

THIS DAY

www.nnjaa.org
News & Notes from NNJ General Service Area 44 and Northern New Jersey Intergroup



“Our Spiritual Way of Life: Steps, Traditions and Concepts.”

Last year at this time I wrote to you saying, “It’s hard to believe that my first General Service Conference has already come and gone”. Today I’m here to tell you, I really can’t believe that my SECOND Conference is over. I have a great deal to share with you in Area 44 about what took place. In fact, many of our Delegate’s Post-Conference Reports are already scheduled. I urge each of you to attend, and of course, all are welcome. It’s most important that you understand what’s happening in A.A. today and how it affects you. And perhaps more important, how you can help.

Here’s our report schedule as of this writing (check nnjaa.org/calendar.htm for the latest):

- Thursday, June 9 @7:00 PM Clifton
- Saturday, June 11 @11:00 AM New Brunswick
- Thursday June 23 @7:00 PM Fort Lee
- Friday, June 24 @7:00 PM West Orange
- Saturday June 25 @9:00 AM Area Office, South Plainfield
- Sunday, June 26 @2:00 PM Flemington
- Sunday, July 17 @10AM (Spanish) Area Office, South Plainfield
- Sunday, August 28 @1PM (Spanish) Newark

My experience at the 66th General Service Conference was very different than last year. I’m sure every second year delegate feels the same. In some respects, the Conference seemed smaller and the walk to the microphone, much less daunting.

This year I was honored to chair the Conference Literature Committee. It was a humbling and exciting, and sometimes challenging experience (as Chair you do a lot less sharing on the issues and a lot more facilitating).

Last year I reported that the 65th General Service Conference achieved a true spirit of unity expressed through actions intended

to deliver accessibility and inclusivity. This year was somewhat different. The mission, work, and people were extraordinary, but it seemed to me that the concerns and challenges of this Conference body were different. I wouldn’t categorize the 66th Conference as spearheading an effort to increase accessibility and inclusivity. We may have accomplished a bit of that, but it just wasn’t the primary focus this year. Each Conference seemed to develop its own personality.

Continued on page 2



We Have an Amazing Area!

Where does the time go? It’s hard to believe that my term as Area Chair is at the half way point of my second year. Our Delegate, Jay E., is fond of saying that “this position is a game changer.” I couldn’t agree more about serving as Area Chair.

In my role as Area Chair, I’ve had the opportunity to visit many of the Districts, both geographic and Spanish, to see what’s happening in the Districts and to let them know about what’s going on in the Area at the time of my visit. There are no coincidences in A.A. and, 3 months into my term as Area Chair, I earned my driver’s license back after not driving for 12 years as the result of my 2nd and 3rd DUIs. This will always remain a watershed moment in my sobriety. This has allowed me to head north to West Milford to the District 3 meeting, to the District 41 meeting in Hoboken, south to the District 25 meeting in Freehold, to various District picnics and Days of Sharing and Committee workshops.

I’ve seen firsthand the type and the breadth of the 12th step work that our Districts and Committees are doing and I have to tell you that were doing a great job in helping to make 12th step work possible. In service, we do not actually do 12th step work; we make 12th step work possible by:

- Letting doctors and judges know about what we do (CPC, Cooperation with the Professional Committee)
- Placing a Big Book and 12 & 12 in our public libraries (PI,

- Public Information)
- Coordinating taking meetings into jails (Corrections) and treatment facilities/halfway houses (Treatment Facilities)
- Distributing A.A. books and pamphlets (Literature)
- Printing a Newsletter (This Day) with articles from our Trusted servants, Committee chairs and individual members
- Providing A.A. Grapevine magazines and books
- Providing a Meeting Finder, Calendar and other pages on the Area and Intergroup Website

These Committees need your help! Go to your District meeting and get involved by volunteering to help one of these Committees do their work. Our Districts are where much of our service work is done. You can also attend one of the Area meetings for these committees. You’ll find the meeting date for these Committees on the Calendar of our website at www.nnjaa.org.

Just a few other notes...

- In January, the Area decided to host two workshops – a Concepts workshop and a Traditions workshop. An ad hoc Committee was formed with Jim A., the DCM for District 27/29 as the chair for this Committee.

Continued on page 2



Hello family, A message from Intergroup.

My name is Aaron and I’m an alcoholic. I’m currently serving as your Intergroup Delegates chair (along with a group of trustees that try our best to serve northern NJ Intergroup and AA as a whole). If you’re not aware yet, our new meeting books are available. The books can be mailed to your group directly by calling the Intergroup office. They can always be purchased at the Delegates meeting on the first Thursday of each month, at the Polish Cultural Center in Clark. AA and Grapevine literature are available at the monthly meeting as well.

I am extremely pleased to share that our bi-annual Joint Day of

Sharing, (Intergroup and Area 44) went off without a hitch. Presentations from History and Archives and Nightwatch were given and included in this issue of This Day. We had a panel with 4 presenters. These included Linda KK (past Area Delegate), Ken B. (past Intergroup Trustee), Ruth Z. (current “veteran” Intergroup office employee), as well as Carlos O. (from our friends at Spanish Intergroup).

Our guest speaker, John Q. (past Area Delegate and US Trustee at Large) told of his amazing journey of recovery, talked of his extensive service experience and brought to our attention the many opportunities that are available to all of AA’s members.

I need to thank the Joint Committees that also participated. Without the help of our co-chairs Lisa S. (Intergroup) and Brenda D. (Area 44) and countless volunteers, none of this would be possible. Similar to each of our home groups, I don’t have to do it all. I just need to show up and help. Like the Academy Awards, I can’t remember the names of all who helped, but AA is grateful! Thank you.

I’m also pleased to announce that Bill N. is our new Nightwatch chair. Congratulations to Bill who has been a long time committee member. A special thanks to Joe F. (our past chair) that guided the committee over the past term.

So there you are - just a snapshot of Intergroup activities. Thanks to the groups for your continued support. Last but not least, see you soon at bookers.

Thank you,

Aaron K, your Intergroup Chair.

also inside

- Area Treasurer’s Report 2
- Standing and Special Committee Reports 2-10
- Speak Out 9
- Convention Registration Form 10
- District Service Meetings 11
- Intergroup and Area Calendars 11

NEXT ISSUE DEADLINE AUGUST 19
NEWSLETTER@NNJAA.ORG



Thanks for showing your gratitude for sobriety with the time you volunteer and the contributions you and your groups send to support the Area's primary mission to "Carry the Message." This loving, spiritual expression of the 7th Tradition enables our message to reach the sick and suffering alcoholic in need of recovery as well as those of us continuing on our recovery journey. Thank you!

The adjacent 7th tradition group contributions graph reflects that 2016 started well with very strong January contribution receipts; since then group contributions have been down from or equal to prior year levels. Through April group contributions are \$883 or 3.3% ahead of the same four month period in 2015.

Besides the summarized Treasurer's report for Jan-Mar 2016 also published in this newsletter, more detailed information is posted on the Area website (www.nnjaa.org) in the Members Only section. It provides a finer breakout of income received and expenses incurred for each month and the first quarter. Additionally, there is a listing of all contributions by group posted as well. Suggest you take a look!

Much of March was spent attending the Pre-Conference sessions and briefly sharing about the 7th Tradition, discussing the 12-Step work the Area continues to perform, and providing information about overall Area contribution history. The turnout was outstanding as was the interest in our 7th Tradition. Close to 300 Treasurer's packets containing material about where Money and Spirituality mix were distributed along with handouts presenting how groups

Delegate Continued from page 1
When the regular business was concluded on Friday, we still had 11 floor actions to consider; 9 of which were heard. We were exhausted but committed to completing the business of A.A., and that we did. The Conference was scheduled to close at 1:30 (lol), so at a little after 9 pm we second year Delegates lined up to say our farewells. (I think some of the most important debating took place in those last few hours. Come to a post-conference report so I can tell you about it.)

With all my heart I want to express my gratitude for the opportunity

in Northern NJ donate to GSO, NNJ Intergroup and NNJGS-Area 44. Thanks for your interest and participation.

As summer approaches, the Finance committee will begin working with Special Committee Chairs, Standing Committee Chairs and Officers to develop a balanced budget for 2017 so the Area can continue its 12-Step work. Your group will be getting a first look at the 2017 budget in September 2016 after the Area Committee Meeting (ACM). Information will be shared with your GSRs at District meetings so the proposed budget can be discussed by your group. DCMs will provide feedback at the November ACM. The final balanced budget will be presented to the Assembly for approval in January 2017.

The Finance committee is always looking for volunteers. It is a great way to learn about the work the Area performs and how it spends the 7th Tradition Basket Money to "Carry the Message." The committee meets monthly on the fourth (4th) Monday at 7:30PM. Location: Area office in South Plainfield, NJ. Hope to welcome some new members in the months ahead. Please consider taking a "test drive" with us.

This cannot be said enough: Thank you for your commitment to the 7th Tradition---giving your time and basket money! Both are essential for the Area to perform its 12-Step work. These precious resources are treasured and used prudently to fulfill our Primary Purpose.

In Gratitude, Love, and Service,

Mike S, Area 44 Treasurer
treasurer@nnjaa.org

you've given me to serve you as your Delegate. I want you to know, that with you steering the ship and the commitment of our Conference members, we can be confident that A.A. is in good hands. And for our future Delegates who are reading this...keep raising your hands and making yourselves available, and 'great events will come to pass for you and countless others'!

With A.A. Love and Service,
Jay E.
Your Delegate, Panel 65 Area 44 Northern NJ
delegate@nnjaa.org

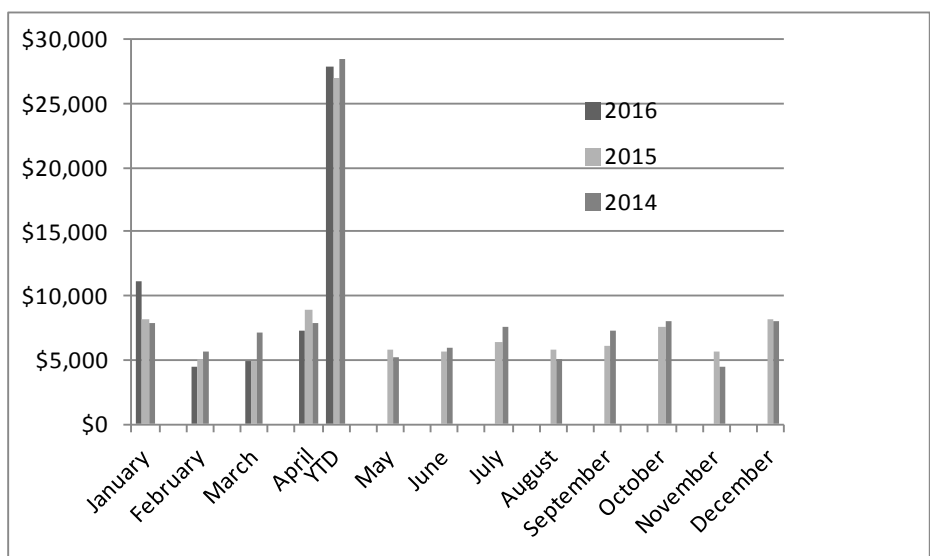
**GSO SERVICE CORPORATION TRAILBLAZER AREA 44
YEAR TO DATE COMPARISON REPORT: 2015 AND 2016
FOR PERIOD ENDING MARCH 31, 2016**

	2015 - Mar.	2016 - Mar.
MONEY MARKET ACCOUNT (M)		
Balance as of January 1st	\$79,256	\$89,200
Interest Received	\$15	\$18
Transfer (To) / From the Checking Account	\$10,000	\$0
Balance as of March 31st	\$89,271	\$89,218 (C)
CHECKING ACCOUNT (S)		
Balance as of January 1st	\$49,164	\$34,963
7th Tradition Contributions: (Group, Individual, Basket)	\$10,000	\$20,734
Other Receipts (Intergroup, Literature & Grapevine Sales, etc.)	\$94,011	\$30,002
Budgeted Expenses (Standing & Special Committees, Officers, Office, etc.)	(\$72,000)	(\$72,000) (B)
Non Budgeted Expenses (Literature, Grapevine, Luncheon, etc.)	(\$30,440)	(\$30,040)
Transfer (To) / From the Money Market Account	(\$10,000)	\$0
Balance as of March 31st	\$30,735	\$33,657 (C), (D)
Prior 12 Month Avg. Total Monthly Expenses Times Two. Finance Guidelines state the checking account balance should not exceed this amount.		
	\$32,457	\$30,000
Account Balance Over / (Under) Guideline		
	(\$1,722)	(\$3,343)
PRUDENT RESERVE FUNDS		
Total Cash in Bank (Not including Conversion Account)	\$130,933	\$121,427
Designated Funds (Liaison Funds, etc.)	(\$10,770)	(\$12,040) (B)
Checking Account Guideline (2 Month average expense)	(\$32,457)	(\$30,000)
	\$87,706	\$79,387
Calculated Prudent Reserve (10% of prior 12 months Budgeted Activity Expenses)		
	\$10,206	\$17,000
Account Balance Over / (Under) Guideline		
	\$77,500	\$62,387

FOOTNOTES
(A) Details of all income and expense items, as well as a comparison of Operating Expenses to the Annual Expense Budget are available from the Treasurer.
(B) 2016 Expense Budget is \$888,370.
(C) March 31, 2016 Checking and Money Market Balances have been reconciled to the Bank Statements by the Finance Committee.
(D) March 31, 2016 Designated Funds include: Liaison - \$2,636.33, Int'l Hospitality Suite - \$2,689.69 and Ocean Funds Approved Projects - \$7,542.05.

Individual / Group Treasurer	Action Approved	Completed Through
Area Treasurer	Approved	Mar. 2016
Finance Committee	Approved	Mar. 2016
Officers	Reviewed	Mar. 2016
Area Committee Members	Approved	Mar. 2016
Area Assembly	Approved	Nov. 2015

Email Questions and Requests to: treasurer@nnjaa.org



Area Chair Continued from page 1

The Committee is meeting on the 2nd Thursday of the month at the Area Office at 7:00pm if you would like to get involved. The date for the Concepts workshop has been set for October 8th, 2016 while the Traditions workshop will be held on March 25, 2017. Keep an eye out for the flyers for these workshops which will be distributed once the locations have been determined.

- Recently, Alternate's month was changed to July. This July, Alternate GSRs, Alternate Committee chairs and Alternate Officers will be attending or leading the meetings for which they are the Alternate. If you don't have an Alternate for your position, now might be a good time to re-double your efforts to get one.
- On May 21st, the Area Officers and the Intergroup Trustees held their 2016 Joint Unity

Day of Sharing with the theme of memories of the beginnings of Intergroup and Area 44. We are lucky here in Area 44 that there is a single Intergroup and that we work closely with one another. That was evident on May 21st when over 90 attendees heard presentations from Lester G., the Area archivist, on the first AA meetings in New Jersey and sharing from Linda K-K. (Area 44), Ken B. (Intergroup/Area). Ruth Z. (Intergroup) and Carlos O. (Spanish Intergroup). The day concluded with a presentation by John Q., Panel 35 Delegate and U.S. Trustee-At-Large on the people like John S. and Stan B. who helped to establish the service structure in Area 44 and some of John's experiences as Trustee-At-Large on the General Service Board.

This year marks the 60th



History and Archives Committee

UPDATE ON “LONG TIMER” INTERVIEWS

It has been announced this Spring from the podiums across the Area that the Archives committee is looking to interview members in Area 44 with 40+ years of sobriety. Please contact us at archives@nnjaa.org if you have a member in your home group or know of a member who we might interview with 40+ years of sobriety. We are working diligently on the process and have gotten quite a bit of response. Archive committee members have been assigned to all those that reached out to do an interview. On-line guidelines are being used by all committee members in interviewing a long-timer (40+ years of sobriety). They have been

written hoping to focus on how the Steps, Traditions and AA in general was worked in the "old-days" rather than the "what it was like, what happened, and what I am like now" that we share as part of our stories.

The format appears on the nnjaa.org website under History and Archives. We start with the example questions and work our way from there allowing the Old Timer to tell us about AA when they got sober. Our mission is to hear about the history of AA from those that lived it.

We had about 15 people reach out so far and at our last committee meeting all interviews were assigned to committee members. Several others have been done that contacted Archives committee members directly.

Thank you,
History & Archives committee



GSR Mid-Winter Luncheon Committee

GSR Mid-Winter Luncheon 2017 Committee Convenes - Monday July 11, 6:30

The time is slowly approaching for our February 2017 GSR Mid-Winter Luncheon. It's a time to honor and recognize all of the hard work the GSR's do and the commitment they have to their home groups.

We're looking forward to having new members join our committee at the first meeting on Monday July 11, 2016 at 6:30pm. We will meet at the Area Office at 2325 Plainfield Avenue in South Plainfield, NJ. We have changed our meeting day and time to the 1st Monday of each month (except when there is a holiday – July and September).

The event order and reservation has

been secured with the necessary deposit (Thank you, Mike S!). Our delegate, Jay E., has chosen special speakers for the luncheon.

We will have a wider range of menu choices to decide on in our committee meeting. More will be revealed – Think: Yummy, Yummy! We are looking forward to a great experience.

Once again, we are anticipating new members to join our committee. Please join us at our July meeting!!

In Love and Service,
Pamela B.
Chairperson, G.S.R. Mid-Winter



Group Name

- Turning Point Group
- Recovery Hall
- Bergenfield Young at Heart
- Stairway to Heaven Group
- Cedar Knolls Women's Group
- Three Legacies Group
- Friday Grapevine Group
- Union Hill Drop In Center
- Union Hill Drop In Center-Fri
- Dover Group Mon-Wed
- Dover Womens Group
- East Brunswick Monday Night
- Tell It Like It Is
- Breakneck Big Book & Big Step
- Cedar Knolls Women's Group
- Holmdel Life Line Group

Town

- Atlantic Highlands, NJ
- Belleville, NJ
- Bergenfield, NJ
- Budd Lake, NJ
- Cedar Knolls, NJ
- Clifton, NJ
- Denville, NJ
- Denville, NJ
- Denville, NJ
- Dover, NJ
- Dover, NJ
- East Brunswick, NJ
- Forked River, NJ
- Highland Lakes, NJ
- Hildale Park, NJ
- Holmdel, NJ

- Kinnelon Do It Yourself
- Tell It Like It Is
- New Lifers
- Little Falls Sunday 11 AM
- No Buts Group
- Lyndhurst Saturday Night
- Drip Dry Group
- Step by Step Group
- Sobriety on Sunday
- Metuchen Monday Night
- Metuchen Sat am Serenity Grp
- Serenity Group Sat AM
- Middletown Morning Meeting
- Sunday Big Book
- Solution On The Shore Group
- New Brunswick Friday Night
- Dawn Patrol
- 12:30PM Women's Group
- New Vernon Women's Group
- Daily Reflections
- District 03 NJ
- District 34 NJ
- District 35 NJ
- Change is Good Group
- Primary Purpose Group
- Sunday Sunrise Serenity
- Daily Reprieve Group
- Pompton Plains Thursday Group
- Mt Fern Group
- Randolph Womens Group

- Kinnelon, NJ
- Lacey, NJ
- Lakewood, NJ
- Little Falls, NJ
- Little Silver, NJ
- Lyndhurst, NJ
- Maplewood, NJ
- Maplewood, NJ
- Matawan, NJ
- Metuchen, NJ
- Metuchen, NJ
- Metuchen, NJ
- Middletown, NJ
- Milburn, NJ
- Neptune, NJ
- New Brunswick, NJ
- New Providence, NJ
- New Vernon, NJ
- New Vernon, NJ
- Newark, NJ
- Oakland, NJ
- Pattensburg, NJ
- Pompton Lakes, NJ
- Pompton Plains, NJ
- Pompton Plains, NJ
- Randolph, NJ
- Randolph, NJ

- Upper Ridgewood Women' Group
- Sky's the Limit
- Union Hill Drop In Center
- Rocky Hill Group
- Roseland Saturday 12-Steps Group
- Seven A. Embers
- Sunday Keep It Simple
- South Orange Step Group
- South Orange Village Group
- Recovery Lifeline
- Homer Group
- Sunrise Group
- Sunday Morning Early Risers
- Live and Let Live Group
- Hill Street Blues
- Monday 12:15 Closed Discussion
- No Psycho-Babble Group Sunday 11 AM
- Verona Tuesday Night Group
- Pleasant Valley Group
- Waldwick Fellowship Group
- Walnut Valley Group
- Wantage Sat Night BB
- Journey to Recovery
- Pleasant Valley Group
- Sunday Night Step 7PM
- Westwood Mon-Tues 12:15PM
- Westwood Morning After
- Wyckoff Positive Thinkers

- Ridgewood, NJ
- Ringwood, NJ
- Rockaway, NJ
- Rocky Hill, NJ
- Roseland, NJ
- Saddle River, NJ
- Somerville, NJ
- South Orange, NJ
- South Orange, NJ
- Summit, NJ
- Toms River, NJ
- Toms River, NJ
- Union City, NJ
- Upper Montclair, NJ
- Verona, NJ
- Verona, NJ
- Verona, NJ
- Verona, NJ
- W. Orange NJ
- Waldwick, NJ
- Walut Valley
- Wantage, NJ
- Waretown, NJ
- West Orange, NJ
- West Orange, NJ
- Westwood, NJ
- Westwood, NJ
- Wyckoff, NJ

This is the list of jail box contributions from Winter 2015

Group Name

- Attitude of Gratitude
- Bergenfield Young at Heart
- Cedar Knolls Women's Group
- Change is Good Discussion Group
- Daily Reflections
- Daily Reprieve Group
- Dawn Patrol
- Down to Earth Group
- Downtown Serenity Group Beginners Mtg
- Edison Inn Group
- Friday Afternoon
- Friday Grapevine Group
- Hill Street Blues
- Homer Group
- Landmark Group
- Live and Let Live Group
- Maplewood Group

Town

- Highland Park, NJ
- Bergnefield, NJ
- Cedar Knolls, NJ
- Oakland,NJ
- Newark, NJ
- Pompton Plains, NJ
- New Providence, NJ
- Montclair, NJ
- Vernon, NJ
- Edison NJ 08820
- Bridgewater NJ
- Denville, NJ
- Verona, NJ
- Toms River, NJ
- Lakehurst, NJ
- Montclair, NJ
- Maplewood, NJ

- Metuchen Sat Morning Serenity Group
- Middletown Morning Meeting
- Milton Sunday/Thursday Group
- Monday 12:15 Closed Discussion
- Monday Noon
- Montclair Literature Topic Group (Gay)
- On A Different Footing
- Pleasant Valley Group
- Point Pleasant Mon thru Thurs
- Pompton Plains Women's Step Meeting
- Randolph Meetings
- River Runs Dy
- Roseland Saturday 12-Steps Group
- Rumson Sunday Night
- Ryers Lane Group
- Saturday Night Live
- Serenity Porch
- Serenity Seekers Group

- Metuchen, NJ
- Middletown, NJ
- Milton, NJ
- Verona, NJ
- Westfield, NJ
- Montclair, NJ
- Haledon, NJ
- West Orange, NJ
- Point Pleasant, NJ
- Pompton Plains, NJ
- Randolph, NJ
- Bayville, NJ
- Roseland, NJ
- Rumson NJ
- Matawan NJ
- Clark, NJ
- Rockaway, NJ
- North Haledon, NJ

- Seven A. Embers
- Sick as Your Secrets
- Sky's the Limit
- Step by Step
- Sunday 11AM Verona
- Sunday Down to Earth Group
- Sunday Milburn BB
- Sunrise Group
- The Recovery Lifeline
- Three Legacies Group
- Union Hill Drop In Center
- Upper Ridgewood Women's Group
- Verona Tuesday Night Group
- West Orange Group Monday
- Wyckoff Positive Thinkers

- Saddle River, NJ
- Boonton, NJ
- Ringwood, NJ
- Maplewood, NJ
- Verona, NJ
- NJ
- Milburn, NJ
- Toms River, NJ
- Summit, NJ
- Clifton, NJ
- Rockaway, NJ
- Ridgewood, NJ
- Verona, NJ
- West Orange, NJ
- Wyckoff, NJ

Area Chair Continued from page 3

Anniversary of the Area 44 Convention. Every year, our Convention Committee holds an excellent Convention with workshops, Big Book sessions,

an alkathon, awesome speakers, a play by the Grapevine committee and one by the Area Officers and Intergroup Trustees (Joint Unity play),

and a Saturday Night banquet with a featured speaker. If you've never attended, you've been missing one of the special events hosted by the Area and

we hope to see you this year. Yours truly in A.A. love and service,
Jeff B.
Area 44 Chairperson

Area Literature Committee



We all rely on the literature published by GSO as a guide book to sobriety. The question is: how should each of us obtain these books that we dearly love. The answer to that question is: through the Area 44 Literature Committee from both an economic stand point as well as supporting the Committee's 12th Step Work.

Purchasing Literature through the Area 44 Literature Committee is the least expensive method of obtaining these publications. The Area 44 Literature Committee can obtain any item in the GSO catalogue. The Committee sells these items at the same price set by GSO. A Big Book through the Literature Committee costs \$9.50 without a shipping charge or additional taxes. GSO sells the Big Book for \$9.50 PLUS shipping (in the neighborhood of 15-20% of the total order). GSO charges these high shipping rates to encourage members to buy their literature through their local Central/Intergroup, Area, or District Office. Commercial vendors charge MORE for AA literature. The list prices for the Big Book from several online vendors are as follows: Amazon (\$13.95), Barnes & Noble (\$20.01), and Hazelton (\$13.95) plus shipping, handling, and taxes. Hence it makes economic sense to purchase literature through Area 44.

Each AA member is obligated to help their fellow alcoholic as stated in the Responsibility Pledge:

I am Responsible.
When Anyone, Anywhere
Reaches Out For Help,
I Want The Hand Of A.A.
Always To Be There.
And For That,
I Am Responsible !

- By purchasing literature

through Area 44, you are actually supporting 12th Step work. The Literature Committee purchases books and pamphlets from GSO in very large quantities. As a result, we receive a small wholesale discount and we are not charged for shipping. The committee then sells the literature to members at the same price as GSO. This small difference, or margin, allows the Literature Committee to supply free pamphlets and books to other Area Committees (CPC, PI, and Treatment) without charge to that committee. Every dollar of this margin goes directly to 12-Step Work. It does not support Area 44 as a whole.

There are several ways to purchase Literature through Area 44, either through

- on-line pre-ordering
- at several locations of other Area 44 meetings
- at Area 44 events
- through your District Literature Representative

On-line pre-ordering is fairly easy to do for both English and Spanish literature

- Pre-ordering on-line directions:
- Go to the Area 44 home page (<http://www.nnjaa.org/>)
- Click on "Service Committees" in the top menu
- On the next screen, click "Literature Committee"
- On the next screen, click "Online Literature Order Form"
- This will bring you to "order" forms (technically pre-order forms) for both pamphlets and books.
- Fill out the form (site automatically does the arithmetic) and then click "Next"
- Then email the form to the Literature Committee by clicking "Submit"

You can purchase literature through-out New Jersey at the following locations or individuals:

- At the Area office in S. Plainfield
- Literature Committee meeting (3rd Monday from 6:30 to 7:30

pm-every month)

- Area Committee meeting (2nd Sunday from 9:30 to 10:00 am- every odd number month)
- Officers and Standing Committees meeting (1st Tuesday of the month at 7:00pm)
- Bookers Exchange in Cranford, NJ (2nd Sunday at 6:00 am-every 3rd month starting with March)
- Intergroup Delegates meeting in Clark, NJ (1st Thursday 6:30-8:30pm-every month at the Polish Heritage Center)
- Area 44 functions:
 - Area 44 Convention
 - Area 44 Assemblies
- District sponsored events such as DOS, picnics, movie nights, etc. (please note: the Literature Committee needs to be invited to these events. If invited, we WILL come.
- Your individual district Literature Representative

If your District has a Literature Representative, just give them a call and they will obtain the literature you desire for you, your Group, and/or your District. Many committee members have literature in their homes and cars so that you can obtain your request in a minimal amount of time. If your District does not have a Literature Representative, then get one. Until then, email the Literature Committee and they can provide contact information for a Committee member in the vicinity. Committee members will go to extraordinary lengths to supply you, your group, and your District with your Literature needs.

Public Information Committee



**-HELP WANTED
-HELP NEEDED
-HELP PLEASE**

This is the same headline as last edition of This Day for my article from the Public Information Committee. We can use some help. So perhaps it is best to share what we do and what we would like to do. It has been a rewarding experience to go into a school and speak with the students and staff on what AA is all about. They may need to know for themselves, their parents, family members, or friends. Sometimes the best thing that we do is to "plant seeds". There is a chance that at sometime in the future the alcoholic problem that has plagued so many of us will enter into their world. When it does it would be great for them to be able to recall the time when some people from AA can and spoke to them. "Maybe it can help me too" is what my wish is for them to say.

There are more invitations to schools and community health fairs then we can currently fill as a committee. What a shame! We are invited into a community or a school and we do not have enough people to be able to say "yes we will be there, Thank you for inviting us"

We are not living up to the I am Responsible Pledge. People are reaching out their hand for help and we are not always there. Please consider joining our committee. We need both newcomers and old -timers and all in-between. We meet one a month on the second Tuesday at the Area office. You can e-mail me at pi@nnjaa.org or call me at 201-446-7812. Thank you for your time. HELP WANTED-HELP NEEDED-HELP PLEASE

Luke H.
Area 44 PI Chair.

NEW MEETINGS!

(Since the last Meeting book was published)

FLEMINGTON – Mon. & Fri. 10 am C-D(women) Independence Manor, 188 Route 31North, behind BJs

LAKEWOOD – Tues. 7 pm –O-D Leisure Park Assisted Living, 1400 Route 70 East

MIDDLETOWN – Wed. 10 am - O-S-D Knights of Columbus, 12 Highway 36 E.

NEWTON - Mon. & Thurs. 12 Noon O-D & C-D

Newton Covenant Reformed Church, 28 Thompson Street(formerly met at St. Joseph's Parish)

OAK RIDGE - Mon. 10 am C-D(women) HolyFaith Lutheran Church, 104 Paradise Road

OCEAN GROVE – Tues. 8 pm C-BB(gay) Q Spot Community Center, 66 S. Main Street

POINT PLEASANT BEACH - Wed. 6 pm C-D

St. Mary's By the Sea Church, 804 Bay Avenue(formerly met at Italian American Club)

POINT PLEASANT BEACH – Thurs. 9 am C-D

Calvary Church, 708 McLean Avenue (Formerly met in Bay Head)

ROSELLE – Sat. 7 pm O-S C.H.E.E.R.S. Clubhouse, 340 West 1st Avenue

SUMMIT – Mon.-Fri. 12:15 pm; Sun 11:15am

Congregation Beth Hatikvah, 36 Chatham Road(formerly met at Italian American Club)

WESTFIELD – Sat. 12 Noon – O-S-D First

Presbyterian Church, 140 Mountain Avenue(formerly met in Garwood)

WOODBRIIDGE - Fri. 12:15 pm – O-BB Trinity Episcopal Church, 69 Trinity Lane(formerly met in Port Reading)

CANCELLED MEETINGS!

(Since the last Meeting book was published)

ATLANTIC HIGHLANDS – Fri. 8 pm

BRADLEY BEACH - Mon. 7 pm (women)

CLIFTON – Sat. 8 pm

DOVER – Tues. 8 pm

ENGLEWOOD – Sat. 6 pm & 7:15 pm

HOLMDEL – Fri. 8 pm

JERSEY CITY – Sat. 7 pm

LAFAYETTE – Thurs. 8 pm

LITTLE SILVER – Mon. 8 pm

MILLINGTON – Thurs. 8 pm

PERRINEVILLE – Mon. 8 pm

RINGWOOD - Fri. 8 pm

ROCKAWAY – Wed. 12 noon

RUMSON – Fri. 8:30 pm

WALLINGTON- Mon. 8 pm

WARREN - Mon. 7:30 pm (women)

Contributions are much needed, and always welcome! Make checks payable as indicated and always include your Area, District and Group ID number. Please send group and individual contributions to the addresses below:

NNJGS AREA 44
2325 Plainfield Avenue, Suite 2J
South Plainfield, NJ 07080
Payable to "NNJGS Area 44"

NORTHERN NEW JERSEY INTERGROUP
2400 Morris Avenue, Suite 106
Union, NJ 07083-5705
Payable to "Northern NJ Intergroup"

GENERAL SERVICE OFFICE
PO Box 459
Grand Central Station
New York, NY 10163
Payable to "General Service Board"

From your Area Convention Committee



On behalf of the Area 44 convention Committee we would thank you for this time to share with you what our Committee has been doing. We meet on the 3rd Wednesday of the month at the Area Office 2325 Plainfield Ave. Plainfield NJ at 8pm. The Convention committee works throughout the year to bring to our Area the best possible event to highlight all of what Area 44 represents. This service is also to help those who are yet to come to our fellowship by showing that we are not “A GLUM LOT”. We celebrate our sobriety with our coming together each year to renew our ties to this life giving program with our other members in Northern NJ AA.

The 3 day event begins with the icebreaker meeting Friday afternoon and concludes with a Sunday spiritual meeting and sobriety countdown. The weekend includes many activities. Non-stop meetings are brought to you through the Alkathon supported by the

District volunteers. Special topic Workshops are conducted that will interest anyone in attendance, often making it a challenge to decide which ones to attend because “they all sound so good!”. The Friday Night Keynote Speaker and our Friday Night dance are popular highlights as well as an entertaining play presented by the “talented” Grapevine committee. An informative (sometimes “tongue-in-cheek”) service presentation brought to us by the Northern New Jersey Area 44 and Intergroup Officers will also be featured. For those who are coming in support of an AA member there will be Al-anon meetings and an Al-anon speaker. Saturday night is the highlight our Convention with a sit down plated dinner and a guest Speaker followed by a dance with a live band late into the evening.

This year there will be 3 new items added to our program: a guided meditation to start your day, a young timer / old-timers meeting and a young people’s meeting. Throughout the event the History & Archives committee has a treasure trove of our rich history

from the beginning in Alcoholics Anonymous where it all started. You can ask an archivist who would gladly answer any questions about our Area’s part in how we came to be. All of our service committees participate in this weekend and you will see their displays on the 2nd floor and down in front of the main ballroom. Checkout all of these service committee’s and maybe add to your sobriety by “becoming part of”. Coffee and cookies are set out at designated stations throughout the meeting areas and throughout the weekend. The hotel has been recently renovated and the guest rooms have new carpeting, mattresses and a fresh new look throughout the entire hotel. A full menu at the ‘NEW’ Season’s Restaurant offers a sit down meal or quick bite.

Come out and be part of Area 44’s 60th ANNIVERSARY. Join in the fun, make new friends, have a great time and we hope to see you there on SEPTEMBER 23, 24 & 25 2016 at the Doubletree Hotel In Somerset New Jersey.

Yours in Service,

Area 44 Convention Committee

From your Tech Committee

Interested in technology and how it can be used to serve our primary purpose? Join the Computer and Technology Committee!

The computer and technology committee is now meeting every month on the second Monday at the area office in South Plainfield. We are in need of an alternate chair and interested A.A.’s to help our committee serve our primary purpose and find the most effective way technology can be used to carry our message to the still sick and suffering alcoholic. Come on by our meeting or email computer@nnjaa.org for more info. No technology skills required, just ideas!

Area Grapevine Committee



I love the Grapevine Committee! It has been such a privilege to serve as Grapevine Representative for District 4/6. Our goal is to spread the word about our meeting in print to individuals who may not be able to attend meetings regularly due to inaccessibility or physical disabilities, and of course, to get AA members to subscribe to Grapevine and La Vina. As a committee we do that in many ways.

Recently, one of the ways we did that was at our annual Grapefest this May. It was filled with fun, food and an amazing speaker. We were fortunate to have Alvin Z. from the Grapevine Board come out to share his experience, strength and hope with us. We raffled off a few subscriptions to the Grapevine, one of which was donated to Corrections. We also had the opportunity to display all of Grapevine’s literature. The Grapevine is so much more than just the magazine. There are so many amazing books available for purchase like “Language of the Heart”, “Emotional Sobriety”, “Forming True Partnerships”, and “Sober and Out”, to name a few. We would like to thank everyone who came out to make the day a success.

Another way we get the word out about Grapevine and La Vina is of course our play! Serving on this committee has helped me grow in

many ways that enhanced my sobriety. Talk about walking through fears; the Grapevine Play is the way to do it! Practice will begin in June for our Area Convention this September. Hope to see you all there. Our latest Grapevine challenge is “Grow Your Grapevine” to help to continue to carry the message. Home Groups, Districts or Areas can form teams to work together towards completing a variety of Grow your Grapevine activities and record them on an Arbor Card. Some of the activities include: buying a gift subscription, submitting a written or recorded story, and signing up for a daily quote email. The Area with the greatest number of Arbor Cards will be featured in the Grapevine in 2017! It is a great way to support the Grapevine and promote A.A. unity at the same time. You can download your Arbor cards at www.aagrapevine.org or get them from your group or district GVR. Come on Area 44: we need to beat Missouri since they recently won the subscription challenge!

Does your group or district have a GVR? If not come down to the Area Office the first Saturday of each month at 10 AM in South Plainfield where you can get more information and join the best committee around! Please keep in mind the Grapevine Committee is available to participate in Area and District events. We will see you next at the June Assembly!

Yours In Service,

Janeane S. - District 4/6 GVR

Cooperation with the Professional Community (CPC) Committee

Attraction not Promotion

Tradition eleven reads: Our public relations policy is based on attraction rather than promotion; we need always maintain anonymity at the level of press, radio and films.

In addition, the 63rd General Service Conference affirmed that the Internet, social media and all forms of public communication are implicit in the last phrase of the short form of Tradition Eleven which reads “...at the level of press, radio and films.”

In my service in connection with the Public Information Committee and more recently with the Cooperation with the Professional Community Committee, I have often heard that the work that these committees do is an example of promotion rather than attraction and, thus, violates the eleventh tradition.

What do these committees do that appears to violate the eleventh tradition?

Both committees provide information to the public, the CPC committee to professionals in the public, about Alcoholics Anonymous – what we are and what we are not, what we do and what we do not do

and how to get in touch with AA. This is clearly a form of promotion. How can the fellowship have been so wrong these many years to have ignored the advice of the eleventh tradition which calls for attraction rather than promotion?

If this tradition is understood to pertain to personal anonymity rather than corporate anonymity, there is no violation of the tradition. The principle of anonymity requires of me that I do not promote myself. Rather, I attract others to me by living a sober life and behaving as a sober person. That attraction can be a particularly strong attraction among those who knew me when I was active and who now see me when I am sober.

But when it comes to corporate promotion, there is no violation of the tradition. We are, as Bill W. writes: “...a society which said it wished to publicize its principles and its work, but not its individual members.” I can promote AA all I like as long as I do it within the guidelines established for such promotion.

“AA saved my life!” – what is that but promotion?

Bill E.

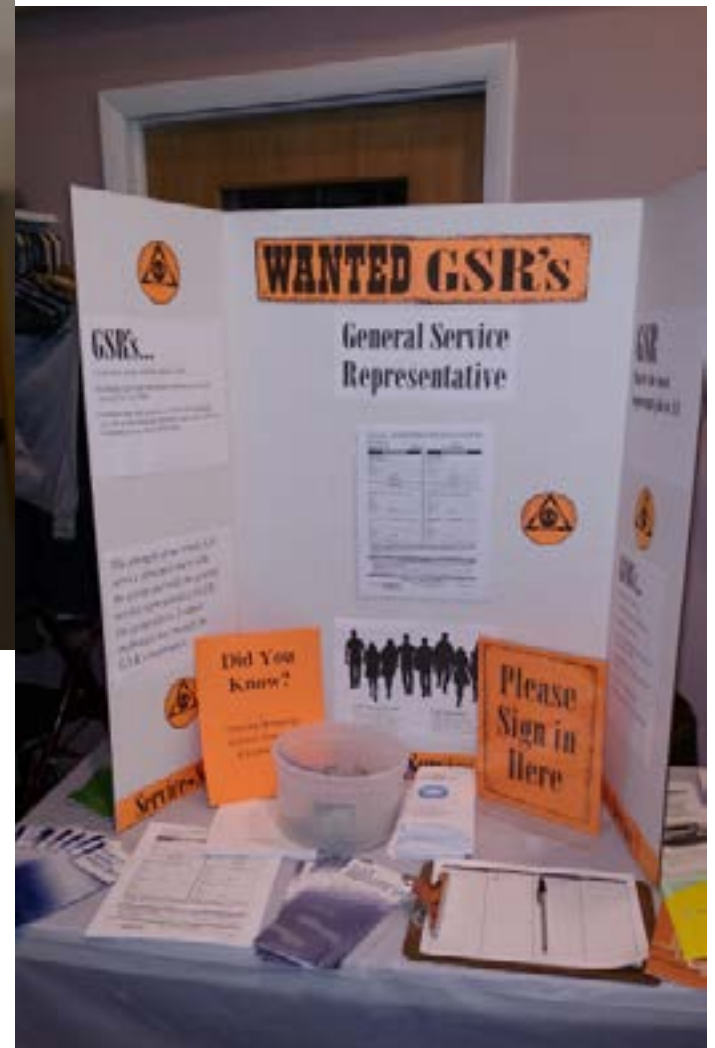
Chair, CPC Committee

JOINT UNITY DAY OF SHARING
“THE BEGINNINGS OF NORTHERN NEW JERSEY INTERGROUP”
MAY 21, 2016

- On April 25, 1939, NJ member Morgan R. of Glen Ridge appeared on a 9:00 PM radio program, “We the People.” He told his story and made a pitch for the newly published Big Book. (Morgan was not allowed to leave the downtown Athletic Club for a few days to ensure that he stayed sober for the program!)
- On May 14, 1939, a Sunday afternoon, the very first meeting of what was to become the New Jersey Group of Alcoholics Anonymous took place in the home of Hank and Kathleen P. in Montclair. Meetings that had been formerly held in Brooklyn were held in NJ for the next 5 or 6 weeks. The meetings began at 4:00 and went most of the night!
- In mid June, 1939, the NJ Group began meeting at the South Orange home of Herb D. At this time, the group had about 15 members.
- On October 22, 1939, the first ever public meeting of Alcoholics Anonymous in NJ was held at the South Orange Community Center. A newcomer with just five months of sobriety, Gordon MacD., along with Herb D., arranged the meeting to accommodate the group, which now had between 25 – 30 members. The meeting was held on Sunday evening at 5:30 PM, and the group would become known as the “mother group” for all of NJ. Later this group would be known as the South Orange Sunday Night Group, which still meets today.
 - On January 1, 1940, the group produced a membership roster (housed in the GSO archives), which was conducted in preparation for the Rockefeller dinner.
 - (The 1940 membership roster was available to be viewed in binder!)
- The group claims an overall success rate of 73%, with 46% getting and staying sober on the first try. A.A. would continue to use the 50-25-25% figures quoted in the Forward to the Second Edition of the Big Book, for many years to come.
- As the membership in NJ grew, many changes occurred. The NJ Group actually became a legal business entity, with its incorporation in 1941. It was then legally known as A.A. of New Jersey, Inc. It was done to allow it to conduct real estate transactions, purchase property, sign leases and contracts, etc. (This is of course prior to the traditions being written!)
- By 1943, there were growing groups in Newark, Bloomfield and Montclair, and in 1944, the Newark/Roseville Group, in association with dozens of A.A. members from local groups, formed a corporation called the Alanon Association, and purchased a building owned by the Roseville Athletic Association. This is the beloved Alanon Club that we have today on 7th Avenue in Newark. This was a vision that was born in the South Orange Group. Some of the members were Ed S., Henry T., Hugh T., Ken R., Ken W. and Jim W., to name a few. Later on, these same AA’s would help found Intergroup and stay involved with service work long into their sobriety.
- Note: A 1944 Grapevine article refers to the issuing of Certificates of Indebtedness to those who funded the purchase of the building. In keeping with our 7th tradition, every one of these debts was bought back, and the certificates are housed in our Area 44 archives.
- Growing A.A. in New Jersey led to the formation of New Jersey Intergroup, which had its first offices at the Alanon Club. The Intergroup Committee of A.A. of New Jersey, Inc., became official at a meeting held in May, 1945, when the Articles of Association were adopted by the delegates representing 16 groups in NJ.
 - (The groups were Bergen County, East Orange, Elizabeth, Jersey City (Hudson County), Kearny, Montclair, Morristown, Orange, Paterson, Red Bank, Plainfield, South Orange, Irvington, Bloomfield, Perth Amboy and Ridgewood.)
- The first Intergroup office was some space set aside on the second floor of the club. It was a small office provided rent free by the club. The only furnishings were a small desk, a few chairs, and a telephone. The secretary of Intergroup became a full time employee, receiving \$35.00 per week.
- In keeping with the tradition that the groups should be self-supporting, Intergroup requested a monthly contribution of 50¢ per member, per month. Even though many groups numbered over 30 members, Intergroup received only \$5 - \$10 monthly from the groups. (Not much has changed!)
- Intergroup originally held meetings twice a month, then switched to a monthly meeting held on the first Monday of each month. New groups in NJ would be asked to join and participate in the monthly meeting. Intergroup was also responsible for booking the speaker commitments for the various institutions, such as Lyons, Greystone, and the Essex County Penal Institute. Intergroup published a booklet listing the different meetings available in NJ, which still looks very much like the original, except, of course, in the number of meetings.
- In April of 1948, the Intergroup Office was moved to bigger quarters at 944 Broad Street in Newark. Future moves of the office included 138 Clinton Street in Newark, Springfield Avenue in Maplewood, and 2325 Plainfield Avenue in South Plainfield. The Intergroup Office is now located at 2400 Morris Ave in Union, and this is where our archives is housed. The History & Archives Committee meets the 2nd Wednesday of the month at that office at 7:00 PM.
- In October, 1948, a pamphlet entitled “Facts About Intergroup” was written, which described the formation of an Intergroup Committee, and sold for 10¢. The draft for this pamphlet was sent to the Alcoholic Foundation in NY, and the response was favorable that this type of system within A.A. was workable. The pamphlet was circulated by the Alcoholic Foundation to different parts of the world, and served as a guide for the formation of other Central Offices and Intergroups.
 - (An actual copy of the pamphlet was on view, as well as the letters to Bill Wilson and the response from Bill Wilson.)
- In July of 1950, A.A. held its first International Convention in Cleveland, Ohio, with 3,000 attendees. In the traditions meeting in the Cleveland Music Hall, Bill was asked to sum up the traditions. Contrary to popular belief, Bill did not recite either the short form or the long form of the traditions. Instead, he paraphrased and summarized a variation of the traditions (which is preserved in the book, Language of the Heart, Page 121). Following the summation, the attendees unanimously approved the traditions by standing vote. Notably missing from what Bill recited were the principles in Tradition 10 of A.A. having no opinion on outside issues and not drawing the A.A. name into public controversy!
- On July 30, 1950, Dr. Bob made a brief appearance for his last talk. Part of his now famous short statement was “There are two or three things that flashed into my mind on which it would be fitting to lay a little emphasis. One is the simplicity of our program. Let’s not louse it all up with Freudian complexes and things that are interesting to the scientific mind but have very little to do with our actual A.A. work. Our Twelve Steps, when simmered down to the last, resolve themselves into the words, love and service.”
- On November 15, 1950, Dr. Robert Holbrook Smith, Co-Founder of A.A., died of cancer at the age of 70 at City Hospital in Akron, OH. He was buried in Mount Peace Cemetery beside his wife Anne. The Rev. Walter Tunks conducted the funeral service. In his 15 years of sobriety, Dr. Bob helped more than 5,000 alcoholics, and never took any fee for his professional services.
- Many do not know this, but Dr. Bob served as a Class B Trustee on the Alcoholic Foundation Board from its inception in 1938 to 1944, and again from 1949 to the time of his death in 1950.
- In the Fall of 1950, Class A Board Trustees Leonard Harrison and Bernard B. Smith resolved a 5 year conflict between Bill W. and the Board on having a Conference structure for A.A. Bernard Smith, who Bill would later call “the architect of the service structure”, chaired a trustee’s committee that recommended that Conferences be held on an experimental basis from 1951 to 1954, and that in 1955 it would be evaluated and a final decision made. The recommendation was approved at the Board’s Fall 1950 meeting.
- From the first General Service Conference in 1951 to when Area 44 structured into districts

Continued on page 7

Joint Day of Sharing May 21, 2016



NNJGS AREA 44

SCHEDULE OF DELEGATE'S 2016 POST-CONFERENCE REPORTS

Thursday, June 9, 2016 @ 7:00 PM
SECTION TWO
United Reformed Church Community Center
302 Orion Ave. (enter on right side door of community center)
Orion, NJ (park in designated lot across street)
Hosted by District 14/23

Saturday, June 11, 2016 @ 11:00 AM
SECTION FIVE
Extension Conference Center Cook College
18 AG Way (off College Farm Rd)
New Brunswick, NJ
Hosted by District 22

Thursday, June 23, 2016 @ 7:00 PM
SECTION ONE
Church of the Good Shepherd
1070 Palisade Ave.
Fort Lee, NJ
Hosted by District 12

Friday, June 24, 2016 @ 7:00 PM
SECTION THREE
Pleasantville Presbyterian Church
471 Pleasant Valley Way
Wood Change, NJ
Hosted by District 34

Saturday, June 25, 2016 @ 9:00 AM
GARDEN STATE YOUNG PEOPLE
NNJGS Area 44 Office
2025 Plainfield Avenue, Suite 2J
South Plainfield, NJ 07080

Sunday, June 26, 2016 @ 2:00 PM
SECTION FOUR
Humboldt Medical Center (Auditorium)
2100 Woodall Dr
Hempstead, NJ
Hosted by Districts 15/21

Sunday, July 17, 2016 @ 10:00 AM
DISTRICT 42 (Spanish-Speaking)
NNJGS Area 44 Office
2025 Plainfield Avenue, Suite 2J
South Plainfield, NJ

Sunday, August 28, 2016 @ 1:00 PM
DISTRICT 30 (Spanish-Speaking)
200 Mulberry Street (Enter on Elm St.)
Newark, NJ



DCMs please copy and distribute to all GSRs. All interested AAs are welcomed!
Questions? Please contact your Delegate, Jay E. at delegate@nnjaz.org.

Continued from page 6
in 1981, there were delegates going to the Conference representing the area, with the first small assemblies held at the Alanon Club in Newark.

Timeline and commentary by:
Lester G.
Area 44 Archivist



Hello,

My name is Bill N. and I am the newly elected Chairman of the Nightwatch Committee. What is Nightwatch? I'm glad you asked.

While our Northern New Jersey Intergroup office is open (M-F 10am-6pm) calls to the phone numbers on the cover of our meeting list {908-687-8566 & 1-800-245-1377} go to the Intergroup office. The Nightwatch Program gives groups the opportunity to be of service in AA by letting Nightwatch volunteer's answer calls made to the Intergroup office while the office is closed. Nightwatch volunteers answer evening and weekend telephone calls from people who want to find an A.A. meeting or who might need Twelfth-Step help. This is a valuable service as not only does it help the sick and suffering alcoholic calling us, but it also helps the Nightwatch Volunteer stay sober by letting them do service work. That's a double win if you ask me. And what's even better? Nightwatch volunteers can do this right from the comfort of their own home. That's right, when the office is closed calls to the Intergroup office are forwarded right to the phone of the volunteer who agreed to take that shift. Typically, a group volunteers to take the calls for a week. The group members would each cover one or more of the eleven telephone answering "shifts", which are:

- Weeknights from 6:00P.M. until the next morning.
- Saturdays, Sundays and Holidays from:

9:00A.M. to 3:00P.M.

3:00P.M. to 9:00P.M.

9:00P.M. until the next morning.

It is also a good idea to have an extra person as an alternate in case someone can't fill their shift. If your Home Group doesn't have enough people to fill 11 shifts, sometimes groups team up together to do it. Intergroup provides volunteers with a Nightwatch Manual. The manual has Guidelines and Procedures for handling all types of calls along with a list of Twelfth-Step contacts by county and town. The manuals are shared among volunteers. Your Group Coordinator can organize the logistics of who gets the manuals and when. All Manuals must be returned to your Area Coordinator once your one-week commitment is done. The next group will need them. The only training that most members will need involves taking a half hour or so before their shift begins to read the "Guidelines and Procedures" section of the Nightwatch Manual, and ... your experience, strength and hope!

Another way that a group may participate is by providing a list of Twelfth-Step contacts. Periodically, Intergroup mails "12 Step Contact sheets" to the groups. From these 12 Step contact sheets Intergroup makes up a 12 Step Contact List which goes in the Nightwatch Manuals mentioned earlier. The Twelfth-Step contact list is used

by both the Intergroup office staff and by the Nightwatch volunteers to contact A.A. members who are willing to take Twelfth-Step referrals. This may be to simply call a still suffering alcoholic or perhaps to take them to an A.A. meeting. When we get a 12th step call, we will call an AA member (local to the caller) on the 12 step contact list to see if they are willing and able to talk to the caller. If the AA member is willing to talk to the caller, we give the caller's number to the AA member to call them back. The numbers of AA members on the 12 Step contact list are never to be given to a 12 step caller. That is confidential information.

If your Home Group is willing to take a Nightwatch Commitment for a week, please feel free to send me an E-mail at nightwatch@nnjaa.org. Please include the Town and County that your group is located in as well as your name and phone number.

Now I'd like to speak to you about my recovery and service work. But for the grace of God I haven't had a drink since 07/22/91 circa 1:15pm. It was a Miller Genuine Draft out of a can and it was cold. I cannot say enough about how doing service work has helped me stay sober. If you are sober for more than 90 days and you aren't involved in some type of service work, not only are you stealing from AA, but you are also really cheating yourself. You have to give it away to keep it. Service work can take many forms. While there is no shortage of service that can be

done at the home group level, there is much to do beyond the home group as well. I am grateful that my sponsor pushed me into my first service commitment as soon as I hit 90 days. I have been heavily involved in Service work ever since. Doing Service is giving back to AA and it keeps you grounded in AA. If you're not grounded in AA, you are treading in dangerous waters. Service can be helping stack the chairs after a meeting, making coffee, cleaning up the coffee pots, speaking commitments, 12 step calls, taking newcomers to meetings, Booker, GSR, Intergroup Delegate, etc. (ad infinitum). It can also be getting involved in one of the many joint committees. Go to nnjaa.org and click on 'Service Committees', 'Nightwatch', 'Your Intergroup', 'Contact Info' or 'This Day Newsletter' to find out more about service committees. There are many. And yes of course, helping your group with a Nightwatch Commitment is good way to give back as well. Taking a Nightwatch commitment is a great way to get your group involved in service. It is extremely rewarding. It can also help strengthen a group and bring it together. It is recommended that Nightwatch volunteers have a minimum of one year of continuous sobriety.

I hope to work with you and your group in the near future.

Your friend in Recovery,
Bill N. of Clearview Group of
Middletown, NJ

Conceptually Speaking: A.A.'s Bill of Right Relations (Concepts 3, 4 and 5)

What do you know about the Concepts? Ask most members of A.A. that question and their answer is two-fold: not much and I don't really care. The thought process is that I don't have anything to do with "World Service" so I don't need to know anything about them. I'm doing well working the Steps and being part of my Home Group so I'm okay. Leave me alone with those Concepts.

There are several reasons why you should care about the Concepts which Bill W. provided to the Fellowship in the early 60's. In the A.A. pamphlet, A.A.'s Legacy of Service (P-44) Bill writes "... an A.A. service is anything whatever that helps us to reach a fellow sufferer – ranging all the way from the Twelfth step itself to a ten-cent call and a cup of coffee, and to A.A.'s General Service Office for national and international action. The sum total of these services is

our Third Legacy of Service." The Concepts were developed to guide us in this service work in the same way that the Steps were developed to guide our recovery and the Traditions were developed to guide and preserve our Fellowship. I think it's somewhat unfortunate that he called these 12 principles for guiding our service work "The Twelve Concepts for World Service" as there are many elements in the Concepts which apply to our Group, District and Area service as well.

Let me discuss with you 3 Concepts which you can use in your day-to-day A.A. life. I'm referring to Concepts 3, 4 and 5:

- Concept 3 - Right of Decision
- Concept 4 - Right of Participation
- Concept 5 - Right of Appeal

Collectively, we might refer to these as A.A.'s "Bill of Right Relations" as they help us to arrive at our Group Conscience at all levels (Group, District, Area and General Service).

At all levels in A.A., we delegate our authority to trusted servants. This, along with the principle of Group Conscience, is why Tradition 2 is very important to our service work. In our Groups, we delegate the Home Group's conscience to our GSR (General Service Representative or RSG (Representante de Servicios Generales) for our Spanish groups).

Let's look at an example which will illustrate Concept 3. When an item from the Area is sent to the Groups for their input like the recent recommendation to Fully Fund the Delegate to attend the General Service Conference (GSC), the GSR or RSG discusses

this item at a Group Conscience or Business Meeting to obtain the Group's conscience. They bring their Home Group's opinion and vote on the matter at their District meeting so that the DCM (District Committee Member) can bring the overall Group Conscience of the District to the Area Committee Meeting (ACM). At the ACM, a vote will be taken on a recommendation like this and your DCM, as your Home Group's representative, will be asked to vote after a report of how your District viewed the recommendation and a discussion. Your DCM may hear something during that discussion which will change their mind about how to vote which might be different than the Group conscience of your District. Concept 3, the Right of Decision, provides the principle for allowing your DCM to make their decision based on the information that they have at the time the vote

Continued on page 9



SPEAK OUT! *This Day* Newsletter provides this forum for individual AA's viewpoints and opinions. The opinions expressed here are individual opinions only and not necessarily the opinions of *This Day*, Area 44, North Jersey Intergroup, or AA as a whole. We welcome your comments, opinions or viewpoints on anything found in this newsletter. — *The Editor*

My life almost came to a screeching halt on September 26, 2004. My alcoholism had consumed my every thought and every decision in life. It affected my work life, my home life and most of all my self-worth. On this morning my ten year old daughter had asked me if I could not drink today. It was that simple (or so I thought). I decided to plot out my day in the hopes of proving her wrong that I was not an alcoholic. Boy, was I in for a ride for my life that night. I decided I would drink certain alcohol, eat plenty of food and pace myself, all the typical things alcoholics do to justify our actions. My higher power laughed at me and started my journey to recovery that evening by placing me behind bars, charging me with my

Continued from page 8 is taken. Your DCM, when voting in this context, does not represent your District but is voting based on what's best for the Area. This same Concept 3 Right of Decision applies to the Delegate when they vote at the General Service Conference based on the Group Conscience of our Area formed at the Mini-Conference. In these situations, our Trusted servants have the responsibility to report back to the District and the Area on their rationale for voting in a particular way, especially if it is different than the Group conscience that they have been asked to represent.

Concept 4, the Right of Participation, states that we must "allow a voting representation in reasonable proportion to the responsibility that each must discharge." If the DCMs attending the ACM could only report back the Group conscience from their Districts and did not have a vote on these matters, then they would not have a representation in proportion to their responsibility as the representative of the Group in their Districts. At an ACM, our past Delegates have a voice but not a vote. Our past Delegates have a great deal of experience and can help guide us in situations where the ACM might be making a mistake like deciding an item at the

first DUI, providing me with the humility of child endangerment charges and placing DYFS in my life. Well, needless to say, my first meeting was three days later and who would have thought that I would be an active member in Alcoholics Anonymous many 24's later.

My service work started off within the home group as a coffee maker, secretary and chairperson. Eventually I worked my way into the district level as a GSR. While working on myself and my serenity, and keeping my humility in check, I was slowly evolving into a mature, sober woman. I am not one who likes to change too quickly, but Alcoholics Anonymous has taught me that this change is about progress and not perfection. All my life I always thought everything I did in life had to be perfect because I didn't want to upset my mother. I also thought I would go to hell if I didn't follow the Catholic religion like my father had expected of me. Over the last 2 years my service positions have changed rather rapidly to where I was a GSR one minute to the DCM for my district the next. Little did I know that my higher power was preparing me for what was next to come in my journey to life. Several years ago I was

ACM which would be better sent back to the Groups for their input. However, as they do not represent a District or a Committee or the Officers, they cannot vote on recommendations. In an example a little closer to home, who can vote in your Home Group? Typically, only members can vote at a Business Meeting. If the group is trying to decide an item and there is divided opinion on the matter, we do not allow one side to bring in a group of people who are not members of the Home Group to vote on the matter. These new individuals do not have a representation in the Group and therefore should not have a vote. Each Home group member, though, would have one vote and all members would be treated as equals.

Perhaps the most important of these three Concepts, is Concept 5, the Right of Appeal. This Concept ensures that we take the time to make sure that the recommendations that we are deciding have had all the necessary opinions expressed. After we take a vote, we ask for minority opinion. This is done at all levels from your Home Group to the District to the Area and all the way to the General Service Conference. We ask anyone on the non-prevailing side if they would like to express why they think and why, in their opinion,

trying for a promotion that I was not entirely ready for, but failed to see why. Only through working on myself by doing the steps and traditions have I been able to understand that God was doing for me what I could not do for myself at that time. I see now that it is progress and not perfection and that I have the ability to believe in myself and not what others want me to believe. This past year I have been promoted to a position at work that I never would have even considered.

I now trust my higher power and have faith in him, but that was only possible by working all three sides of the triangle of Alcoholics Anonymous. Even though I have a rough road in life to travel, I know AA has given me my life back – I am in control of my decisions and alcohol does not control me anymore.

Irene H.
District 23 DCM

It's not easy "Being Green"

One of the ways the twelve steps works for me is by forcing me to remember the despair of my active alcoholism. The promises tell me that "I will not regret the past, nor

those on the prevailing side were wrong. After hearing minority opinion, we ask if someone on the prevailing side wants to make a motion to reconsider the previous vote. I've seen issues which were decided with substantial unanimity (a 2/3 vote which is most commonly used at the District, Area and General Service levels) reversed on minority opinion and after reconsideration. We want to take the time to make ensure that we get it right.

These and the other 9 Concepts are vital guides for service work in A.A. You might be all right if you "Don't drink and go to meetings" but you need to give back to this program which saved your life through some service either in the Home Group or beyond. Keep in mind that A.A. belongs to us and it is our responsibility to keep this program alive. If you want to learn more about these principles, you can find the full essays on these Concepts in the Twelve Concepts for World Service by Bill W. which is the second half of the A.A. Service Manual (BM-31). The pamphlet, the Twelve Concepts Illustrated (P-8) is also worth taking a look at.

Jeff B.
Friday Night Bound Brook

wish to shut the door on it". This is a relatively new concept for me, as every other treatment for addiction and alcoholism I had been involved in taught me that I should put the past behind me. AA teaches me to remember. The steps ask me to trust God, clean house, and help others, and in so doing, I can't help but be reminded of my own misery.

I'm told I must remain teachable and that as long as I feel like a beginner, I won't develop the attitude of "cured". Along with all the steps and speaker and discussion meetings, I try to attend at least one beginner's meeting each week. It's there that I am most reminded of what I was like just a few short years ago, and it's there that I am most in awe of the miracles of sobriety.

It's in the beginner's meetings, the detox units, and the jail commitments, that I hear myself speak with amazement of the gifts which this program has bestowed upon me, and how easily I forget the past. It's there that I hear talk of lost families, lost careers, lost fortunes and mental emotional and spiritual bankruptcy.

It was at a recent detox meeting, attended by about 25 "clients" that I was reminded of how all of my problems with people, relationships, jobs, bosses, lawyers, land lords, dept. of motor vehicles, etc., became more important than my biggest problem: I could not stop drinking!

None spoke of the inability to stop drinking and drugging, or of the physical discomfort of the detoxification process. And when asked how they wound up in the detox, the answers were reminiscent of my own at that time. I felt that if you had all the problems I had you'd be drunk too! Much the way it is stated in our literature, a serious bender was "only a good man's fault". I was sure I knew how to live but no one would listen so I drank at them. It was the "I'll show you, I'll kill me" stuff that got me I in trouble. Even my blessed grandmother, upon being advised of my arrival in AA, and searching for some denial which would protect the family honor, said that I wasn't an alcoholic, "His problem's not drinking, it's the women he gets involved with".

There are times however when I'm "off the beam". Those are times when all of my "high Class problems" take precedence over the main problem, that I have a disease, a disease that wants me to forget I have it! A disease that wants me dead, but will settle for misery! Left to my own devices and to my own thinking, I would be

Continued on page 10

Convention Contact Information
(908) 731-1714 or convention@nnj.org

Interpreters for the
Hearing Impaired will be available

NORTHERN NEW JERSEY GENERAL SERVICE

60th Annual Area 44 Convention



September 23, 24, & 25th 2016

After Five/After 5

Friday – Young/Presidents Speaker Meeting • Friday Night DJ Dance
Saturday Night Banquet • Live Band Saturday Night • Guided Meditation Meeting
All others • Young/Younger Old/Young Meeting

THE DELILIBRIE HOTEL
280 WILMINGTON DRIVE, SCARFORD, NJ 08857

Frequently Asked Questions:

- Q: Will there be a service during the optional anniversary luncheon opportunity available?
- A: Absolutely! There are many types of volunteer opportunities throughout the weekend and all welcome all to participate! If you're interested in volunteering, contact us at convention@nnj.org.
- Q: Why have we moved here?
- A: Yes, you can see your annual dues to register ONLINE at www.nnj.org and pay to the hotel rooms and Convention expenses. There is an additional amount for the registration. To avoid double fees, please be sure you register from the website. If you attend your sessions through the registration fee that is the best way to register.
- Q: Why attend registration?
- A: Yes, please bring your dues to the registration desk at the hotel. We'll be happy to take your dues and issue a receipt for you.
- Q: Is the Saturday banquet included in the annual dues?
- A: The Saturday banquet is included in the price of the Annual Dues. \$1,200.
- Q: Will there be a gift with you friends at the Saturday banquet? Is that possible?
- A: Yes, just list their names on the last page of this form, and we will be happy to accommodate.
- Q: I don't want to attend the Convention but I'd like to attend just the sessions. Can I register for the Saturday night dinner or Saturday night?
- A: No, but the Saturday night dinner is included in the price of your registration. However, you MUST indicate your intention to attend the sessions by providing your name on the registration form and making sure to include the correct amount for the Saturday banquet in the dues form.
- Q: Will I be contacted about my future room reservation?
- A: Yes, we will contact you about your room reservation. Please call 908-731-1714.
- Q: What if I have questions?
- A: If you have any questions, it would be best to contact your group or call us at convention@nnj.org or call the Convention office at 908-731-1714.

Hotel Room Reservations:

ROOM RATES:
Single/Double \$125.00* (Per Night)
Triple/Quad \$175.00* (Per Night)
*Plus 15% Occupancy Tax

These special convention room rates will only be available when identifying attendees in order that you can be.

Reservations must be received on or before September 15, 2016 in order to guarantee your stay. Cancellations must be received 10 business days before your scheduled arrival or you will be charged for the room.

BY PHONE: Call the hotel at 908-731-1714 and make a reservation with a credit card. The number you are calling is 908-731-1714. They will confirm the night when you are calling. They will also give you the Convention Handbook. It is important to check out questions please make sure that you understand what you are booking your room.

BY THE INTERNET: Go to www.nnj.org and click on the "Registration" link. When you book online, you will be able to see how your room package includes the Convention Handbook, Convention Handbook, and the Convention Handbook. You will be able to see the Convention Handbook. You will be able to see the Convention Handbook.

BY FAX: Send us your reservation request form and we will be happy to make your reservation. Please call 908-731-1714 for more information. The Convention Handbook is available at www.nnj.org. If you have any questions, please contact us at 908-731-1714.

All-Ann Invites You!

The members of All-Ann cordially invite you, the relatives and friends of those affected by the family disease of Alzheimer's to All-Ann's participation in the 60th Annual Area 44 General Service Convention at the Delilibrise Hotel.

Please join us in celebrating a special occasion that is truly a happy, warm, and caring event, whether the disease is still lurking or not.

For more information call Sarah Arney at All-Ann Information Service at 908-731-1714.

Group Secretary, Please Read the Following:

If you're interested in serving on the Convention Committee, meeting on the 24th of September at the Delilibrise Hotel, please contact your group secretary or call 908-731-1714.

If you're interested in helping out during the Convention, you may volunteer by adding your name and telephone number to the online registration or contact us at convention@nnj.org. Please contact us for the address of the "Convention Committee" for the Convention at 2016.

908-731-1714
280 WILMINGTON DRIVE
SCARFORD, NJ 08857

Have Any Questions? Call (908) 731-1714

NAME	PHONE	EMAIL
NAME	PHONE	EMAIL
NAME	PHONE	EMAIL
NAME	PHONE	EMAIL
NAME	PHONE	EMAIL
NAME	PHONE	EMAIL

Saturday Banquet Seating Request:

Please complete the following and return to the hotel for your registration.

THE BANQUET IS LIMITED BY THE FIRST-COME FIRST-SERVED.

Saturday Banquet will have you arranged seating based on the date of receipt of your registration form. Tables can accommodate ten people. If you're unable to attend, please contact your group secretary. This will be the only opportunity to make changes to the availability of seats at the time your registration are received. Please contact your group secretary for more information. Your registration will be based on the availability of tables. We will be happy to accommodate as possible.

People purchasing banquet tickets at the convention will be assigned seating at that time, based on the availability of the remaining seats.

Your list should include the following of attendees at your table. Please write the names in **BLACK INK** on **SEATING** form.

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____
- 6. _____
- 7. _____
- 8. _____
- 9. _____
- 10. _____

Area 44 Convention Registration Packages

(*Registration includes the hotel registration fee)

REGISTRATION ONLY

\$14.00 + _____ = \$ _____
Includes: Registration fee only.

REGISTRATION AND LUNCHEON

\$17.00 + _____ = \$ _____
Includes: Registration fee and luncheon.

REGISTRATION AND BANQUET

\$21.00 + _____ = \$ _____
Includes: Registration fee and Saturday banquet.

REGISTRATION AND ALL-ANN

\$21.00 + _____ = \$ _____
Includes: Registration fee and All-Ann luncheon.

REGISTRATION AND ALL-ANN AND BANQUET

\$25.00 + _____ = \$ _____
Includes: Registration fee, All-Ann luncheon, and Saturday banquet.

REGISTRATION AND ALL-ANN AND BANQUET AND LUNCHEON

\$29.00 + _____ = \$ _____
Includes: Registration fee, All-Ann luncheon, Saturday banquet, and Saturday luncheon.

REGISTRATION AND ALL-ANN AND BANQUET AND LUNCHEON AND TRAVEL

\$33.00 + _____ = \$ _____
Includes: Registration fee, All-Ann luncheon, Saturday banquet, Saturday luncheon, and travel.

REGISTRATION AND ALL-ANN AND BANQUET AND LUNCHEON AND TRAVEL AND AIR

\$37.00 + _____ = \$ _____
Includes: Registration fee, All-Ann luncheon, Saturday banquet, Saturday luncheon, travel, and airfare.

REGISTRATION AND ALL-ANN AND BANQUET AND LUNCHEON AND TRAVEL AND AIR AND HOTEL

\$41.00 + _____ = \$ _____
Includes: Registration fee, All-Ann luncheon, Saturday banquet, Saturday luncheon, travel, airfare, and hotel.

REGISTRATION AND ALL-ANN AND BANQUET AND LUNCHEON AND TRAVEL AND AIR AND HOTEL AND MEALS

\$45.00 + _____ = \$ _____
Includes: Registration fee, All-Ann luncheon, Saturday banquet, Saturday luncheon, travel, airfare, hotel, and meals.

REGISTRATION AND ALL-ANN AND BANQUET AND LUNCHEON AND TRAVEL AND AIR AND HOTEL AND MEALS AND TRANSPORTATION

\$49.00 + _____ = \$ _____
Includes: Registration fee, All-Ann luncheon, Saturday banquet, Saturday luncheon, travel, airfare, hotel, meals, and transportation.

REGISTRATION AND ALL-ANN AND BANQUET AND LUNCHEON AND TRAVEL AND AIR AND HOTEL AND MEALS AND TRANSPORTATION AND TRAVEL

\$53.00 + _____ = \$ _____
Includes: Registration fee, All-Ann luncheon, Saturday banquet, Saturday luncheon, travel, airfare, hotel, meals, transportation, and travel.

REGISTRATION AND ALL-ANN AND BANQUET AND LUNCHEON AND TRAVEL AND AIR AND HOTEL AND MEALS AND TRANSPORTATION AND TRAVEL AND AIR

\$57.00 + _____ = \$ _____
Includes: Registration fee, All-Ann luncheon, Saturday banquet, Saturday luncheon, travel, airfare, hotel, meals, transportation, and airfare.

REGISTRATION AND ALL-ANN AND BANQUET AND LUNCHEON AND TRAVEL AND AIR AND HOTEL AND MEALS AND TRANSPORTATION AND TRAVEL AND AIR AND HOTEL

\$61.00 + _____ = \$ _____
Includes: Registration fee, All-Ann luncheon, Saturday banquet, Saturday luncheon, travel, airfare, hotel, meals, transportation, and hotel.

REGISTRATION AND ALL-ANN AND BANQUET AND LUNCHEON AND TRAVEL AND AIR AND HOTEL AND MEALS AND TRANSPORTATION AND TRAVEL AND AIR AND HOTEL AND MEALS

\$65.00 + _____ = \$ _____
Includes: Registration fee, All-Ann luncheon, Saturday banquet, Saturday luncheon, travel, airfare, hotel, meals, transportation, and meals.

REGISTRATION AND ALL-ANN AND BANQUET AND LUNCHEON AND TRAVEL AND AIR AND HOTEL AND MEALS AND TRANSPORTATION AND TRAVEL AND AIR AND HOTEL AND MEALS AND TRANSPORTATION

\$69.00 + _____ = \$ _____
Includes: Registration fee, All-Ann luncheon, Saturday banquet, Saturday luncheon, travel, airfare, hotel, meals, transportation, and transportation.

REGISTRATION AND ALL-ANN AND BANQUET AND LUNCHEON AND TRAVEL AND AIR AND HOTEL AND MEALS AND TRANSPORTATION AND TRAVEL AND AIR AND HOTEL AND MEALS AND TRANSPORTATION AND TRAVEL

\$73.00 + _____ = \$ _____
Includes: Registration fee, All-Ann luncheon, Saturday banquet, Saturday luncheon, travel, airfare, hotel, meals, transportation, and travel.

REGISTRATION OF PUBLIC:

1. If you have any questions, please contact the registration desk at the hotel. We will be happy to help you.

2. Make a check or money order payable to: **ANN-44 Convention**

3. Fill out this page of the form and mail to: **ANN-44 Convention**

Please check either by mail or email in the space you would prefer your contribution to go to:

4. Name: _____

5. Address: _____

6. City: _____

7. State: _____

8. Zip: _____

9. Phone: _____

10. Email: _____

11. All-Ann luncheon: Yes No

12. Saturday banquet: Yes No

13. Saturday luncheon: Yes No

14. Travel: Yes No

15. Airfare: Yes No

16. Hotel: Yes No

17. Meals: Yes No

18. Transportation: Yes No

19. Other: _____

20. Signature: _____

21. Date: _____

22. Payment enclosed: Yes No

23. Payment method: _____

24. Payment amount: _____

25. Payment reference: _____

Continued from page 9
drunk. It is only God's grace, and the gift of the twelve steps, which keep me sober today. It's when I am not attending as many meetings as I should, and I think that's OK because I'm so busy with life on life's terms these days, that the "itty bitty shitty committee" kicks in. That is the little group in my mind that convinces me that I'm

different, that I won't "slip", that, of course, is an absurd contention, since every time I go to the detox or jail meeting, I always hear the same thing. I stopped going to meetings. So....so far today, I haven't had a drink, and if I go to a meeting tonight, there's a good chance I'll go to bed sober tonight, and that's the

miracle. If you're a drunk like me, and you don't drink today, you're a miracle, too!
Billy S.
Sahara Sunset

**Find God.
Clean house.
Help Others.**

District Service Meetings

District 1&2 - 2nd Tuesday. 7:30 pm, Sunrise House Cafeteria, 37 Sunset Inn Road, Lafayette

District 3 - 3rd Friday 7:00 pm; Hillcrest Community Center, 1810 Macopin Road, West Milford

District 4&6 - 3rd Thur. 7:30 pm, Upper Ridgewood Community Ch, Hillcrest & Fairmount, Ridgewood

District 5&7 - 2nd Thursday, 7:30 pm, St. Mary's Church corner of High and Legion, Closter

District 8 - 2nd Tues. 7:30 pm, Panther Valley Ecumenical Ch, 1490 Route 517, Allamuchy

District 9 - 3rd Tues. 7:30 pm, Stanhope United Methodist Ch, Rte 183, Netcong

District 10 - 2nd Tues. 7:00 pm, 1st Presbyterian Church, 513 Birch St, (corner of Church & Birch) Boonton

District 11/33 - 4th Wed. 7:00 pm, Clifton Library, 292 Piaget Ave Rm A, Clifton

District 12 - 2nd Thur. 7:00pm, St. Francis of Assisi Parish Center(basement), 114 Mount Vernon St, Ridgefield Park

District 13 - 2nd Tue. 7:30 pm, Wesley Meth. Ch., 225 Washington Ave, Belleville

District 14 - Last Tue. 7:00 pm, St. Nicholas School Cafeteria, 122 Ferry Street, Jersey City

District 15/21 - 3rd Mon. 7:30 pm, Hunterdon Medical Center, Employee Cafeteria, Rt. 31 South, Flemington

District 16 - 3rd Mon. 7:30 pm Hilldale Park Pres. Church, 85 Ridgedale Ave, Cedar Knolls

District 17 - 3rd Fri. 8:00pm, Alanon Assoc., 7th Avenue and 7th Street, Newark

District 18 - 2nd Mon. 7:30 pm, Union Village United Methodist Ch, Mountain Ave. & Hillcrest Rd., Berkeley Heights

District 19 - Last Mon. 7:30 pm, Friendship Hall, New Market Road, Piscataway

District 20 - 1st Tues 7:30 pm, Trinity Episcopal, North & Forest Aves., Cranford

District 22 - 3rd Wed. 7:30 pm, Cook College Extension Center, College Farm Road, New Brunswick

District 23 - 2nd Thur. 7:30 pm, Saints Peter & Paul Orthodox Church, 9 Jefferie Ave, South River

District 24 - 3rd Mon. 8:00 pm, New Monmouth Baptist Church, 4 Cherry Tree Farm Rd, Middletown

District 25 - Last Wed. 7:30 pm, Hope Lutheran Church, 211 Elton-Adelphia Road., Freehold

District 26 - 1st Mon. 7:00 pm, First Presbyterian Church, 255 Harding Road, Red Bank

District 27/29 - 3rd Mon. 7:30 pm, St. Luke's Parish, 1674 Old Freehold Road, Toms River

District 28 - 1st Tue. 7:30 pm, St Margaret's Church, 3rd & Ludlow Avenue, Spring Lake

District 30 - 4th Sunday 12 Noon, 69 Green Street, Newark

District 31 - 2nd Thur. 6:30 pm, Immaculate Heart Of Mary Chapel, 2nd Floor, 77th Street & Broadway, North Bergen

District 32 - 3rd Thur. 7:00 pm, Bayonne Library, 31st St. & Ave. C., Bayonne

District 34 - 3rd Sat. 10:00 am, Our Lady of Sorrows, 217 Prospect St, (Lower Church) South Orange

District 35 - 2nd Tue. 7:30 pm, Good Shepherd Lutheran. Church, North Richard Street and Union Avenue, in Somerville.

District 36 - 3rd Fri. 7:30 pm, St. Luke's Church, 17 Oak Ave & Route 27, Metuchen

District 37 - 3rd Wed. 7:00 pm, First Evangelical Lutheran Church 153 Park St, Montclair

District 38 - 2nd Mon. 7:00 pm, St. Peter's Episcopal Church, 271 Roseland Avenue, Essex Fells

District 39 - 1st Wed. 7:00 pm, Presbyterian Church, 140 Mountain Ave., Westfield

District 40 - 4th Sunday 10:45 am, St. Joseph's Center, 120 Division St., Elizabeth

District 41 - First Thurs 7:00 pm, St. Matthew's Trinity Church, 8th & Washington Sts, Hoboken

District 42 - 2nd Sunday 9:00am, 103 Bayard Street, Suite B-12, New Brunswick

NNJGS Area 44 Office Calendar

JUNE

1 Mailing Committee 6:30 PM
 1 Translation Committee 7:00 PM
 4 Grapevine Committee 10:00 AM
 4 Remote Communities Com. 7:00 PM
 7 Officer's Meeting 7:00 PM
 8 History & Archives Comm. 7:30 PM
 9 Treatment Committee 7:30 PM
 9 Ad-Hoc Concepts/Trad wksh 7:00 PM
 13 Computer Tech Committee 7:30 PM
 14 Public Information Com 7:30 PM
 15 Convention Committee 8:00 PM
 16 Newsletter Committee 7:30 PM
 18 Area Assembly 8:00AM
 19 Garden State Young People 5:00 PM
 20 Literature Sales 6:30 PM
 20 Literature Committee 7:30 PM
 21 CPC Committee 7:00 PM
 23 Website Com@Intergroup 7:30 PM
 23 Policy & Admissions Com. 7:30 PM
 27 Finance Committee 7:30 PM

JULY

5 Alternate Officer's Meeting 7:00 PM
 6 Mailing Committee 6:30PM
 6 Translation Committee 7:00 PM
 9 Grapevine Committee 10:00 AM
 10 Film Committee 9:00 AM
 10 Area Committee Meeting 10:00 AM
 11 Computer Tech Committee 7:30 PM
 11 MidWinter Luncheon Com 7:30 PM
 12 Public Information Com 7:30 PM
 13 History & Archives Comm. 7:30 PM

13 Treatment Committee 7:30 PM
 14 Ad-Hoc Concepts/Trad wksh 7:00 PM
 16 Corrections Committee 10:00 AM
 17 Garden State Young People 5:00 PM
 18 Literature Sales 6:30 PM
 18 Literature Committee 7:30 PM
 19 CPC Committee 7:00 PM
 20 Convention Committee 8:00 PM
 21 Newsletter Committee 7:30 PM
 25 Finance Committee 7:30 PM
 28 Joint Website Committee* 7:30 PM
 28 Policy & Admissions 7:30 PM
 30 GSR/DCM Workshop 8:30AM

AUGUST

1 Remote Communities Com. 7:00 PM
 1 MidWinter Luncheon Com 7:30 PM
 2 Officer's Meeting 7:30 PM
 3 Mailing Committee 7:30 PM
 3 Translation Committee 7:00 PM
 6 Grapevine Committee 10:00AM
 8 Computer Tech Committee 7:30 PM
 9 Public Information Com 7:30 PM
 10 History & Archives Comm. 7:30 PM
 10 Treatment Committee 8:00 PM
 11 Ad-Hoc Concepts/Trad wksh 7:00 PM
 15 Literature Sales 6:30 PM
 15 Literature Committee 7:30 PM
 16 CPC Committee 7:00 PM
 17 Convention Committee 8:00 PM
 18 Newsletter Committee 7:30 PM
 19 This Day Deadline

21 Garden State Young People 5:00 PM
 22 Finance Committee 7:30 PM
 23 Joint Unity 7:30 PM
 25 Joint Website Committee* 7:30 PM
 25 Policy & Admissions 7:30 PM

SEPTEMBER

6 Officer's Meeting 7:30 PM
 7 Mailing Committee 7:30 PM
 7 Translation Committee 7:00 PM
 10 Grapevine Committee 10:00 AM
 11 Film Committee 9:00 AM
 11 Area Committee Meeting 10:00 AM
 12 Computer Tech Committee 7:30 PM
 12 MidWinter Luncheon Com 7:30 PM
 13 Public Information Comm. 7:30 PM
 14 History & Archives Comm. 7:30 PM
 14 Treatment Committee 7:30 PM
 15 Newsletter Committee 7:30 PM
 17 Corrections Committee 10:00 AM
 18 Garden State Young People 5:00 PM
 19 Literature Sales 6:30 PM
 19 Literature Committee 7:30 PM
 20 CPC Committee 7:00 PM
 21 Convention Committee 8:00 PM
 22 Joint Website Committee* 7:30 PM
 22 Policy & Admissions Com. 7:30 PM
 23 NNJAA Area Convention
 24 NNJAA Area Convention
 25 NNJAA Area Convention
 26 Finance Committee 7:30 PM

Intergroup Calendar

JUNE

2 Delegates Meeting, Clark 8:30 PM
 12 Bookers 6:00 AM
 23 Joint Website Committee 7:30 PM

JULY

7 Delegates Meeting, Clark 8:30 PM
 20 Nightwatch Committee 7:30 PM
 22 Joint Website Committee 7:30 PM

AUGUST

4 Delegates Meeting, Clark 8:30 PM
 23 Joint Unity 9:00 AM
 25 Joint Website Committee 7:30 PM

SEPTEMBER

2 Delegates Meeting, Clark 8:30 PM
 11 Bookers 6:00 AM
 21 Nightwatch Committee 7:30 PM
 22 Joint Website Committee 7:30 PM

**NEXT ISSUE DEADLINE AUGUST 19
 NEWSLETTER@NNJAA.ORG**

Statement Of Purpose:

This Day is published quarterly as a joint newsletter for Northern New Jersey General Service Area 44 and the Northern New Jersey Intergroup. *This Day* functions to promote communication between the groups in Northern New Jersey and to provide members with service-related information. *This Day* is also a forum for the diverse opinions of the Area 44 Fellowship through shared experience, strength, and hope in all three of AA's legacies: Unity, Service, and Recovery.

Editorial Policy:

Articles submitted from the Fellowship are encouraged, and should not exceed 800 words. The newsletter committee may edit submissions for grammar, readability, and content. Opinions expressed herein are not to be attributed to AA as a whole, nor does the publication of any article imply an endorsement by either AA General Services or Intergroup. Comments, questions, and articles may be mailed to the attention of the Newsletter Committee at NNJGS Area 44, Suite 2J, 2325 Plainfield Ave., South Plainfield 07080, or emailed to: newsletter@nnjaa.org.



www.nnjaa.org/members
 password:onedayatatime

**NNJGS AREA 44
 June Assembly
 Hosted by District 32**

Saturday, June 18, 2016

**Mount Carmel Church
 (recently renamed to Saint John Paul II Church)
 39 E. 22nd Street Bayonne, NJ 07002**

GSRs . Interested A.A.s . DCMs .

Come join us at our upcoming Assembly to:

- Conduct the Business of the Area
- Attend one of our six Committee Workshops
- Hear a Report from your Delegate

We will be holding a Town Hall to discuss A.A.'s future by exploring items from the General Service Board Feasibility Study including:

**Brainstorming Ideas for:
 Increasing Revenues and
 Reducing Expenses**

Registration & Coffee: 8:00 am – 9:00am
 GSR Orientation: 8:45 am – 9:00am
 Assembly: 9:00am – 2:30pm
 Lunch will be provided

**GSRs – it is your responsibility to attend –
 but every member has a voice & all are welcome!**

www.nnjaa.org

**Try it on your
 Smartphone**

Your Northern New Jersey A.A. Website

HELP WANTED

The Newsletter Committee is always looking for help. You don't have to be a great writer. Report on AA events. Be a "Newsie" and help deliver "This Day" to your area. Or just show up at one of our meetings, your opinion is important too.

An alcoholic is an individual who takes the most simple program -- and works on it until he has reduced it to its most complicated form.

THIS DAY

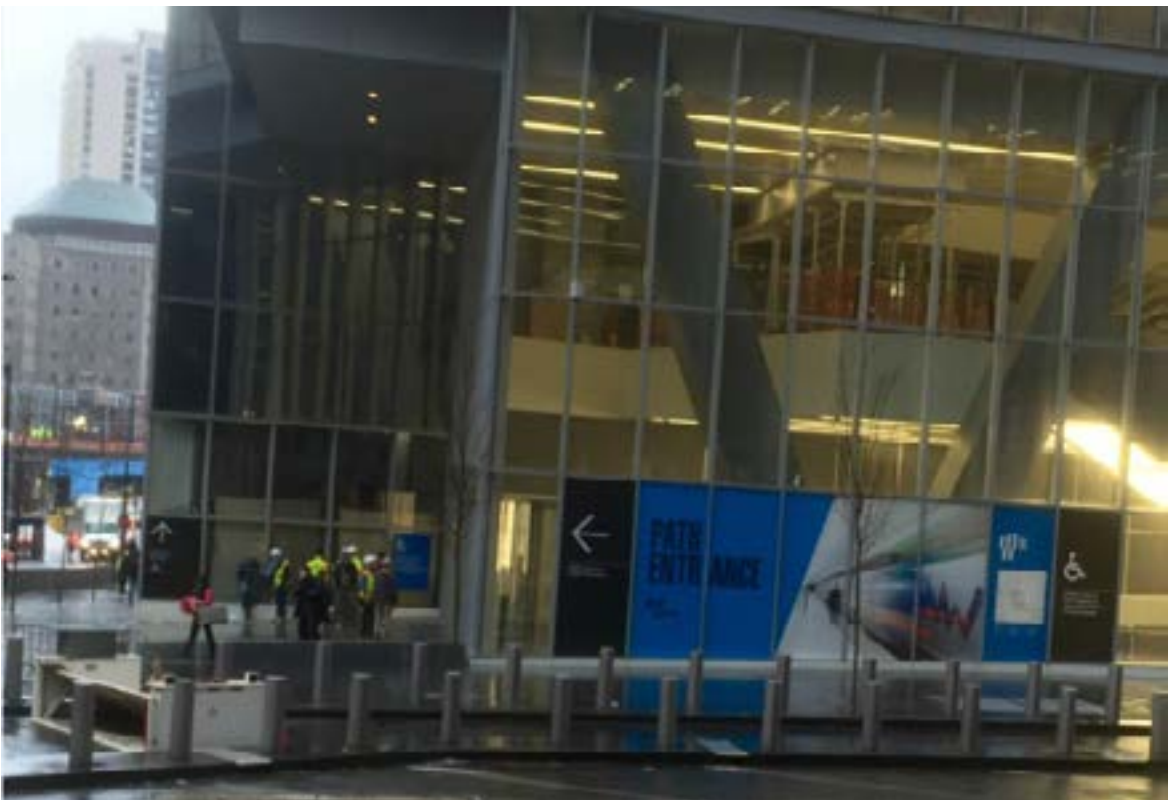
Joint News of NNJGS Area 44
and Northern New Jersey Intergroup
2325 Plainfield Ave., Suite 2J
South Plainfield, NJ 07080

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Summer 2016

Don't Leave Your Sobriety at Home

You wouldn't leave your sobriety at home, why would you leave your "This Day" sitting alone? Take a picture of you and your favorite newsletter when on vacation. Don't forget to hide your face and email to us at newsletter@nnjaa.org. Maybe yours will be in the next edition of "This Day".



So while I may have a demanding and complex job I have not quite yet learned the talent and virtue of remaining awake and mindful. While yes I get centered in early AM prayer & meditation, the mounting vicissitudes of the day drift me gradually but surely from center.

Case in point: each day when I have left the office these past few weeks here at One Liberty, I have done so cursing the extra mile I had to walk each day to get to work and back. This walk has caused me AT LEAST one hour a day

in walking and missed trains, not to mention expending countless ergs 'burning up energy foolishly', but more important - my peace of mind.

In fact, one might say I chose to get upset twice each day, as it was my (seemingly) comforting daily bitch session internally.

Until today.

In a rare present moment I looked up and noticed that the temporary entrance to my train is TEN

FEET from my building and has been open for a solid month.

And so it is in life I think - how many other 'entrances' am I burning energy up foolishly on?

And so it goes.

What a magnificent journey sobriety is when Step Eleven is my bulwark!

John Doe, Happy Destiny Group, Chatham