

THIS DAY

www.nnjaa.org
News & Notes from NNJ General Service Area 44 and Northern New Jersey Intergroup



Hi Everyone, thank you for the opportunity and privilege to serve you and Area 44 as the Area Chair. It's hard to believe but by the time this article is published there will only be six months left in this position.

Our Mini Conference was held on April 14th in Morristown and was very successful. Area 44 conveyed to our Delegate Lester G. the Area's conscience and wished him well on his second year at the General Service Conference. Thanks to all who participated and specially to Districts 16 and 18 for their hard work and hosting a wonderful event.

Our June Assembly will be held on June 9th in Union City. This will be the first time that our Spanish Districts will be hosting an Assembly. I like to thank Districts 30 and 42 for stepping up to host this event. Along with our Area business we will also be holding our Committee workshops. The afternoon session will be a Town Hall presentation of "Key Issues Facing AA Today" with presentations done by six of our GSR's. We look forward to seeing everyone there.

Post conference reports are getting ready to roll out to all the Sections. Our Delegate, Lester G. and his Alternate Jeff B., will be visiting all the Sections to inform the fellowship of the results from the General Service Conference held in April. It is the responsibility of all GSR's to attend these Post Conferences to keep their Groups informed and connected to AA as a whole. The flyer for all locations can be found on our Area website.

At our May ACM it was announced that we have formed an Ad Hoc Committee for the International Hospitality Suite. The International Convention is right around the corner. It will be held July 2-5, 2020 in Detroit, Michigan. We will be sharing our suite with Area 45, Southern N.J., and showing off all our great Archives from the state of New Jersey. Anyone interested in joining this committee, our first meeting will be July 5th, at 7pm, in our Area

Office. We have two Co-Chairs for this committee and they are our Archivist Lester G. and our current Section 6 Coordinator Charlie T.

As the summer approaches there will be many group and district outings, picnics and Days of Sharing. Make it a point to bring a newcomer to these events. Let him or her see through our demonstration that we are not a glum lot. Though our recovery is serious we also have a lot of fun. As a great friend use to say, "Sober sure is Better". He wasn't kidding. Have a great summer.

Grateful to Serve,
Jimmy A.
Area Chair



Hello all!! I hope this message finds you are enjoying another 24. This year has seen some great traction on the Intergroup side. We recently came to the conclusion that our prudent reserve was set to be too high (nine months) and we had a vote to lower it to six months. This change will put us over our calculated prudent reserve (for the first time). Our guidelines instruct us how to spend this money, and we are glad to say that a majority of it will be going to 12 step work. We currently have a committee to help us decide how this money will be spent, and will report to the body when decisions have been made.

As always, we are manning the phones (volunteers and the office during the day and Nightwatch during the evening). We recently completed, printed, and are circulating updated meeting books. If you need to order some, feel free to reach out to intergroup@nnjaa.org for more information.

Thank you to all the groups that keep us alive with donations. While group contribution is down 2% year over year (through April), I would imagine we will end the year in the same place as last year. We are in need of help!! We are asking groups to assist us in find-

ing volunteers for our committee chairs. Being that we have Joint committees with the Area, we also have co-chairs – which need filling! This is a GREAT opportunity to do service outside of the group. If you have any questions or interest please email intergroup-chair@nnjaa.org.

Looking forward to an amazing 2018, but most of all, the current 24.

Love and Service,
John H.



I'm an alcoholic and my name is Lester. I am honored to serve as your Panel 67 Delegate to the General Service Conference. My Conference Committee is Report & Charter.

I have so much gratitude for everything that I've experienced the past two years. My heart runneth over!

The 68th General Service Conference (my second conference) was just as everyone before me described, except it was better because I was there! And I mean that in the sense that I was 100% present to what was about to take place. What a difference a year makes!

It was great to meet all of the new delegates on Saturday. I made it a point to put my hand out to everyone; something I found to be very comforting when I was the new guy in the room. I remembered so clearly when the torch was passed on to our panel at the closing of last year's conference. So this year it was our turn (the Panel 67 delegates) to make sure that the Panel 68's felt welcomed and supported.

Sunday afternoon I met with my committee, Report & Charter, for the first of three sessions. We had a full agenda and dove right into the topics in front of us. I will be discussing the outcome of these topics and many more at our Post Conference Reports. We had such an awesome committee and I am so honored to have been a part of that process. Sunday closed with the Opening Dinner which is an amazing experience in itself. I was blessed to be accompanied by my

beautiful wife Peggi. I had fun introducing her to all of the friends that I've been talking about all year. And there were great speakers!

The rest of the week went by in what seemed like a second. We worked hard to get through the Committee Recommendations, which started on Wednesday and finished Friday evening at around 8:00. We had a few very emotional debates on the conference floor, but as usual, we always came to a very informed group conscience.

I ended my nights throughout the week with some new friends (Bob D., Area 85 NW Ontario, and Tom F., Area 4 Arkansas). We just hit it off and were pretty much inseparable for the week. Bob is now our newest Yankees fan!! We walked about Times Square every night (I'm not gonna tell you what REALLY happened! lol) to unwind from the day. On Monday night I and a bunch of delegates from Canada walked across the Brooklyn Bridge. That was a cool adventure!

So just like last year it was time to "pass the torch" to the 68's. The closing on Friday night was pretty emotional, but I swear I had it together! I really did. Then I made eye contact with Bob, and the tears just started to flow. What a very special good-bye it was for all of us. Now WE trudge the road to happy destiny together!! I'm quite confident that from what I experienced at both Conferences that Alcoholics Anonymous is in good hands!

Please! Please! Be sure to attend one of the Post-Conference Reports!

Honored and Privileged to Serve You & A.A. As a Whole, Lester G. Delegate, Panel 67

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Next Issue Deadline
August 18
newsletter@nnjaa.org

RUS SERVICE CORP T/A NNJGS AREA 44			
TREASURER'S REPORT			
For Period Ending Mar 31, 2018			
SUMMARY OF ACTIVITY FOR THE PERIOD (Per Checkbook)			
	Money Mkt	Checking	Totals
Opening Account Balances for Current Period (Feb 28, 2018)	\$92,715.64	\$33,041.12	\$125,756.76
Revenue for the Period	\$6.30	\$16,070.83	\$16,077.13
Expenses for the Period	\$0.00	(\$20,278.43)	(\$20,278.43)
Transfer between Money Market and Checking			\$0.00
Ending Balance for All Accounts for Current Period (Mar 31, 2018)	<u>\$92,721.94</u>	<u>\$28,833.52</u>	<u>\$121,555.46</u>
CURRENT BANK RECONCILIATION BY TREASURER FOR PERIOD			
	Money Mkt	Checking	Totals
Statement Balances (Mar 31, 2018)	\$92,721.94	\$30,122.01	\$122,843.95
Outstanding Checks	\$0.00	(\$1,406.49)	(\$1,406.49)
Outstanding Deposits	\$0.00	\$118.00	\$118.00
Adjusted Bank Balances (Mar 31, 2018)	<u>\$92,721.94</u>	<u>\$28,833.52</u>	<u>\$121,555.46</u>
Variance in Reconciliation			<u>\$0.00</u>
Designated Funds at (Mar 31, 2018)			
Jailbox Contributions	\$4,269.57		
International Hospitality Suite	\$2,886.49		
Excess Prudent Reserve Approved Projects	\$3,044.05		
Total Designated Funds:	<u>\$10,200.11</u>		
ANALYSIS OF CHECKING ACCOUNT (Balance should not exceed two months average total expenses)			
Current Checking Account Balance			\$28,833.52
Less: Prior 12 Month's Average Monthly Expenses Times Two			<u>(\$36,632.00)</u>
Over / (Under)			<u>(\$7,798.48)</u>
ANALYSIS OF PRUDENT RESERVE			
Total Cash in Bank (Not Including Convention Acct)			\$121,555.46
Less: Designated Funds (Jailbox, etc.)			<u>(\$10,200.11)</u>
Less: Checking Account Guidelines (2 month average expenses)			<u>(\$36,632.00)</u>
PRUDENT RESERVE FUNDS			\$74,723.35
Less: Calculated Prudent Reserve (50% of Prior Years Budgeted Expenses)			<u>(\$48,148.00)</u>
Over / (Under)			<u>\$26,575.35</u>
SUMMARY OF OFFICIAL APPROVALS / REVIEWS			
Individual/Group	Action	Completed Through	
Treasurer	Approved	March 2018	
Alternate Treasurer	Approved	March 2018	
Finance Committee	Approved	March 2018	
Officers	Reviewed	March 2018	
ACM	Approved	January 2018	
Assembly	Approved	January 2018	

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Heard It Through the Grapevine: Springing into Summer

As the days get longer and hotter and the promise of summer approaches, I have been reflecting with gratitude on our wonderful committee and its work. Bill W. expressed our mission so well in 1946: "...there will be but one central purpose: The Grapevine will try to carry the A.A. message to alcoholics and practice the A.A. principles in all its affairs." To that end, we have established goals for 2018 and are in the process of discussing how to best implement those goals. Currently we are working on Goal 3: Continue to support Area 44 through the sale and distribution of Grapevine/LV literature. We are also keeping in mind the "why" of what we do –

to carry the message to the next alcoholic. It is so easy to forget our primary purpose in our whirlwind of activities, which are many.

On April 21 we hosted our Writing Workshop with the This Day Newsletter Committee under the guidance of Dorothy S., our former Alternate Chair, Jane R., the newsletter editor, and Mary Beth M. from our committee. It was a wonderful, inspiring, and insightful morning, and the participants came away with confidence and renewed interest in writing. And of course, our May GrapeFest was a rousing success, with at least 60 people in attendance. Dan B. from our committee led the way, along with Kathleen K., Kevin I., Dan S., and many others. Our featured speakers were Janet B., Operations Manager of A.A. Grapevine in New York, and Jeff W., our playwright. There was wonderful food, fellowship, information,

and inspiration, as well as a lively sobriety countdown at the end.

Our rehearsals for our Area 44 Convention Grapevine play will begin on June 2. This year the title will be *HAIR...of the dog*. Stay tuned for more details. And we continue to be available for your district days of sharing and spiritual breakfasts. We ask that you give us some lead time if you can, particularly if you would like gift subscriptions.

A.A. Grapevine now has two new books for sale: *A.A. in the Military* and *Frente a Frente* (Face to Face) which is a Spanish translation of our book *One on One*. They each sell for \$11.50 and can be purchased at our assemblies, conferences, and days of sharing. In the fall we are looking forward to our new book about atheists and agnostics, which we hope to have for our Area 44 Convention.

You are invited to join us at the Area Office: 2325 Plainfield Avenue, South Plainfield, rear entrance, second floor. We meet on the first Saturday of the month at 10 am; if there is a holiday, we meet the second.

To quote Bill W. once again, "The Grapevine [is] the voice of the Alcoholics Anonymous movement." We of the Area 44 Grapevine Committee strive always to be true to that goal by carrying the message to the next alcoholic.



I've had the pleasure of attending several mid-winter luncheons and came away from each impressed, inspired and grateful for our fellowship and program of recovery.

Since 1981 the luncheon has been a highlight of the year and its purpose is threefold: first, it focuses on the GSR's commitment to the group and A.A. Often the time put into being a GSR seems to go unnoticed or underappreciated, and the luncheon is a way of showing gratitude for the efforts keeping home groups involved worldwide. Secondly, it introduces a new GSR to the entire area and area officers. Finally, it brings our family members to a social setting with our AA service family.

At my first luncheon all of this happened for me. As a new GSR and sober a couple of years, my home group purchased my ticket and encouraged me to attend. With little experience outside my home group I showed up, not knowing what to expect. A woman named Marybeth welcomed me and introduced me around. The folks at my table told funny stories of their experiences, answered my questions and made me feel at home. I had arrived feeling a bit "less than" and shy. I left happy, "a part of," and grateful.

Last fall, I joined the luncheon committee after feeling a "nudge" from my Higher Power, and to see this event come together. Our monthly meetings were organized, focused on the task at hand, brief, and infused with sup-

port and respect for each other. If you attended the luncheon this year I think you'll agree it was our finest in several years.

Taking place on Sunday, February 11 at the Forsgate Country Club, guests were welcomed by cheerful greeters and escorted to their tables. The service committee were on hand discussing their 12 step work and meeting old and new friends. The room was filled: 36 tables and about 360 people. What a turnout!

We got right to the program. After readings of the steps, traditions, and concepts our luncheon chair Laverne L. gave opening remarks and introduced two GSRs who shared briefly on how AA service changed their lives. Area officers and committees followed by delegate Lester G's introduction of the guest speakers.

They came to us from different backgrounds. The Hon Ivan I.A. Lemelle is the grapevine director and a Class A Trustee. Richard P., Northwest Regional Trustee, Class B, a non-alcoholic and an alcoholic with a shared message: Their love for, and dedication to Alcoholics Anonymous. They know firsthand that AA changes lives. They've seen how our program of recovery and design for living can affect the world in so many positive ways. It wasn't so much what they said but how they said it. The love and good tidings they shouted to AA came from their heart, and you could feel it throughout the room. I was blessed that day.

Anita C. was introduced as Luncheon Chair for next year. We'll start meeting in July at the

NNJGS AREA 44
SCHEDULE OF DELEGATE'S 2018 POST-CONFERENCE REPORTS

Thursday, June 7, 2018 @ 7:00 PM
SECTION SIX
St. Luke's Roman Catholic Church
1674 Old Freehold Rd
Toms River, NJ 08755
Hosted by District 27/29

Tuesday, June 12, 2018 @ 7:00 PM
SECTION FOUR
Good Shepard Lutheran Church
300 Union St. (Route 28)
Somerville, NJ 08876
Hosted by District 35

Wednesday June 13, 2018 @ 7:00 PM
SECTION ONE
St. Francis of Assisi Church (lower church)
114 Mt. Vernon St.
Ridgefield Park, NJ 07660
Hosted by District 12

Thursday June 21, 2018 @ 7:00 PM
SECTION TWO
United Reformed Community Center
352 Clifton Ave.
Clifton, NJ 07011
Hosted by District 11/33

SECTION FIVE

Saturday June 30, 2018 @ 9:00 AM
SECTION THREE
St. Peter's Episcopal Church
94 East Mt. Pleasant Ave.
Livingston, NJ 07039
Hosted by District 34

DISTRICTS 42 & 30 (Spanish-Speaking)
Hosted by District 42/30

DCMs please copy and distribute to all GSRs. All interested AAs are welcome!
Questions? Please contact your Delegate Lester G. at delegate@nnjaa.org

area office in South Plainfield on the 1st Monday of the month at 7 p.m. Please come and join us if you would like to be on the committee. We're a fun, happy bunch always looking for ideas on how to serve you better.

Thank you for allowing me to serve.
David E.
Mid-winter Luncheon Committee



GROUP CONTRIBUTIONS

- 530 Start the Night Right Group
- 7am Morning Peoples Group
- A New Day Begins-South River
- AA Eye Openers
- Annonymous
- As Bill Sees It
- As Bill Sees It Mtg
- As Bill Sees it/Nooners - Newton
- Bayville Friday Night
- Belleville Thursday Night
- Belmar Friday Nite Open Speaker
- Belmar Saturday Nite Live
- Bergenfield Young At Heart Grp

- Blood & Guts Thursday
- Bloomfield Thursday Night Men's Group
- Boonton Sat. night Sick As your Secrets
- Bowery Boys
- Bradley Beach Wed. Night
- Bridgewater Step Group
- CF Committee
- Change is Good
- Chester Group
- Clark Saturday Nite Live
- Clark Wed. Afternoon Discussion Grp
- Clifton Wed. Night Step Meeting
- Corrections Contributions
- Daily Reflections
- Daily Reprieve
- Daily Reprieve Group
- Dawn Patrol
- Design for Living
- District 10
- District 41 Pink Can
- Dover Wednesday Women's
- Elizabeth Friday Night
- Fri. Night Sparta Closed BB mtg.
- Friends of Bill W. Club - Hampton
- Groups in West Milford
- Haledon On A Different Footing BB mtg.
- Hill St Blues
- Ho-Ho-Kus
- Holmdel Life Line Group
- Just For Today Group

- K of C Sunday Morning
- Kinnelon Big Book Tuesday Night
- Landmark Group
- Live For the Higher Power
- Madison Group
- Metuchen Sat Morning Serenity
- Milton Step Meeting
- Monday 12:15 Closed Discussion
- Montclair Central Presbyterian Sunday Nite
- Morning Miracles
- Morristown Friday Night
- Netcong BB Study Group
- New Vernon Women's Mtg
- No Psycho Babble
- Old Bridge Sunday Nite
- Pattenburg Wednesday Night Group
- Pleasant Valley Group
- Pompton Plains Thurs Night Group
- Port Reading Thursday Night Group
- Randolph Saturday Women's
- Reflections
- Rocky Hill Group
- Serenity Group
- Serenity Seekers
- Sparta Monday Beginners
- Sparta Sat. Night OD Group
- St Timothy's Wayne
- Stay on the Step
- Step Group Sat 10AM Livingston
- Stepping Stones to Sobriety & Serenity Seekers

- Stepping Stones/Jailbox
- Sunday Morning Edison INN/First Aid Squad
- Sunrise Group
- Sunrise Sunset Group
- Tell It Like It Is
- The Cedar Knolls Women's Group
- The Morning After
- The New Lifers
- The Sky's the Limit
- Time To DoSomething-Forked River
- Tom's River East Dover Main St.
- Toms River Main St. 8 pm Monday
- Toms River Mon Night || East Dover
- Turning Point Group
- Union Hill Drop In Center
- Valley Sunday Meeting
- Verona Tuesday Night Group
- Vineyard Rd Group
- Wantage Sat. Closed Big Book
- Wantage Sat. Closed Big Book
- Washington Monday Night Group
- Wayne Church Lane Group Mon Night
- Wayne Mountain View
- West Orange Sunday Night Step
- Westfield Clear the Air
- Wisdom Off the Wall
- Wycoff Saturday Beginners



From your
Area Convention
Committee



My name is Merle and I am an alcoholic. I am your Essex/Hudson County Nightwatch coordinator. I have learned during the years I have been doing this that it is service behind the scenes. I meet a lot of people from different groups.

I am asked "What is Nightwatch?". Nightwatch is when a group takes a week commitment of 13 shifts to answer calls when the Intergroup office is closed. Nightwatch is a great experience for individuals and with your group. Nightwatch is not a hotline, you are not expected to help people yourself. If they want to talk, it is suggested to get their number, and refer then to one of the contacts in the manual for a call back. We do not hand out the contacts number to the caller.

We also give meeting information to the caller. Because of the website meeting finder, we don't get as many callers as before.

I am grateful for do what I can do and am grateful for the groups who participate; if it wasn't for the groups this would not work.

Thank you for letting me serve.

Merle F
Monclair "Down to Earth"

I'm excited to have the opportunity to write about my experience with the Area 44 Convention committee. I figure the best way to do that is the same way I'd tell my story with what it was like and what it's like now.

I attended my first convention in September 2015. I was 79 days sober and still had the shakes. My sponsor wanted to go because a friend of his was speaking. Little did I know that when we arrived, we'd be greeted immediately by a host of volunteers and led into a main speaker room by MaryBeth and Jenn. They walked us right up front and sat us next to Larry, the following night's main speaker. We all made small talk and waited for the first speaker to begin. Everyone was friendly, but I had no idea that these nice people were taking time to get to know me actually had a ton of responsibility that weekend. They truly made the newcomer the most important person.

We listened to the first speaker and attended a few Alkathon meetings. I was amazed at the number of people who were laughing, smiling, and attending meetings at all hours of the night. The next morning, my sponsor Drew and I took a walk to talk and decide which room to go into. His exact words were, "we can walk into any room and hear the message," so we walked into a room and it happened to be the workshop on how the convention gets planned. We listened and

most of it was way over my still foggy head, but I do remember one thing. A gentleman stood up and said he was from Trinidad & Tobago and was here to learn about how to bring a convention to his country. I realized at that moment how big and far Alcoholics Anonymous' reaching really is and how many people it touches. Although only at 79 days, it was a pivotal moment for me. Whether it be chairs and coffee at a home group all the way up to services at the Area level and beyond, people work hard and donate their time to make these things happen. Later that day, my sponsor and I read The Doctor's Opinion with Larry who was speaking that night. Without getting too detailed, it was a special experience and a turning point in my sobriety because it made sense and I identified with how I thought, felt, and acted the way I did when drinking.

We enjoyed a wonderful weekend including hearing wonderful speakers, Grapevine Play, and meetings along with endless laughter, sharing and love. As I've now come to understand it, these all define Fellowship.

I left the weekend truly enlightened and cruised right into my 90 days. Shortly after, the email came. Mary Beth had taken down our information during that convention workshop we attended and asked if we'd like to volunteer for next year. Between the people I met, the experiences I had, and hearing about that gentleman's efforts to bring an AA convention to his country, I felt it was a sign from my higher power to get

involved. I agreed and we began attending convention committee meetings the 3rd Wednesday of every month.

This is an honest program and I honestly did not like it at first, but now I love it. Making decisions with a group of Alcoholics is not always easy and it was sometimes very different from the general love and hugs before an everyday AA meeting. However, I saw the power of AAs principles before personalities. Although there were a couple disagreements, committee members kept in mind that their differences in opinion are secondary to making sure the convention is there for people. I watched as these committee members worked and planned in love and service of AA.

This year will be my 3rd year on the committee and I couldn't be more excited. It has brought me new friends and experiences, but most of all it's kept me sober. Two members from my home group have joined and many others signed up for volunteering that weekend. Additionally, we started offering scholarships in the past two years. I've watched as people have been given the opportunity to come and have an experience they may not normally have been able to.

That's all I want at the end of the day. I want someone to come to that convention, be welcomed with open arms, and have a life changing experience like I did.

Thank you

Chris L


By The Book Group

Atlantic Highlands NJ

NNJGS AREA 44 – DISTRICT 17
17th ANNUAL OUTING
Saturday, August 25, 2018
At
Weequahic Park
Newark, New Jersey
"Entrance - Elizabeth & Chancellor Avenues"

10:00am – 5:00pm

A.A. Meeting at 2:00pm
Speakers: TBD


Anonymity Respected – No Cameras Please!!

Join us for food, fun, games and fellowship
Please bring a dish, board games,
your lawn chairs and/or blankets for your comfort

VOLUNTEERS NEEDED!
Planning committee will meet on Fridays as follows:
June 8th & 22nd; July 13th & 27th and August 10th & 17th at 6:00pm
at the
Alanon Association
384 Seventh Avenue
Newark, NJ 07107

Chairperson: Craig C.
Alternate Chairperson: Octavia M.

ADDICTION

I have been sober since March 13, 2013 without relapsing. I'm a first time winner. I started my insane addiction in the fourth grade and it went on for 34 years. I just got tired of living like that, and I was looking for a new way to live.

Then by the grace of God, I was shown the rooms of Alcoholics Anonymous. It has changed me into the man I am today. I had opened my eyes and let God into my life. I owe everything to these rooms and this amazing program, it has saved my life. It gave me a new way to live.

ADDICTION

What the heck is this crazy word? It should be taken out and replaced with hope instead. Where did it come from? What does it want? How many more seats is it going to take away from us? How

many more times do I have to put on that tie? Why can't I keep it in the closet? Why can't you finally get it right? You know you can't drink like others. Are you getting tired of living life like that? How long do you want to hurt? We are always here with open arms. Why is my life like this? Its only going to change when you put it down. Then it will get better. We will love you until you love yourself. The readings will come true. I have no life out there, but here I do. I'm here to stay. I had to change my life around for the better and open my eyes. Now I think with my heart and now I'm happy. It was not easy, but I had will power and determination to go forward on this wonderful journey of a new life. It is a gift from God.

PS Don't give up this is your life to go forward with.



SPEAK OUT! *This Day* Newsletter provides this forum for individual AA's viewpoints and opinions. The opinions expressed here are individual opinions only and not necessarily the opinions of *This Day*, Area 44, North Jersey Intergroup, or AA as a whole. We welcome your comments, opinions or viewpoints on anything found in this newsletter. — *The Editor*

Fall Risk

"Fall risk", I said the words softly aloud looking down to my left wrist. It is the second time in four months I've sported the crime scene yellow tape bracelet.

I look like a crime scene. I am a crime scene. I had taken a nasty fall several days ago and now I am in the ER, about to be transferred to the ICU.

My left eye is shut purple, and there is this ball across my right brow that can only be described as cartoonish. My blood pressure is off the charts and I need a brain scan.

I am an alcoholic. Been battling the beast for over a decade now.

So I'm transported to the ICU, where I am being helped into my bed. I tell the nurse I have to pee, and she promptly hands me a bedpan. Being decently medicated, I didn't balk. I then asked her for something to help me sleep... "Something strong please"

I woke several hours later with tubes, IVs, more IVs, an alarm anklet and a battery of monitors with bells and whistles. Even the bed I was in was rigged... If I dared to swing my feet over to the side, the calvary came running. One of the nurses came in to hook me up to a few more fluids. I have more strings attached than Pinocchio, and I just want to be a real girl again...but here I am... Sick, helpless, and demoralized... Again.

My disease over the last several years has progressed from funny stories and hangovers, to kind of tragically funny stories, to just tragic.

I am at an all time low. I've hit a new bottom and I want to stop digging. I WANT TO STOP. And

I actually mean it this time.

Fast forward to eight months later and this is what my life/gratitude looks like:

I AM GRATEFUL THAT...
I have surrendered
I am sober
I am happy
I am healthy
I have reconnected with my family on a deeper level.
More/most importantly, I have experienced the "spiritual reawakening" and have an ever-deepening connection with GOD
I have a beautiful new grandchild whose daycare I'm entrusted with... I can even drive around with him!!!

I wake up feeling great and reach for my water instead of the random booze I always happened to have on my nightstand...

I am grateful that I wake up next to my nightstand... Means I'm in bed, not on the floor.

I am grateful to wake up in PJs and even more grateful that they are dry...

Sobriety for me is like a second chance at life, and I don't want to waste another minute of mine. I WANT THIS! And This time I could not mean that more. I am joyous, happy and free. I have HOPE Because I have experienced the Miracle. I pray the same for everyone.

Vicky E

ALKATHONS

My name is Octavia M. When I was asked to write this article on the importance of the Holiday Alkathons and its impact on my sobriety, it gave me an opportunity to reflect on my first experience attending a Holiday Alkathon in District 17.

I had just relocated to New Jersey and didn't know anyone. I was attending an IOP and it was suggested that I make a meeting during the holiday. So, I went online and found a meeting at the Alanon Association. I googled the address and proceeded to the address. Mind you I had less than ninety days sobriety and at my house there was people drinking and enjoying the holidays. I was still mourning the major change of moving from San Diego, California.

However, when I arrived at the Alanon Association, I was greeted with smiles and at once a sense of comfort and ease came over me. Tears fell from my eyes and I knew I was right where I was

supposed to be. As a result, I met a network of women to guide me on my journey of recovery. I felt a part of something greater than myself and at that moment I surrendered to this process of recovery. I wanted what they had and my journey began.

My sobriety is being built on solid principles and a willingness to change everything about my thinking and behaviors.

Because of seeing the Old-timer's panel and listening to their stories, and going into a woman's meeting and asking for help, today I have four years of sobriety. I'm the GSR for my home group, Brick Church Group in East Orange, NJ, District 17's Treasurer, Alternate Treatment Chair, have been on the Holiday Alkathon Committee as Treasurer, food chair, etc. Every year since the first day I arrived in New Jersey, I continue to do service work at the Area, District and Group level. I enjoy greeting anyone that walks through the door and by example hopefully I carry the message of hope of Alcoholics Anonymous by words and deeds.

I can honestly say if it hadn't been for the Holiday Alkathon I would not be on this journey of joyous living and have a new life style. This is my new life style and I love it - going to my home group, speaker meetings, Big Book study groups, step meetings, tradition meetings and a variety of workshops.

My Higher Power was working that day and continues to bless me on a daily basis.

Thank you.
In the AA spirit of love and service,

Octavia M.

The AA Journey out of the Starry Night

There was darkness in the air
The air was no longer starry bright and transient
The hovering bottles filled a void I could no longer hide
The solitude and the despair.....
Alone I lingered on fragmented hopes of whispering dreams and golden stallions
In blankets of disguise I wept for the yesteryear... of visions so far gone and distant.

The demon surpasses and the spiral into the darkens and the abyss of the revulsion.....
And the angst and the clenching of teeth prevail.

RG

Convention Contact Information:
(908) 274-3146 or Convention@nnjaa.org

ASL Interpreters for the
Hearing Impaired will be available

NORTHERN NEW JERSEY GENERAL SERVICE

62nd Annual Area 44 Convention



September 28, 29, & 30th 2018

Plays • Young-People's Speaker Meeting • Friday Night Entertainment
Saturday Night Banquet • Live Band Saturday Night • Guided Meditation Meeting
Alkathon • Young-Timer/ Old-Timer Meeting

NEW! Scholarships are available
Individuals and Home Groups can contribute to Scholarships!

THE DOUBLETREE HOTEL
200 ATRIUM DRIVE, SOMERSET, NJ 08873

**N.N.J.G.S. Area 44
District 17
Annual Day of Sharing
SAVE THE DATE**

Saturday, October 6, 2018
10:00am – 2:00pm

Alanon Association
384 7th Street
Newark, NJ

Join us for a day of service, workshops & speaker
Continental breakfast and lunch will be provided.

Frequently Asked Questions:

- Q:** *I'd like to do service during the weekend; are there volunteer opportunities available?*
A: Absolutely! There are many types of volunteer assignments needed throughout the weekend and we welcome all to participate! If you're interested in volunteering, contact us at convention@nnjaa.org or use the back of this form.
- Q:** *May I pay by credit card?*
A: Yes, you can use your credit card to register online at nnjaa.org/convention and pay for the hotel rooms and Convention meal plans. Credit cards will also be accepted on site at the convention. There are additional merchant's fees for paying by credit card. To avoid these fees, feel free to submit your registration form via regular mail. If you submit your payment through the regular mail, a check or money order is required.
- Q:** *May I mail my registration in? MUST BE RECEIVED BY 9/15/18*
A: Yes, simply fill out the form on page 3 and mail it to PO Box 404, West Orange, NJ 07052, along with a check or money order.
- Q:** *May I request a scholarship to the convention?*
A: Yes. Requests for scholarships MUST be made by pre-registering by mail, online or by calling the Hotline at (908) 274-3146. They will be awarded on a first-come, first-served basis as contributions are made. Awarded recipients will be notified.
- Q:** *May I or my Home Group contribute to scholarships to help those who cannot afford to attend?*
A: Yes! However, scholarships are for weekend registration only; no meals. Scholarships can be contributed at the hotel the weekend of the convention for this year, but will carry over to next year.
- Q:** *Is the Saturday banquet included in the meal plan?*
A: The Saturday banquet is included in the price of Meal Packages 1, 2, or 4.
- Q:** *I'd like to sit with my friends at the Saturday banquet is that possible?*
A: Yes, list their names on the back of this form, and submit your registrations together in the same envelope, we will do our best to accommodate.
- Q:** *How do I sign up for the Old-Timer's Luncheon?*
A: If you have 25 more years of sobriety (sobriety date prior to 9/28/1993) AND you purchase any registration package (#1- #6) on the next page, then the Old-Timer's Luncheon is included in the cost of your registration. However, you MUST indicate your intention to attend the luncheon by providing your name, home group, and sobriety date in the OLD TIMER'S LUNCHEON REGISTRATION section of this form.
- Q:** *Who do I contact about my hotel room reservation?*
A: You should contact the hotel directly about your room reservation at (800)222-8733.
- Q:** *What if I still have questions?*
A: If you have any questions, or would like to volunteer, you may reach us via email at Convention@nnjaa.org or call the Convention Hotline: (908) 274-3146

Hotel Room Reservations:

ROOM RATES:

Single/Double: \$121.00* (Per Night)

Triple/Quad: \$131.00* (Per Night)

*Plus 15% Occupancy Tax

These special convention room rates will only be available when identifying attendance at the "A44" group rate.

Reservations must be received on or before **September 15, 2018** in order to guarantee availability and rate. Cancellations must be received 72 hours prior to your scheduled arrival, or you will be charged for the room.

TWO WAYS TO MAKE HOTEL RESERVATIONS:

- 1) **BY PHONE** – Call the hotel at 1-800-222-8733 and make a reservation with a credit card. The conference name is "A44." You must mention this code when registering in order to get the special Convention room rate. It also helps us to reach our quota so please make sure that you use that code when you book your room.
- 2) **BY THE INTERNET** – Go to online to our web page at: www.nnjaa.org/convention. When you book online, you will be able to purchase your meal packages in addition to your hotel room reservations. Don't forget to use the promotion/offer code "A44" when booking online.

PLEASE NOTE: Whether you use our website, or whether you book your hotel room through another vendor, please inform the hotel that you're participating in the Convention. The Area gets credit towards its minimum quota for all rooms booked during the Convention weekend. If you have any questions, please contact us at (908) 274-3146.

Al-Anon Invites You!

The members of Al-Anon cordially invite you, the relatives and friends of those affected by the family disease of alcoholism, to Al-Anon's participation in the 62nd Annual Area 44 General Service Convention of Alcoholics Anonymous.

Please join us in sharing our experience, strength and hope in finding happiness, even contentment, whether the alcoholic is still drinking or not.

For more information call North Jersey Al-Anon Information Service at 973-744-8686.

Group Secretary, Please Read the Following:

If you're interested in serving on the Convention Committee, meetings are held at 8pm on the 3rd Wednesday of every month at the Area Office, 2325 Plainfield Avenue, South Plainfield (entrance is in the back of the building).

If you're interested in helping out during the Convention, you may volunteer by adding your name and telephone number to the space provided below, or contact us at convention@nnjaa.org. Please mail this list to the attention of the "Convention Committee," no later than September 15, 2018 to:

NNJGS Area 44 Convention Committee
2325 Plainfield Avenue
South Plainfield, NJ 07080

Have Any Questions? Call (908) 274-3146

If you are interested in serving as a volunteer during the convention, please select the day you would like to serve (multiple days can be chosen)

NAME _____	FRI DAY <input type="checkbox"/> SATURDAY <input type="checkbox"/> SUNDAY <input type="checkbox"/> ANYTIME <input type="checkbox"/>	TELEPHONE _____
NAME _____	FRI DAY <input type="checkbox"/> SATURDAY <input type="checkbox"/> SUNDAY <input type="checkbox"/> ANYTIME <input type="checkbox"/>	TELEPHONE _____
NAME _____	FRI DAY <input type="checkbox"/> SATURDAY <input type="checkbox"/> SUNDAY <input type="checkbox"/> ANYTIME <input type="checkbox"/>	TELEPHONE _____
NAME _____	FRI DAY <input type="checkbox"/> SATURDAY <input type="checkbox"/> SUNDAY <input type="checkbox"/> ANYTIME <input type="checkbox"/>	TELEPHONE _____
NAME _____	FRI DAY <input type="checkbox"/> SATURDAY <input type="checkbox"/> SUNDAY <input type="checkbox"/> ANYTIME <input type="checkbox"/>	TELEPHONE _____

Saturday Banquet Seating Request:

Please complete the following and return it with your mail-in registration:

THE BANQUET IS LIMITED TO THE FIRST 500 REGISTERED!

Saturday's banquet will have pre-arranged seating based on the date of receipt of your registration form.

Tables can accommodate ten people. To reserve a full table, or to be seated with a group of people, your registration forms and deposits must be received together in one envelope. This will be the only way to assure seating together based on the availability of seats at the time your registrations are received. We will try our best to honor parties and keep you together, but such seating will be based on availability of tables...SO...get group registrations in as early as possible!

People purchasing banquet tickets at the convention will be assigned seating at that time, based on the availability of the remaining seats.

You MUST include the full names of attendees at your table. Please note the banquet is SMOKE FREE & VAPING FREE.

1. _____	6. _____
2. _____	7. _____
3. _____	8. _____
4. _____	9. _____
5. _____	10. _____

SPECIAL DIETARY NEEDS: _____

Continued from page 8
REUNION Y DESAPAREIO HAST AHOY EN DIA. DESPUES DE ESTO ELIGIERON COMO M.C.D. AL COMPANERO VICTOR D. DEL GRUPO SALVAVIDAS Y COMO ALTENO EL COMPANERO GEORGE A. DEL GRUPO 24 DE ENERO. VICTOR D. DEJO EL SERVICIO POR MOTIVES DE TRABAJO Y CONTINUO COMO M.C.D. EL COMPANERO GEORGE A. DEL GRUPO 24 DE ENERO. QUI APESAR DE NO TENER MUCHA EXPERIENCIA CONTINUO HACIENDA EL SERVICIO. APOLLADO POR EL COMPANERO ADAM A. DEL GRUPO UNIDAD Y ROLANDO

D. DEL GRUPO NUEVA LUZ DE TRENTON. EN ESTE PERODO SE ABRIO EL P.O.BOX DE NUESTRO DISTRITO Y TAMBIEN SE SACO EL NUMERO DE ORGANIZATION NO LUCRATIVE CON EL GOBIERNO FEDERAL. Y DESPUES SE ACORDO QUE EL DINERO DEL DISTRITO ESTARA EN UNA CUENTA BANCARIA BAJO LA FIRMA DEL COORDINADOR Y EL TESORERO. DURANTE ESTE PERIODO SE TRAJO LA CONVENDION NACIONAL 2001 AL ESTADO DE NUEVA JERSEY, DESPUES FUE ELECTO COMO M.C.D. EL COMPANERO ADALBERTO DEL GRUPO NUEVOS HORIZONTES POSTERIORMENTE

COMO M.C.D. EL COMPANERO EL COMPANERO JAIME H. DEL GRUPO RENACIMIENTO DONDE COMENSO UN NUEVO PROCESO DEL DISTRITO, DESPUES DEL COMPANERO JAIME H. SE ELIGIO EL COMPANERO RAFAEL G. DEL GRUPO FARO DE LAS DOCE COMO M.C.D. QUIEN CONTINUO CON EL TRABAJO EN EL DISTRITO MANTENIENDOLO EN CONTACTO CON EL AREA #44. POSTERIORMENTE CONTINUO LA COMPANERA GLORIA O. DEL GRUPO MANA 1935 COMO M.C.D. TRABAJANDO CON EL PROPOSITO DEL DISTRITO DE MANTENER A LA COMUNIDAD INFORMADA DE

LOS ACONTECIMIENTO DE ALCOLICOS ANONIMOS A NIVEL MUNDIA. POSTERIORMENTE EL SERVICIO COMO M.C.D. LO HACE EL COMPANERO JOSE MA. DEL GRUPO FRATERNIDAD. DESPUES EL COMPANERO MARCELO B. DEL GRUPO 9 DE MARZO. HACE EL SERVICIO EN LOS ANOS 2013, 2014 EN EL ANO 2015 EL COMPANERO RAFAEL G. DEL GRUPO FARO DE LAS DOCE HACE EL SERVICIO POR 13 MESES Y FUE DESTITUIDO DEL SERVICIO POR LOS RSG, SUSTITUYENDOLO LA ALTERNA ACTUAL M.C.D. COMPANERA GLORIA O. DEL GRUPO MANA 1935.

Voces Latinas

Latinos Voices

COMITE DE DISTRITO #30 HISTORIA DEL COMITE DE DISTRITO #30

FUNDADO EN EL AÑO 1979 EL DISTRITO SURGE COMO CONSECUENCIA DE UNA NECESIDAD DE LOS MIEMBROS QUE PRESTABAN SERVICIO EN LA OFICINA INTERGRUPAL: LA COMPAÑEREA NIDIA DEL GRUPO SOBRIEDAD EN PASAIC TRAJO LA GRAN NOTICIA AL INTERGRUPO. SE PODIA FORMAR UN DISTRITO CON LOS MIEMBROS DE LOS EIS GRUPOS QUE HABIAN EN ESA EPOCA. LA PREGUNTA ERA COMO LO HACEMOS? ROLANDO H. CONOCIA ALGO E COMO COMENZAR A FORMAR LAS BACES DE UN DISTRITO. NIDIA ERA LA COORDINADORA DE LA OFICINA INTERGRUPAL Y A LA VEZ SE HABIA NOMBRADO M.C.D. YA QUE ELLA HIBA AL AREA 44 Y TRAIA INFORMACION PARA LOS GRUPOS, LAS DELEGADOS AL INTERGRUPO LES DICIA ELLA QUE TAMBIEN ERAN R.S.G. ESTE PROSESO DURO CASI UN AÑO. HASTA QUE RICARDO, ROLANDO Y BALTAZAR SE DECIDIERON COMENZAR EL TRABAJO Y SEPARARON EL DISTRITO DEL INTERGRUPO, YFUE ASI COMO ELIGIERON EL PRIMER M.C.D. EN 1979 (COMP. ROLANDO H.) EL SEGUNDO M.C.D. FUE BALTAZAR C. Y EL TERCERO FUE VICTOR D. ROLANDO COMENZO A ASISTIR ALAS REUNIONS DEL AREA 44, NO LO QUERIAN AFILIAR POR MOTIVES DE IDIOMA PERO POR SUGERENCIA DE JHON QUIN, EL DISTRITO FUE ACEPTADO COMO EL NUMERO 30. Y ESO SUCEDIO PORQUE HABIAN DOS GRUPOS QUE NO QUERIAN PARTICIPAR, EL GRUPO RAYITO DE LUZ Y EL GRUPO HISPANO. UNO DE ELLOS NUNCA ELIGIO UN R.S.G. ALGUNOS COMPAÑEROS COMO, BENIGNO, POSO, ANIVAL, ANGEL, CARRASCO, Y CARLITOS NO APOLLAN LA IDEA DE LOS DOS ORGANIZES FUNCIONARAN AL VEZ, POR DESCONOCIMIENTO DEL MANUAL DE SERVICIO. EN ESTA EPOCA EL

COMPAÑERO JORGE L. DEL GRUPO NUEVA LUZ ES NOMBRADO COMO DELEGADO DE INFORMACION PUBLICA HACIA EL AREA 44 Y ES CUANDO SE SEPARA TOALMENTE DE LA INGTERGRUPAL. VIENE:?? EN EL PROCESO QUE ESTABA VIVIENDO EL DISTRITO ESTABAN, RICARDO T. DEL GRUPO SOLO POR FE. RAMON Z. DEL GRUPO ESPERANZA. MARIO P. DEL GRUPO RENACIMIENTO. VICTOR D. DEL GRUPO SALVAVIDAS. JORGE DEL GRUPO NUEVA LUZ DE TRENTON, QUIEN A LA VES ERA DELEGADO AL COMITE DE INFORMACION AL PUBLICO DEL AREA 44. EN EL AÑ 84 – SE ELIGE EL TERCER “M.C.D.” APARECE ELECTO VICTOR D. DEL GRUPO SALVAVIDAS. Y LLEGAN

NUEVOLS, R.S.GS. MAS GRUPOS NUEVOS Y COMIENZA LA NUEVA ERA DEL COMITE DE DISTRITO YA QUE EL GRUPO 24- DEL ENERO PROPONIA UNA CONVENCON ESTATAL ATARAVEZ DEL COMPAÑERO JUAN JOSE C. QUIEN ERA EL NUEVO R.S.G. DE AQUI SURGE LA HISTORIA DE LAS CONVENCIONES QUE HOY TENEOS IN EL ESTADO. EL COMPAÑERO NORBERTO DEL GRUPO PRIMER PASO ERA EL ALTERNO EL CUAL DESPUES DE DOS AÑOS FUE ELECTO COMO M.C.D. Y SOLO DIRIGIO UNA O DOS REUNIONES Y DESAPARECIO. ELTRABAJO QUE TENIAMOS QUE HACER SE COMPLICO, PERO LLEGARON NUEVOS COMPAÑEROS QUE TOMARON LA RESPONSABILIDAD DE CONTINUAR ENTRE EL-

LOS PODEMOS MENCIONAR AL COMPNERO ANTONIO L. OVIDO L. BENY H. VICTOR H. ISIDORO B.(CHILOLO) ALAN DEL GRUPO UNIDAD. FRANCISO DEL GRUPO ESPERANZA, JULIO M. DEL GRUPO SALVAVIDAS. ALBERTO DEL GRUPO NUEVOS HORIZONTES Y OTROS QUE SE ME ESCAPAN QUE FUERO., IMPORTANTES EN EL PROCESO DEL COMITE DE DISTRITO. NOS ALEJAMOS DEL COMITE DE AREA, POR CAPRICHOS PERSONALES Y CUANDO EL COMPAÑERO BENY FUE ELECTO, M.C.D. RELACIONA DE NUEVO A LOS HISPANOS CON EL AREA Y COMIENZA OTRA ETAPA DE CRECIMIENTO YA QUE LA CONVENCION ESTATAL HISPAPA VIVIO SUS MEJORES MEMENTOS AL

Continued on page 8

RESEÑA

GRUPO POR LA GRACIA DE DIOS

APROXIMADAMENTE AL PRINCIPIO DEL AÑO 1993, NACIO LA INQUIETUD Y NECESIDAD DE ABRIR OTRO GRUPO EN EL AREA DE PATERSON. EL GRUPO SOLO POR FE, PARA ESE ENTONCES TENIA UN PROMEDIO DE 40 MIEMBROS.

HACIENDO LA UNIDAD CON EL GRUPO LA NUEVA LUCHA DE MORRISTOWN (EL CUAL CERRO AÑOS MAS TARDE) CONOCIMOS AL PADRE LUCIANO EL CUAL SE UNIO A NUESTRA IDEA Y NECESIDAD DE UN NUEVO GRUPO, NOS OFRECIO EL LOCAL DE LA IGLESIA SANTA INES EN PATERSON, EL CUAL MILITAMOS TODABIA

SE REALIZO UNA REUNION CON LOS MIEMBROS DISPUESTO A ENFRENTAR ESTE RETO. EN EL DINNER RESTAURANT LOCALIZADO EN LA MADISON Y PARK EN LA CIUDAD DE PATERSON.

LOS COMPAÑEROS RESPONSABLES DE ABRIR EL NUEVO GRUPO FUERON; EL AHORA DIFUNTO VALENCIA / GUMARO / CRECENCIO / ALFREDO / JOSE R. / ANIBAL / REYNALDO Y APOYADO POR EL AHORA DIFUNTO GONZALO / EDISON Y OTROS COMPÑEROS MAS. EL GRUPO SOLO POR FE, ERA EL UNICO GRUPO EN PATERSON, NEW JERSEY QUE ESTABA REGISTRADO EN ESE ENTONCES CON LAS OFICINAS GENERALES.

A SU VEZ EL GRUPO, EL DESEO DE VIVIR FUNCIONABA EN ESE TIEMPO PERO COMO UNA INSTITUCION AFILIADA AL HOSPITAL BARNNER, Y POR ESA RAZON NO ESTABA REGISTRADO COMO UN GRUPO.

EL VIERNES OCTUBRE 08, DE 1993 SE ABRIO LA PRIMERA REUNION DE 8 A 10PM Y EMPEZO LA HISTORIA DE NUESTRO GRUPO, POR LA GRACIA DE DIOS. EL LUNES SEPTIEMBRE 12, 1993 SE REGISTRO EL GRUPO, RECIBIENDO SU NUMERO DE REGISTRO DE LA OFICINA GENERALES DE A.A. EN LA CIUDAD DE NEW YORK.

District Service Meetings

District 1&2 - 2nd Tuesday. 7:30 pm, Sunrise House Cafeteria, 37 Sunset Inn Road, Lafayette
District 3 - 3rd Friday 7:00 pm; West Milford Library 2nd Floor, 1470 Union Valley Road, West Milford
District 4&6 - 3rd Thur. 7:30 pm, Upper Ridgewood Community Ch, Hillcrest & Fairmount, Ridgewood
District 5&7 - 2nd Thursday, 7:30 pm, St. Mary's Church corner of High and Legion, Closter
District 8 - 2nd Tues. 7:30 pm, Panther Valley Ecumenical Ch, 1490 Route 517, Allamuchy
District 9 - 3rd Tues. 7:30 pm, Stanhope United Methodist Ch, Rte 183, Netcong
District 10 - 2nd Tues. 7:00 pm, 1st Presbyterian Church, 513 Birch St, (corner of Church & Birch) Boonton
District 11/33 - 4th Wed. 7:00 pm, Clifton Library, 292 Piaget Ave Rm A, Clifton
District 12 - 2nd Thur. 7:00pm, St. Francis of Assisi Parish Center(basement), 124 Park St, Ridgefield Park
District 13 - 2nd Tue. 7:30 pm, Wesley Meth. Ch., 225 Washington Ave, Belleville
District 14 - Last Tue. 7:00 pm, 83 Wayne St, upstairs, Jersey City
District 15/21 - 3rd Mon. 7:30 pm, Hunterdon Medical Center, Employee Cafeteria, Rt. 31 South, Flemington
District 16 - 3rd Mon. 7:00 pm Good Shepherd Luth Church, 160 Ridgedale Ave. Florham Park
District 17 - 3rd Fri. 8:00pm, Alanon Assoc., 7th Avenue and 7th Street, Newark
District 18 - 2nd Mon. 7:30 pm, Union Village United Methodist Ch, Mountain Ave. & Hillcrest Rd., Berkeley Heights
District 19 - Last Mon. 7:30 pm, Friendship Hall, New Market Road, Piscataway
District 20 - 1st Wednesday, 7:00pm, Presbyterian Church 140 Mountain Ave. Westfield
District 22 - 3rd Wed. 7:30 pm, Cook College Extension Center, College Farm Road, New Brunswick
District 23 - 2nd Thur. 7:30 pm, Saints Peter & Paul Orthodox Church, 9 Jerferie Ave, South River
District 24 - 3rd Mon. 8:00 pm, New Monmouth Baptist Church, 4 Cherry Tree Farm Rd, Middletown
District 25 - Last Wed. 7:30 pm, Hope Lutheran Church, 211 Elton-Adelphia Road., Freehold
District 26 - 3rd Thur. 7:00 pm, Christ United Meth Church, 300Ridge Rd, Fair Haven
District 27/29 - 3rd Mon. 7:30 pm, St. Luke's Parish, 1674 Old Freehold Road, Toms River
District 28 - 1st Tue. 7:30 pm, St Margaret's Church, 3rd & Ludlow Avenue, Spring Lake
District 30 - 4th Sunday 12 Noon, 69 Green Street, Newark
District 31 - 2nd Thur. 6:30 pm, Immaculate Heart Of Mary Chapel, 2nd Floor, 77th Street & Broadway, North Bergen
District 32 - 3rd Thur. 7:00 pm, Bayonne Library, 31st St. & Ave. C., Bayonne
District 34 - 3rd Sat. 09:30 am, Our Lady of Sorrows, 217 Prospect St, (Lower Church) South Orange
District 35 - 2nd Tue. 7:30 pm, Good Shepherd Lutheran. Church, North Richard Street and Union Avenue, in Somerville.
District 36 - 3rd Fri. 7:30 pm, St. Luke's Church, 17 Oak Ave & Route 27, Metuchen
District 37 - 3rd Wed. 7:00 pm, First Evangelical Lutheran Church 153 Park St, Montclair
District 38 - 2nd Mon. 7:00 pm, St. Peter's Episcopal Church, 271 Roseland Avenue, Essex Fells
District 41 - First Thurs 7:00 pm, St. Matthew's Trinity Church, 8th & Washington Sts, Hoboken
District 42 - 2nd Sunday 9:00am, 103 Bayard Street, Suite B-12, New Brunswick

NNJGS Area 44 Office Calendar

JUNE

1 Grapevine Committee 10:00 AM
 4 Mid-Winter Luncheon 7:00 PM
 5 Officer's Meeting 7:00 PM
 6 Mailing Committee Meeting 6:30 PM
 6 Translation Committee 7:00 PM
 11 Computer Tech Comm 7:30 PM
 12 Public Information Comm 7:30 PM
 13 History & Archives@Interg 7:00 PM
 13 Treatment Committee 7:30 PM
 15 Newsletter Committee 5:00PM
 18 Literature Sales 6:30 PM
 18 Literature Committee 7:30 PM
 19 CPC Committee 7:00 PM
 20 Convention Committee 8:00 PM
 21 Newsletter Committee 5:00PM
 25 Remote Communities Mtg 7:30 PM
 25 Finance Committee 7:00 PM
 28 Website Committee @Interg 7:30 PM

JULY

2 Mid-Winter Luncheon 7:00 PM
 3 Officer's Meeting 7:00 PM
 8 Films Committee 9:00 AM
 8 Area Com Meeting 10:00 AM
 9 Computer Tech Comm 7:30 PM
 10 Public Information Comm 7:30 PM
 11 History & Archives@Interg 7:00 PM

14 Grapevine Committee 10:00 AM
 16 Literature Sales 6:30 PM
 16 Literature Committee 7:30 PM
 17 CPC Committee 7:00 PM
 18 Convention Committee 8:00 PM
 19 Newsletter Committee 5:00PM
 21 Committee on Corrections 10:00 AM
 23 Remote Communities Mtg 7:30 PM
 23 Finance Committee 7:00 PM
 26 Website Committee @ Area 7:30 PM

AUGUST

1 Mailing Committee 6:30 PM
 1 Translation Committee 7:00 PM
 4 Grapevine Committee 10:00 AM
 6 Mid-Winter Luncheon 7:00 PM
 7 Officers Meeting 7:00 PM
 9 History & Archives 7:00 PM
 9 Treatment Committee 7:30 PM
 13 Computer Tech Comm 6:30 PM
 14 Public Information Comm 7:30 PM
 15 Convention Committee 8:00 PM
 16 Newsletter Committee 5:00 PM
 20 Literature Sales 6:30 PM
 20 Literature Committee 7:30 PM
 21 Public Information Comm 7:30 PM
 23 P&A Committee 7:30 PM
 23 Website Comm@Intergroup 7:30 PM

27 Remote Communities 7:30 PM
 27 Finance Committee 7:00 PM
 28 Joint Unity Meeting 7:00PM

SEPTEMBER

3 Mid-Winter Luncheon 7:00 PM
 4 Officer's Meeting 7:00 PM
 5 Mailing Committee Meeting 6:30 PM
 5 Translation Committee 7:00 PM
 8 Grapevine Committee 10:00 AM
 9 Films Committee 9:00 AM
 9 Area Com Meeting 10:00 AM
 10 Computer Tech Comm 7:30 PM
 11 Public Information Comm 7:30 PM
 12 History & Archives@Interg 7:00 PM
 12 Treatment Committee 7:30 PM
 17 Literature Sales 6:30 PM
 17 Literature Committee 7:30 PM
 18 CPC Committee 7:00 PM
 19 Convention Committee 8:00 PM
 20 Newsletter Committee 5:00PM
 24 Remote Communities Mtg 7:30 PM
 24 Finance Committee 7:00 PM
 27 Website Committee @ Area 7:30 PM
 28 Area Conv=Somerset 3:00 PM
 29 Area Conv=Somerset 9:00 AM
 30 Area Conv=Somerset 9:00 AM

Intergroup Calendar

JUNE

7 Intergroup Delegates Meeting, Clark 8:30PM
 10 Booker's Exchange, Cranford 6:30AM
 28 Joint Website Committee@Intergroup 7:30PM

JULY

5 Intergroup Delegates Meeting, Clark 8:30PM
 26 Joint Website Committee@Area 7:30PM

AUGUST

2 Intergroup Delegates Meeting, Clark 8:30PM
 23 Joint Website Committee@Intergroup 7:30PM
 26 Joint Unity Meeting 7:30PM

SEPTEMBER

6 Intergroup Delegates Meeting, Clark 8:30PM
 9 Booker's Exchange, Cranford 6:30AM
 27 Joint Website Committee@Area 7:30PM

**NEXT ISSUE AUGUST 17
 NEWSLETTER@NNJAA.ORG**

Statement Of Purpose:

This Day is published quarterly as a joint newsletter for Northern New Jersey General Service Area 44 and the Northern New Jersey Intergroup. *This Day* functions to promote communication between the groups in Northern New Jersey and to provide members with service-related information. *This Day* is also a forum for the diverse opinions of the Area 44 Fellowship through shared experience, strength, and hope in all three of AA's legacies: Unity, Service, and Recovery.

Editorial Policy:

Articles submitted from the Fellowship are encouraged, and should not exceed 800 words. The newsletter committee may edit submissions for grammar, readability, and content. Opinions expressed herein are not to be attributed to AA as a whole, nor does the publication of any article imply an endorsement by either AA General Services or Intergroup. Comments, questions, and articles may be mailed to the attention of the Newsletter Committee at NNJGS Area 44, Suite 2J, 2325 Plainfield Ave., South Plainfield 07080, or emailed to: newsletter@nnjaa.org.

Contributions are much needed, and always welcome! Make checks payable as indicated and always include your Area, District and Group ID number. Please send group and individual contributions to the addresses below:

NNJGS AREA 44
 2325 Plainfield Avenue, Suite 2J
 South Plainfield, NJ 07080
 Payable to "NNJGS Area 44"

NORTHERN NEW JERSEY INTERGROUP
 2400 Morris Avenue, Suite 106
 Union, NJ 07083-5705
 Payable to "Northern NJ Intergroup"

GENERAL SERVICE OFFICE
 PO Box 459
 Grand Central Station
 New York, NY 10163
 Payable to "General Service Board"

THANK YOU AREA 44!

FROM THE AREA 44 CONVENTION COMMITTEE

**THANKS TO THE INDIVIDUALS AND GROUPS WHO CONTRIBUTED,
 38 SCHOLARSHIPS WERE GIVEN OUT AT THE CONVENTION LAST YEAR!**

Please join us this year at the 62nd Annual Convention on September 28- 30, 2018
 You can register online or download a PDF of our flyer at www.nnjaa.org/convention



If you are in need of a scholarship, please call our hotline 908-732-7714

If you are an individual or group looking to contribute a scholarship, please give it to your DCM

The Area 44 Convention Committee invites you to join us on the 3rd Wednesday of the month at 7:30pm
 2325 Plainfield Avenue
 South Plainfield, NJ

**We are not a glum lot ...
 Send us your humorous stories and cartoons.**

NEW !



Member area
 userid: alcoholic
 password: onedayatatime

www.nnjaa.org

Try it on your Smartphone

Your Northern New Jersey A.A. Website

THIS DAY

Joint News of NNJGS Area 44
and Northern New Jersey Intergroup
2325 Plainfield Ave., Suite 2J
South Plainfield, NJ 07080

NON PROFIT ORG.
US POSTAGE PAID
NEW BRUNSWICK, NJ
PERMIT NO. 225

Summer 2018



This Day is read in Paris. The photo was taken by Lisa G. when she was in France last year to see the Rolling Stones in concert.

NEW!! Area 44 Online AAudio Archives



Listen to A.A. voices from Northern New Jersey's past, sharing Experience Strength and Hope 24/7!!



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