudites & Dip
LUNCH:	12:30 p.m. Menu: Salad - Chicken Francaise, - Chocolate Mousse Cake (Vegetarian Lasagna upon request - in advance)
LEADER:	Marcheta B., Area 44 G.S.R. Mid-Winter Luncheon Committee Chair
SPEAKERS:	Billy N., Chairperson, A.A. World Services Board General Service Trustee (Class B)
	David M. Morris, C.P.A., Class A Trustee of the General Service Board and Board Treasurer

For additional information please call:
Marcheta B., Chair: or
Debby G., Alternate Chair:
e-mail: luncheon@nnjaa.org

****ASL and Spanish interpreters will be provided****

NIGHTWATCH

Have You Considered a Nightwatch Commitment?

Hi, my name is Aaron and I'm an alcoholic. As with many of us, there was a day I had no opportunities in life, but today I have the opportunity to serve on the Intergroup Nightwatch Committee as the Middlesex County Coordinator. I've been involved with the Nightwatch Committee for a large portion of my recovery. I must say it's truly an eye opening experience filled with joy and sometimes sadness.

First, though, I would like to share a bit about what we do. In short, we (AA volunteers on the group level) answer the phones when the Intergroup office is closed - evenings, weekends and holidays. Some of the calls we receive range from requests for meeting times and location to family members looking for help and not knowing where to turn. Then there are the calls we are there for - the 12th step call when a person reaches out for help at that jumping off moment and, through the volunteers, the hand of AA is always there. Taking a Nightwatch shift is like fishing, you never know what you will get, but it is always a rewarding experience. There have been a few experiences, in fact, I would like to share.

One caller on a Sunday morning was looking for help with their son, that couldn't stop drinking. I called them back on my cell phone to keep the main line open for the other callers. This was one of those situations, where the most important thing that can be done is to just listen to what they are experiencing. I offered support and explained about the Alanon program, provided them with a contact number, and let them know that we (AA) will be there to help their son when he is ready.

Another recent situation happened to my wife when we were taking a commitment. She was about ready to turn the service back to Intergroup and leave for work when a last minute call came in. In the morning the calls are usually more often than not, people looking for times and locations of day meetings. Well in this case, she answered and the person on the other side of the phone was struggling. The caller knew of us, had even tried us once before, but didn't know what to do this time. My wife talked to her for a while on her cell while driving to work (with a Bluetooth on), getting her to make a commitment to get to a meeting that day. She didn't usually do so, but my wife told the caller she would get back to her later in the day to check to insure she got to one. Well she did, and she learned that she not only went to a meeting, but she got a sponsor, and went to the diner with some ladies and was doing much better.

Now normally the story would end there. Usually the caller and the volunteer are in different areas and have no need to reconnect. In this case, however, the caller kept in touch with my wife. In fact, she invited her to her 90 day

celebration. What an honor - we both went. And again, it doesn't end there. Two months later, we were involved in a large service event about an hour away from home. We walk in and the first person my wife sees is the caller. She had not only stayed in the rooms, but got involved. She was not aware my wife was involved in service, didn't know when she signed up that my wife would be there, it all just happened.

When we take these commitments, we don't know where they will go or turn out, and we never do give back with the expectation of any return - but every now and then, we get to share a special moment with those we reach out to. In my years with Nightwatch, I can say I've seen a few.

Please think of us if you are looking for a service commitment.

Aaron K.
Middlesex County
Nightwatch Coordinator

Garden State Young People "Young: is anyone who still has growing to do."

The Best is Yet to Come!

The Garden State Young People of AA's 2015 Conference Committee has been working hard this year to come up with a creative conference year of events. We started off with a picnic in June, followed by a river rafting trip in August, a Big Book workshop in September, and a Halloween dance in October. For Thanksgiving, we had a GSYP information table set up at four Alkathons across the Area - just another way we're trying to carry the message to young people in AA!

By the time you read this, Thanksgiving will be past, but it won't be too late for you to join us at our Roaring 20's New Year's Eve Extravaganza! We'll be co-hosting our New Year's Eve dinner & dance with the South Sussex Young People's group at the United Methodist Church in Sparta, NJ. For those of you who may remember the Roaring 20's, don't forget, "young is anyone with room to grow"! For those of you who don't, it's time to raid the folks' attic for a flapper dress & pinstripe suit and show the newcomer that sobriety can be fun!

After we ring in the New Year we're planning a Spaghetti Dinner & Game Night in January - more will be revealed! But wait, it's not over! In February, all are welcome to join us at the Woodbridge Community Center for a Valentine's Roller Skating Night on February 14th. Then, in March we'll be having our annual Kiss Me I'm Sober St. Patrick's Dance.

But that's not all; everything we do all year long is geared towards our annual closed AA conference. As some of you know already, GSYP will be hosting its conference this year at the Youth Center in Kearny, NJ on April 10-12, 2015. We carry the message of AA with our conference weekend through fellowshiping activities, opportunities to learn about our service entities, and recovery-based meetings. We are excited to offer a variety of options this year:

the "Weeked Warrior" package includes all weekend activities, all meals, & two nights lodging for \$130 (or \$140 after Feb. 1); the "Commuter" package includes all weekend activities for \$60; and the "Day-Tripper" package includes all Saturday activities for \$30. Our theme, "The Best is Yet to Come," is reflective of our wish that all who experience our conference this year may carry the message of HOPE to the newcomer, and particularly to the young person, that life is not

over when we come to AA - it is just the beginning!

We welcome all to join us at our monthly meetings! We meet at 5:00pm on the 3rd Sunday of the month at the Area office, 2325 Plainfield Ave., South Plainfield, NJ. We may be reached via email at chair@gsyp.org or you can also check out our website at www.gsyp.org.

Keira D.
GSYP Chair

GSYPAA & SOUTH SUSSEX CO-HOST
NEW YEAR'S EVE
2015
A Roaring 20's Extravaganza
Food, Fun, Dancing & Ring In 2015 At This Fun Spot -- We Are Not A Glum Lot!
Catered Dinner & Dancing
\$25 In Advance / \$30 At The Door
See A GSYP Representative For Tickets
Open (Free) AA Meeting At 7PM
Meetings, Guest Speakers, Fellowship, And Fun!

United Methodist Church, 71 County Road 517, Sparta Township, NJ 07871
GSYP.ORG

Garden State Young People
of Alcoholics Anonymous present
BE MY VALENTINE
Roller Skating Night
Saturday, February 14, 2015

Roller Skating 6:00- 8:00pm
AA Meeting 8:00- 9:00pm

Woodbridge Community Center
Roller Skating Rink
600 Main Street
Woodbridge, NJ 07085

\$15 per person (AA meeting is free!)
Price includes two hours skating time,
skate rentals, a slice of pizza & soda!
Contact us at events@gsyp.org



Aloha... Mahalo from Nu'uaniu Pali Lookout on Oahu, Hawaii!



Hello Area 44! My name is Freddy I an alcoholic and your Area 44 Grapevine Chair! I am writing to report all of the great things that the Grapevine committee has been up to!

We've been really busy the last couple of months so here we go! In September we attended the District 15/21 Day of Sharing and the District 5/7 Tradition Workshop. Also in September we had our Grapevine Literature table at our Annual Area 44 Convention in Somerset NJ where we sold \$816.37 worth of Grapevine Literature! I wanna thank all the committee members for all of their service throughout the weekend! We also performed our Grapevine Play which is the committee's workshop for the convention! This year it was called The Magical Misery Tour about a Beatles Tribute band called "The Bottles" that are trying to get sober and do so with the help of Grapevine literature and also some of the committees of Area 44! What an amazing time we had doing it and watching all of you enjoy it! Thanks for all of your support and thanks for allowing me to be a part of it!

Also in September Grapevine with the help of the Area 44 Corrections committee transferred \$952.29 worth of literature to all of the corrections facilities that their committee works with! Thanks you Bill and Corrections for all of your service and thank you Area 44 for all of your Pink can donations which helps make that all possible! In October we attended the following Days of Sharing: Districts 1/2, District 8, District 10, and District 17. We also attended the Area Assembly and our monthly commitment at Intergroup and a

Open Speaker commitment at the Plainfield Sunday Night Meeting. The Grapevine Committee does an open speaker commitment each quarter of the year to help reach out to AA members who don't attend all of the other functions that we attend. You can book us at bookers so look out for us!

In November we attended the District 4/6 Day of Sharing and the District 14 Day of Sharing in Jersey City where I'm from which was awesome! Whoop! whoop! We attended Intergroup and will be attending the District 37 Day of sharing! We will also be at the South Orange Group 75th group anniversary! We will be doing another performance of "Magical Misery Tour" so hope to see you there! I attended the Area Committee Meeting also in November!

In December I will be attending the Work Weekend where we will be presenting our goals for 2015! Wow! Very busy! Wow! Can't believe that Work Weekend is already upon us which means the end of another amazing year of service in Area 44 and the Holiday season!

I am very happy to announce that The Area 44 Grapevine Committee nominated and recommended a new chair for 2015! Mike D! Congrats to Mike D! and thanks for all of your help and service as the Alt Chair! Good luck my brother! Well This means that I will be rotating out of my position and I wanna thank My HP, Area 44, and The Grapevine Committee for allowing me to be of service to you! I want to thank each and every Member of the Area 44 Grapevine Committee for helping me Chair the committee! None of this amazing service would be possible without you! Thanks you all so much for helping me in my Journey and being part of my life!

*Freddy H.
Area 44 Grapevine Chair*

Area Delegate...
(continued from page 1)

have shared it many times in my story, but I think it talks about why we have our service structure, our common literature, and why we are one. About 12 years ago, I was blessed to be in a meeting almost half way around the world with folks from various countries. A woman from Australia was speaking about many things in "her" program that she thought would be foreign to us. We recognized everything she said – we cried and smiled. We knew it was because of the language of the heart in our "conference approved" and "Grapevine" literature. I sat there and knew at that moment how important our service work and structure was.

Another experience I will share just happened recently. I had the honor and privilege to be speaking recently to our US Trustee at Large. I knew he recently attended the World Conference where Delegates from all over the world attend. He told me a story about a Delegate from a country where drinking is not accepted as part of the religion and anonymity (secrecy) is not tolerated. Accordingly, AA in that county is under ground and literature must be smuggled in. The impact of that struck me hard. I was ever so grateful the literature exists for them - that our common message is there. What a great example that is that our seventh tradition dollars are at work putting those materials together, having that conference available to them, and oh so much more.

Similarly I remember being at a regional event our Area hosted a few years ago. The GSO staff showed a film about another country where women drinkers/ alcoholics are in similar situations and have to go underground to meet. But they do meet now – because there is a program for them – and we helped through our Trustees, GSO staff and literature. I remember crying when I saw that.

This long article has a few goals. One is that I hope and pray I can reach some new service workers out there. I feel blessed to have seen the number of GSRs at our Assemblies grow over the past five years or so. The groups outdid themselves with a record number of GSRs at the Mini-Conference this year – be proud. I know your next Delegate, Jay feels the same.

Another reason is to do what Dr. Bob wanted us to do through service – that it is the right thing to do – and that it comes with benefits. I think every day about the two gentlemen who served you that asked me to be a GSR. They are both gone now, but the work they did continues through me – and you.

The best example of how I feel today – and hope you will someday, hit me when doing our Pre- and Post-Conference reports. As many of you know, we read an article written by a non-alcoholic

about our Conference and about us at those sessions. It is in the service manual if you have never read it. (Purposely not telling you the page. ?) It is titled "Why Do We Need A Conference." In it, it talks about a baby being born a few blocks away that will someday need this program which the Conference will insure is around. Well it dawned on me that I was a baby of five months old when those words were first spoken at a Conference. Thanks to that Conference and all those that followed, the doors were open 17 years ago when I needed them. Most amazing, is that I was honored by you to be sent to the 63rd and 64th Conferences to help insure it will be here for my Granddaughter "should" she ever need it. It over whelmed me.

Thank you will never say enough to you for these years. I hope my words here convey how my heart feels today and will tomorrow for all you have given me. Please hang around the service halls as well. Reach out that hand to the newcomer in service. Pass it on.

With ever such much heartfelt gratitude,
*With Gratitude, Linda KK
Your Panel 63 Delegate to the
General Service Conference*

Intergroup Chair...
(continued from page 1)

operations practices. These were developed by those who came before us and offer a platform for day to day operations and from which we move forward.

The bylaws even address change. Major proposed changes require that all Intergroup Member groups in Northern New Jersey be advised of proposed modifications and have an opportunity to discuss and vote at the monthly delegates meeting.

So Intergroup doesn't stand still. There are day to day office operations that develop as needs change. Mailing processes, accounting practices and phone systems that need to be kept up to date. The Trustees address issues of funding and priorities. The Intergroup Delegates are consulted on major expenditures and changes in practices that affect the groups directly.

At Intergroup we are aware of the need to keep up with the times but at the same time not to disrupt what has worked well over the years. We don't want to be caught doing and paying for services that are no longer used by the fellowship or the still suffering. Our 7th tradition money needs to be well spent and the delegates and trustees are in place to shepherd that spending and see that it is used wisely.

So, is change inevitable? In the world today, standing still is to fall behind. Standing still means things will change so we take steps to not only keep up but to move forward toward a higher level of commitment, service and sobriety. Are you doing your part?

*Jim S.
Intergroup Chair*

GARDEN STATE YOUNG PEOPLE IN AA PRESENT OUR 34th ANNUAL CONFERENCE • APRIL 10 – 12, 2015
The Youth Retreat Center • 499 Belgrove Drive, Kearny, New Jersey

- Central location – accessible from all highways
- Lower prices & flexible registration packages
- Bold program to foster & celebrate sobriety
- Bonfires, guest speakers, service committees
- Alkathons, workshops, recreational activities
- Saturday night dance, hospitality suite, coffee
- Ice cream social, sobriety countdown & more!

REGISTER ONLINE AT GSYP.ORG

Weekend Warrior \$140*	The Commuter \$60	Day-Tripper \$30
* Welcome package & t-shirt * All weekend activities & events * Plus 2 nights lodging, all meals, & ice cream social	* Welcome package * All weekend activities & events	* All Saturday activities & events

***EARLY BIRDS: REGISTER BY FEB 1ST AND PAY ONLY \$130**

Download & Print a Mail-In Form at GSYP.ORG Questions or Comments?: chair@gsyp.org | registration@gsyp.org

GARDEN STATE YOUNG PEOPLE IN AA PRESENT OUR 34th ANNUAL CONFERENCE • APRIL 10 – 12, 2015
The Youth Retreat Center • 499 Belgrove Drive, Kearny, New Jersey

Mail this form and fee to:
GSYPAA
P.O. Box 219
South Plainfield, NJ 07080-0219

In a rush? Register and pay online at GSYP.ORG! **Early Bird Special! Register for the Weekend Warrior Package and pay in-full by Feb 1st for only \$130!**

PACKAGE	DESCRIPTION	SELECT	PRICE	PACKAGE COST	DESCRIPTION	AMOUNT (\$)
WEEKEND WARRIOR	Lodging, meals, weekend events, ice cream social, dance	<input type="checkbox"/>	\$140	PACKAGE COST	Price for selected package or special	\$
THE COMMUTER	All weekend events, dance	<input type="checkbox"/>	\$60	DEPOSIT	A \$30 minimum or pay in full	\$
DAY TRIPPER	Saturday events, dance	<input type="checkbox"/>	\$30	SCHOLARSHIP FUND	Support registration of someone in need	\$
				TOTAL ENCLOSED	AMOUNT = DEPOSIT + SCHOLARSHIP FUND	\$
				BALANCE DUE	AMOUNT = PACKAGE COST - DEPOSIT	\$

CONTACT INFORMATION

First Name _____ Last Name _____ Age _____ Sex _____ Male Female

Street _____ City _____ State _____ Zip _____

Email _____ Phone _____

ADDITIONAL INFORMATION

First conference? YES NO Sobriety Date _____

Want to chair a meeting? YES NO T-Shirt Size _____ Sweatshirt Size _____

Suggested meeting topic(s): _____

OVERNIGHT GUESTS ONLY

Special Dietary Needs: _____

Requested Roommate(s): _____

- THIS IS A CLOSED CONFERENCE OF ALCOHOLICS ANONYMOUS -

FINE PRINT: All room assignments are made by gender. If you give your spot to someone else, make sure it is to a member of the same gender. If you want to room with a friend, note it on your registration form & we'll do our best to accommodate. Registrants under 18 require parental consent, signed and dated by parent or legal guardian. Balance is due in full at the conference. Cash only accepted at the Conference. NO REFUNDS AFTER APRIL 1ST. DO NOT MAIL CASH!



SPEAK OUT! *This Day* Newsletter provides this forum for individual AA's viewpoints and opinions. The opinions expressed here are individual opinions only and not necessarily the opinions of *This Day*, Area 44, North Jersey Intergroup, or AA as a whole. We welcome your comments, opinions or viewpoints on anything found in this newsletter. — *The Editor*

"A Life Beyond Your Wildest Dreams"

My journey into the Fellowship of a 12 Step Program and my journey into the Fellowship of AA started on August 23, 2014. I was sick, suffering and terrified I could not go on in life living the way I was, feeling the way I felt. I reached out to family for help, the same help that I pushed away for years on end there for me when I had no where else to turn. With little knowledge of Recovery, with no knowledge of The Steps I did not know what to do, where to go. I received a phone call from a family friend, this family friend is the owner of Serenity Springs Recovery Center. The problem was, it was in New Smyrna Beach Florida and I did not want to go to Florida but something happened to me after I hung up the phone, that something being God's Will. Not even 2 hours later I was on my way to the airport headed to that treatment center in NSB Florida.

Little did I know at that time steps 1 through 3 had happened. I realized I was powerless, I realized my life was unmanageable and I needed help. I sought God in which who I had lost contact with when my active addiction started over 15 years ago. I was beaten down and came to the realization that God was Everything or He was nothing. That moment that I first sought in Him was when my life would be changed forever, I gave my Will and my life over to the care of God before I even boarded the airplane.

When I arrived in Florida and attended my first AA meeting I picked up a white chip, instantly I felt inside of me this incredibly intense burning desire to never feel the way I had felt, to never live the way I was so accustomed to living ever again. From that moment on I had a fierce determination to better my life and to help out as many people who were still sick and suffering just as I was. During my stay in treatment I was introduced to the Big Book and the 12 Steps, as I worked those steps I felt more and more freedom as the completion of step work gradually increased. Every new guy that came into the treatment center reminded me a lot like myself when I first had arrived. It was my duty to take their hand and show them that life would get better and every one of them I helped bring through the steps. Not only did I see The Solution working in myself, I saw The Solution work in others around

me.

The day I left Florida to head back home to New Jersey I knew that I had a job in which required me to work 24 hours a day 7 days a week, that job is being the most Humble Servant to my Lord and Savior and as the result of having a spiritual awakening as the result of these steps, to carry to message to everyone, especially Alcoholics and to practice the principles in all of my affairs. Once I was back home I was greeted by my parents and my son and for the first time I was able to be that son I always had the capability of being, I was able to be that father I always thought I was. The next day before noon I had already spoke on the phone with 4 members of AA. I had plans to meet with one of them. Later that night we met up at a meeting and after that meeting we went to the diner where I found out this man had the same intense burning desire for the Fellowship of his Program and the Fellowship of AA. This man being Billy H became my temporary sponsor. By the next meeting he had introduced me to several people, building my network. He had brought me to several meetings in the weeks to come.

Since then I have continued to build my network, I am vocal in meetings and I have been on several speaking commitments where I carry the message and share the solution with others. I am an active member in my home group The Spiritual Experience in Highland Park, which is where I found my permanent sponsor Joey M who dedicates himself to AA. Since working with Joey the burning desire has increased ten fold. I am now a member of the Area 44 AA Committee where I hold the title of Alternate for the Technology position. I am grateful to for the opportunity and look forward to serving on the Committee.

I now have 90 days of sobriety Thanks to God, The Fellowship of My Program and The Fellowship of AA. "A Life Beyond My Wildest Dreams" is a result of the daily program of action which requires me to do things that I love to do, such as dedicate myself to helping others, carrying the message and sharing the solution.

*Thank You,
Michael S.*

**District 1 & 2 Annual
Holiday Alkathon**

A Safe, Sober, Fun Gathering & Good Food

**Thursday
Dec. 25
2014**

**THE GIFT OF
SOBRIETY**

**10:00 AM
to 10:00 PM**

**Held at the
Sunrise House
37 Sunset Inn Rd.
Lafayette, NJ 07848**

**AA Meetings start on the hour and will run
45 minutes. Last meeting: 9:00 PM**

**For more Info. write
district1_2@nnjaa.org**



Scott D. reading This Day on top of Cadillac Mountain, Maine - this highest point within 25 miles of the shore from Nova Scotia, Canada to Mexico, and the where the sun strikes first in the United States each dawn

District Service Meetings

- District 1&2** - 2nd Tuesday. 7:30 pm, Sunrise House Cafeteria, 37 Sunset Inn Road, Lafayette
- District 3** - 3rd Friday 7:00 pm; Hillcrest Community Center, 1810 Macopin Road, West Milford
- District 4&6** - 3rd Thur. 7:30 pm, Upper Ridgewood Community Ch, Hillcrest & Fairmount, Ridgewood
- District 5&7** - 2nd Thursday, 7:30 pm, St. Mary's Church corner of High and Legion, Closter
- District 8** - 2nd Tues. 7:30 pm, Panther Valley Ecumenical Ch, 1490 Route 517, Allamuchy
- District 9** - 3rd Tues. 7:30 pm, Stanhope United Methodist Ch, Rte 183, Netcong
- District 10** - 2nd Tues. 7:00 pm, 1st Presbyterian Church, 513 Birch St, (corner of Church & Birch) Boonton
- District 11/33** - 4th Wed. 7:00 pm, Clifton Library, 292 Piaget Ave Rm A, Clifton
- District 12** - 3rd Fri. 7:00pm, St. Paul's Episcopal Church, 113 Engle St, Englewood 2nd floor Choir Room
- District 13** - 2nd Tue. 7:30 pm, Wesley Meth. Ch., 225 Washington Ave, Belleville
- District 14** - Last Tue. 7:00 pm, St. Nicholas School Cafeteria, 122 Ferry Street, Jersey City
- District 15/21** - 3rd Mon. 7:30 pm, Hunterdon Medical Center, Employee Cafeteria, Rt. 31 South, Flemington
- District 16** - 3rd Mon. 7:30 pm Hilldale Park Pres. Church, 85 Ridgedale Ave, Cedar Knolls
- District 17** - 3rd Fri. 8:00pm, Alanon Assoc., 7th Avenue and 7th Street, Newark
- District 18** - 2nd Mon. 7:30 pm, Union Village United Methodist Ch, Mountain Ave. & Hillcrest Rd., Berkeley Heights
- District 19** - Last Mon. 7:30 pm, Friendship Hall, New Market Road, Piscataway
- District 20** - 2nd Tues 7:00 pm, Trinity Episcopal, North & Forest Aves., Cranford
- District 22** - 3rd Wed. 7:30 pm, Cook College Extension Center, College Farm Road, New Brunswick
- District 23** - 2nd Thur. 7:30 pm, Saints Peter & Paul Orthodox Church, 9 Jerferie Ave, South River
- District 24** - 3rd Mon. 8:00 pm, Trinity Episcopal Church, Ryers Lane, Matawan
- District 25** - Last Wed. 7:30 pm, Hope Lutheran Church, 211 Elton-Adelphia Road., Freehold
- District 26** - 3rd Thur. 7:30 pm, First Presbyterian Church (Tower Hill), 255 Harding Road, Red Bank
- District 27/29** - 3rd Mon. 7:30 pm, St. Luke's Parish, 1674 Old Freehold Road, Tom's River
- District 28** - 1st Tue. 7:30 pm, St Margaret's Church, 3rd & Ludlow Avenue, Spring Lake
- District 30** - 4th Sunday 12 Noon, 69 Green Street, Newark
- District 31** - 2nd Thur. 6:30 pm, Immaculate Heart Of Mary Chapel, 2nd Floor, 77th Street & Broadway, North Bergen
- District 32** - 3rd Thur. 7:00 pm, Bayonne Library, 31st St. & Ave. C., Bayonne
- District 34** - 3rd Sat. 10:00 am, Our Lady of Sorrows, 217 Prospect St, (Lower Church) South Orange
- District 35** - 2nd Tue. 7:30 pm, Good Shepherd Lutheran. Church, North Richard Street and Union Avenue, in Somerville.
- District 36** - 3rd Fri. 7:30 pm, St. Luke's Church, 17 Oak Ave & Route 27, Metuchen
- District 37** - 3rd Wed. 7:00 pm, First Lutheran Church 153 Park St (basement), Montclair
- District 38** - 3rd Thurs. 7:30 pm, Presbyterian Church, 31 Fairfield Avenue, West Caldwell
- District 39** - 1st Wed. 7:00 pm, Presbyterian Church, 140 Mountain Ave., Westfield
- District 40** - 4th Sunday 10:45 am, St. Joseph's Center, 120 Division St., Elizabeth
- District 41** - First Thurs 7:00 pm, St. Matthew's Trinity Church, 8th & Washington Sts, Hoboken
- District 42** - 2nd & 4th Sunday 9:00am, 103 Bayard Street, Suite B-12, New Brunswick

www.nnjaa.org

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Smartphone



Your Northern New Jersey A.A. Website

Intergroup Calendar

DECEMBER		
4	Delegates Meeting, Clark	8:30 PM
14	Bookers Exchange, Cranford	6:30 AM
18	Joint Website Committee	7:30 PM
25	HOLIDAY - OFFICE CLOSED	
JANUARY 2015		
1	HOLIDAY - OFFICE CLOSED	
8	Delegates Meeting, Clark	8:30 PM
21	Nightwatch Committee	7:30 PM
22	Joint Website Committee*	7:30 PM
FEBRUARY 2015		
5	Delegates Meeting, Clark	8:30 PM
16	HOLIDAY - OFFICE CLOSED	
24	Joint Website Committee	7:30 PM
26	Joint Unity Meeting*	7:30 PM
MARCH 2015		
5	Delegates Meeting, Clark	8:30 PM
8	Bookers Exchange, Cranford	6:30 AM
18	Nightwatch Committee	7:30 PM
26	Joint Website Committee*	7:30 PM

*Area Office, 2325 Plainfield Ave, South Plainfield

Contributions are much needed, and always welcome! Make checks payable as indicated and always include your Area, District and Group ID number. Please send group and individual contributions to the addresses below:

NNJGS AREA 44
2325 Plainfield Avenue, Suite 2J
South Plainfield, NJ 07080
Payable to "NNJGS Area 44"

NORTHERN NEW JERSEY INTERGROUP
2400 Morris Avenue, Suite 106
Union, NJ 07083-5705
Payable to "Northern NJ Intergroup"

GENERAL SERVICE OFFICE
PO Box 459
Grand Central Station
New York, NY 10163
Payable to "General Service Board"

HELP WANTED

AREA 44 CONVENTION COMMITTEE:

Alternate Secretary
Public Relations
Alternate Public Relations
Alkathon
Alternate Alkathon
Technology Chair

Contact: convention@nnjaa.org

NEXT ISSUE DEADLINE FEB. 13th
NEWSLETTER@NNJAA.ORG

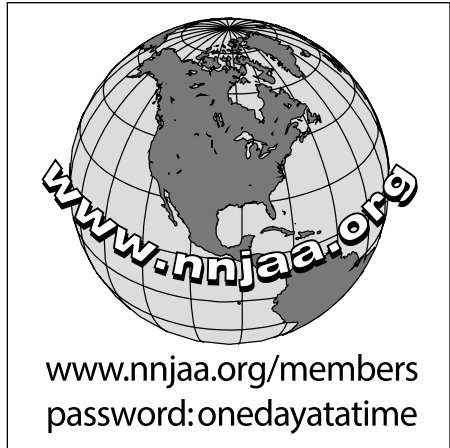
Statement Of Purpose:
This Day is published quarterly as a joint newsletter for Northern New Jersey General Service Area 44 and the Northern New Jersey Intergroup. *This Day* functions to promote communication between the groups in Northern New Jersey and to provide members with service-related information. *This Day* is also a forum for the diverse opinions of the Area 44 Fellowship through shared experience, strength, and hope in all three of AA's legacies: Unity, Service, and Recovery.

Editorial Policy:
Articles submitted from the Fellowship are encouraged, and should not exceed 800 words. The newsletter committee may edit submissions for grammar, readability, and content. Opinions expressed herein are not to be attributed to AA as a whole, nor does the publication of any article imply an endorsement by either AA General Services or Intergroup. Comments, questions, and articles may be mailed to the attention of the Newsletter Committee at NNJGS Area 44, Suite 2J, 2325 Plainfield Ave., South Plainfield 07080, or emailed to: newsletter@nnjaa.org.

NNJGS Area 44 Office Calendar

DECEMBER			FEBRUARY 2015		
1	Remote Communities Com.	7:30 PM	2	Remote Communities Com.	7:00 PM
2	Officer's Meeting	7:30 PM	3	Officer's & Standing. Comm.	7:30 PM
3	Mailing Committee	6:30 PM	4	Mailing Committee	6:30 PM
3	Translation Committee	7:00 PM	4	Translation Committee	7:00 PM
5	Work Weekend	6:00 PM	6	Policy & Admissions	7:30 PM
6	Work Weekend	8:00 AM	7	Grapevine Committee	10:00 AM
7	Work Weekend (if needed)	8:00 AM	8	GSR MID-WINTER LUNCH.	12 NOON
9	Public Information Com	7:30 PM	10	Public Information Com	7:30 PM
9	GSR Luncheon Committee	7:30 PM	10	GSR Luncheon Committee	7:30 PM
10	Treatment Committee	8:00 PM	11	Treatment Committee	8:00 PM
11	Int'l Hospitality Committee	7:30 PM	12	Int'l Hospitality Committee	7:30 PM
12	Policy & Admissions	7:30 PM	13	THIS DAY DEADLINE	5:00 PM
13	Grapevine Committee	10:00 AM	13	NERAASA 2015 Comm.	7:30 PM
15	Literature Sales	6:30 PM	16	Literature Sales	6:30 PM
15	Literature Committee	7:30 PM	16	Literature Committee	7:30 PM
16	CPC Committee	8:00 PM	17	CPC Committee	8:00 PM
17	Convention Committee	8:00 PM	18	Convention Committee	8:00 PM
18	Newsletter Committee	7:30 PM	18	Convention Committee	8:00 PM
18	Joint Website Committee*	7:30 PM	19	Newsletter Committee	7:30 PM
19	NERAASA 2015 Comm.	7:30 PM	21	Comm. on Corrections	10:00 AM
21	Garden State Young People	5:00 PM	23	Finance Committee	7:30 PM
22	Finance Committee	7:30 PM	25	History & Archives Comm.	7:30 PM
JANUARY 2015			MARCH 2015		
2	Policy & Admissions Com.	7:30 PM	3	Officer's Meeting	7:30 PM
3	Grapevine Committee	10:00 AM	4	Translation Committee	7:00 PM
6	Officer's Meeting	7:30 PM	6	Policy & Admissions	7:30 PM
7	Mailing Committee	6:30 PM	7	Grapevine Committee	10:00 AM
7	Translation Committee	7:00 PM	8	Films Committee	11:00 AM
8	Int'l Hospitality Committee	7:30 PM	8	AREA COMMITTEE MTG	12 NOON
10	Comm. on Corrections	10:00 AM	10	Public Information Com	7:30 PM
11	Films Committee	11:00 AM	10	GSR Luncheon Committee	7:30 PM
11	AREA COMMITTEE MTG	12 NOON	11	Treatment Committee	8:00 PM
13	GSR Luncheon Committee	7:30 PM	12	Int'l Hospitality Committee	7:30 PM
13	Public Information Comm.	7:30 PM	13-15	NERD (Newport, RI)	
14	Treatment Committee	8:00 PM	15	Garden State Young People	5:00 PM
15	Newsletter Committee	7:30 PM	16	Literature Sales	6:30 PM
16	NERAASA 2015 Comm.	7:30 PM	16	Literature Committee	7:30 PM
17	AREA ASSEMBLY	8:00 AM	17	CPC Committee	8:00 PM
18	Garden State Young People	10:00 AM	18	Convention Committee	8:00 PM
19	Literature Sales	6:30 PM	19	Newsletter Committee	7:30 PM
19	Literature Committee	7:30 PM	21	Comm. on Corrections	10:00 AM
20	CPC Committee	7:00 PM	23	Finance Committee	7:30 PM
21	Convention Committee	8:00 PM	25	History & Archives Comm.	7:30 PM
22	Computer Committee	7:00 PM	26	Computer Committee	7:00 PM
23	Joint Website Committee	7:30 PM	26	Joint Website Committee*	7:30 PM
26	Finance Committee	7:30 PM			
28	History & Archives	7:30 PM			

*Intergroup Office, 2400 Morris Ave, Union



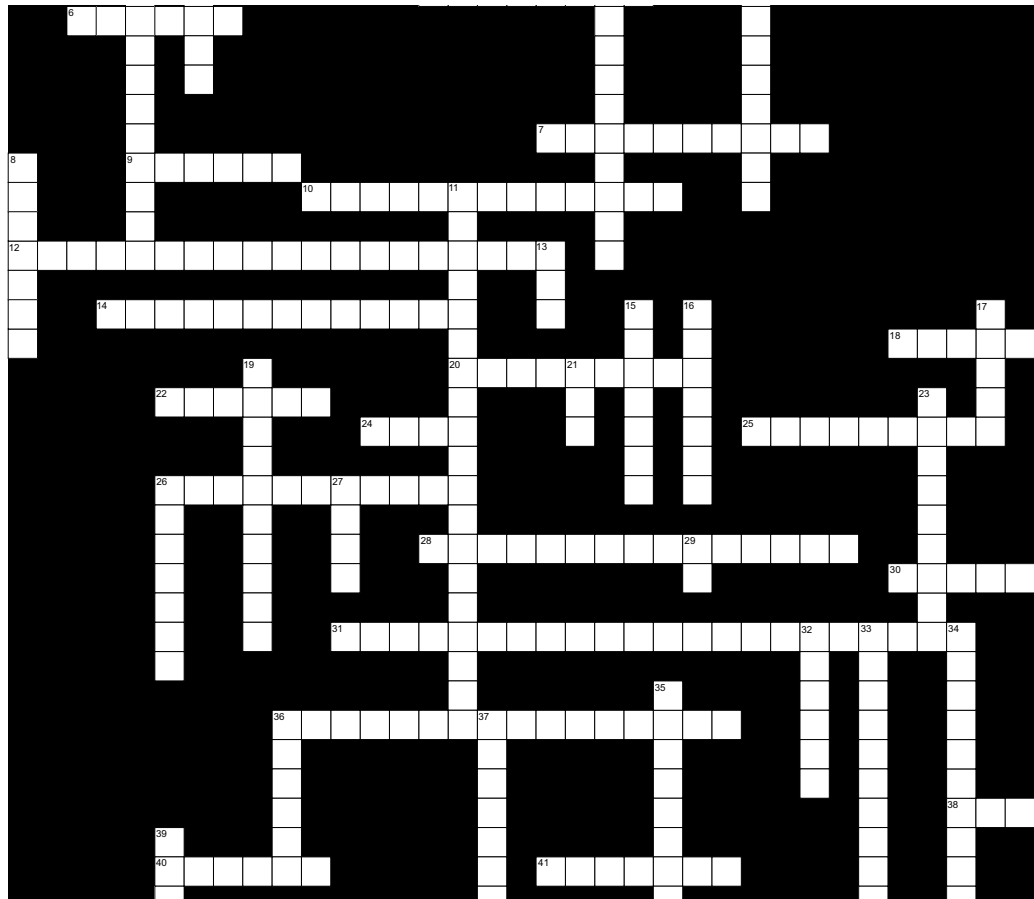
CROSSWORD

- Across**
- Swine were happy when this section of the Grapevine was renamed
 - Requirement for AA membership
 - Publishes our meeting books
 - What do we review when we retire at night?
 - 855 Ardmore Avenue
 - Before there was the General Service Board of Alcoholics Anonymous there was...
 - This gets the most "hits" on NNJAA.org
 - Famous person resting eternally near GSO
 - Spiritual foundation of our traditions
 - Guidelines Committee
 - "Experience, strength and _____"
 - How often is This Day published?
 - Where the first official AA mtg was in NJ
 - aka the "Right of Appeal"
 - Would have been a NASDAQ admirer
 - Formally known as "Doctor, Alcoholic, Addict"
 - This was voted on at the 1950 AA Convention
 - AKA Higher Power
 - this Committee is really far away
 - Powerless Step

- Down**
- Who's Opinion was it?
 - Location of St. Thomas Hospital
 - "Varieties of _____ Experiences"
 - What is the "number one" offender?
 - 2015 International AA Convention
 - Jack Alexander article forum
 - Location of Townes Hospital
 - What did he want to put an ounce of in his milk?
 - Dr. Silkworth's change
 - One of our three legacies
 - Who answers the phones after hours?
 - Who is the vision for?
 - "Our meeting in print"
 - Website is a _____ Committee
 - "_____ 62"
 - This Committee would be invited to speak at a school assembly
 - Host of the 2015 NERASSA
 - "_____": Where money and spirituality mix"
 - "Young is anyone with..."
 - Where do we learn about Mr. Brown?
 - How was our incoming Area Chair chosen?
 - Alcoholic Foundation's secretary
 - Who was "potted as a plant" on Mother's Day?

JERSEY FRESH

by Wayne R.



THIS DAY

Joint News of NNJGS Area 44
and Northern New Jersey Intergroup
2325 Plainfield Ave., Suite 2J
South Plainfield, NJ 07080

NON PROFIT ORG.
US POSTAGE PAID
NEW BRUNSWICK, NJ
PERMIT NO. 225

Winter 2014



Ignoring the inviting water of the pool behind them, readers get the latest news from This Day back when the weather was warm.

DISTRICT DOINGS

District 1&2

Hi everyone! This is my last report for a This Day publication as a DCM. I will be rotating out in January of 2015. What felt like a huge commitment at first, has become two very fast years of personal growth. Just when the position is getting comfortable, it is time to rotate into what seems like another huge commitment. I have learned in AA that being comfortable, and then expecting to grow spiritually, is very unrealistic.

Our District this year has hosted a Section 1 GSR/DCM Workshop, a District picnic, a successful Day of Sharing, and we are now looking forward to our Christmas Alkathon.

The District is very strong, but there is always room for growth. Especially with GSR attendance at our Area Assemblies. We have been successful keeping past DCM's involved in the District. Obviously this wealth of experience makes us stronger. Two years ago we created the position of Ex-Officio for our DCM position. This position comes with a voice and a vote on all District matters. So far the position has been taken very seriously, and has greatly helped the District Committee.

Trying to get all parts of Districts 1&2 to participate in our events has not been easy. We have made a concerted effort to host events in these areas and to go out of our way to include them. We are

starting to see the benefits of this strategy already. It makes for new friends and tighter District bonds.

Aside from the District events, a lot more activity is also taking place. A very successful Thanksgiving Alkathon takes place in Sparta every year, and two New Year's celebrations are right now in the works. GSYF will be co-hosting one of these events, with the South Sussex Young People's Group.

It has been an honor and a privilege to represent District 1&2 as the DCM for the last two years, and I look forward to playing a part in it for years to come. It has also been an honor to be a part of the Area Committee Meeting. We are all blessed to be associated with Area 44.

*In Service,
Walter B.*

District 36

We are active and engaged in 12 step recovery. Our day of sharing in Aug. had less people than last year but was wonderful for those that were there. Encouraging more members to service and more group representation at our district meetings is one of our focus's now. Next month is our district elections so we need to be active in our meetings to get the word out about service, why do it, what you get from it, and what is available.

John H

NNJGS AREA 44
DISTRICT 17 OF
ALCOHOLICS ANONYMOUS

ANNOUNCES THEIR

25th ANNUAL HOLIDAY ALKATHON

30 Hours of Meetings and More:

Topic Discussion, Speakers, Long-timers,
Women, Men, Steps, Traditions,
Big Book, Workshops & More!

Starting: Wednesday, December 24, 2014 at 6:00 PM
Ending: Thursday, December 25, 2014 at 12:00 (Midnight)

At

The Alanon Association
384 - 7th Avenue
Newark, New Jersey

*A.A. Literature Will Be Available
Grapevine Literature & Materials Will Be Available*

ATTENTION: NNJGS AREA 44 DISTRICT 17

IT'S THAT TIME AGAIN!

In the spirit of the holiday
District 17 will be having its
8th Annual New Year's Alkathon!

Wed., December 31, 2014 (New Year's Eve) 6:00 p.m.
thru
Thurs., January 1, 2015 (New Year's Day) - 3:00 a.m.

Alanon Association
384 7th Avenue and No. 7th Street
Newark, New Jersey

There will be meetings, fellowship, fun & food.

*Groups' support and donations
are greatly appreciated.*

Let's bring in the New Year right!

Literature Price Increase

The General Service Office (GSO) in New York has announced a Literature Price Increase effective October 1, 2014. Literature prices help to cover costs for services provided by the General Service Office as they strive to become more self-supporting, it was necessary for the Board to raise prices to maintain the level and quality of Services provided by GSO and the financial health and stability of the office.

A.A. groups in Northern New Jersey help us locally by purchasing their literature directly from Area 44. The Literature Committee purchases in bulk at a discount and sells at list price. That difference in price is used to supply our 12th-Step committees with nearly all their literature needs.

The Area 44 Literature Committee is grateful to you and your groups who purchase literature

through their committee which not only supports GSO, but also supports your Area 44 12th-Step committees as well.

The new prices are show below:

DESCRIPTION	PART #	PRICE
A.A. Comes of Age	B-3	9.50
As Bill Sees It	B-5	9.00
As Bill Sees It (Soft Cover)	B-18	9.60
As Bill Sees It (Large Print Edition)	B-27	9.50
Big Book (Hardcover)	B-1	9.50
Big Book Large Print Edition)	B-16	10.30
Big Book (Portable softcover)	B-30	9.10
Big Book (Abridged, pocket version)	B-35	5.00
Came to Believe	B-6	5.00
Came to Believe (Large Print Edition)	B-26	5.25
Daily Reflections	B-12	10.25
Daily Reflections (Large Print)	B-19	10.75
Dr. Bob & The Good Oldtimers	B-8	10.50
Experience, Strength and Hope	B-20	5.50
Inmate to Inmate	B-13	2.50
Living Sober	B-7	5.00
Living Sober (Large Print Edition)	B-25	5.25
Pass It On	B-9	11.00
Twelve and Twelve (Hardcover)	B-2	8.90
Twelve and Twelve (Soft cover)	B-15	8.25
Twelve and Twelve (Pocket edition)	B-17	6.50
Twelve and Twelve (Large Print)	B-14	8.25
Twelve and Twelve (Gift Edition)	B-4	8.25