

THIS DAY

www.nnjaa.org
News & Notes from NNJ General Service Area 44 and Northern New Jersey Intergroup



Hi Everyone, I hope everybody is having a wonderful and sober summer of 2017. As the summer winds down groups and districts have been getting together for picnics and Day's of Sharing and showing the newcomers that fun can be had without a drink in hand. Thank God for the men and women in the early days, in Jersey City, who showed me that I can stay sober and play softball. Who knew!

Its hard to believe that we are entering the ninth month of the Area calendar and have accomplished many things. We had a great Assembly this past June in District 14 and our keynote speaker Beau B. gave a great presentation on the future of A.A and how we can carry the message into the future. Thank you to District 14 and all those who attended. It was our best turnout for a June Assembly in a few years.

This has been a year of many recommendations. One of our recommendations that was passed was to hold a Area Service Workshop. One of our Past Delegates, Debbie T. Panel 55, will chair this event in conjunction with our GSR/DCM Workshop committee and our Ad Hoc Committee on Improving Communications We will have more information concerning this workshop in the weeks to come. It will be a don't miss event.

September also brings along our Area Convention. The Convention will be held September 22-24, 2017 at the Doubletree Hotel in Somerset NJ. This will be the 61st gathering for this event and this year promises to be the best. This is the perfect time to book your room and register for the convention. The convention will consist of workshops, plays, Young-People speaker meeting, Friday night karaoke party, Saturday night banquet, live band Saturday night,

guided meditation, alkathons, old-timer meeting, great speakers and our 3 spiritual speakers on Sunday morning. Get your friends or Home Group together and get a table and enjoy the food, fun and fellowship. Go to www.nnjaa.org/convention to register online.

With all these events going on we can't forget the primary purpose of Area 44 which is to do the vital 12 Step work through our committees and conduct the business that makes this 12 Step work possible. If you think you might be interested in getting involved in one of the 7 Standing Committees or the 14 Special Committees go to our website nnjaa.org and click on Service Committees. Find a committee that might work for you and attend the committee meeting. The Area calendar has the times and days of the week that the committees meet.

Finally, as the Area Chair you get to meet a lot of people throughout the Area and you get more emails then you are used to. What you experience is that many of us love Alcoholics Anonymous and are very passionate about our recoveries. You see that there are many groups that are helping countless amounts of people looking for help for their alcoholism. You sense the unity because of our common welfare and you see the enthusiasm of one drunk helping another. There are also times when you come across someone who feels disconnected who feels their voice or their group's voice isn't being heard. So at our next Assembly on October 21st we will hold a presentation in the afternoon session on Participation - "Is Your Group's Voice Being Heard". We will have two presenters on this topic with an open mic afterwards followed by a guest speaker. The Assembly will be held at Church of Assumption 29 Jefferson Ave in Emerson NJ. We hope to see many of you there.

Grateful to Serve,
Jimmy A. Area Chairperson

Until I started working the Steps of Alcoholics Anonymous, I did not realize how fear ruled my life. It wasn't until I arrived at the 4th Step that I began to see how true this was when I filled out the column on how each resentment affects me. Many of them contained the word "fear". Bill W, points this out on pg. 67 in the Big Book where he talks about how fear so often appears in this column of one's inventory. He states: "This short word somehow touches about every aspect of our lives. It was an evil and corroding thread; the fabric of our existence was shot through with it." I know mine was.

I didn't have to go far into my resentment list to see where much of that fear originated. The first name on my resentment list was my father. My father worked hard to support his family and to put a roof over our heads. Coming from the Depression era, he seemed to largely feel that this was where his obligation ended. He taught me little about how to live life other than to work hard and you'll get ahead. I often felt unprepared for life and that I was a fraud not knowing what to do. He was also very critical about things and I grew up with a fear of saying or doing the wrong thing. He also had a temper and if we did something wrong there was my father's wrath to deal with. On the occasions when my brother and I were bad, we were already frightened enough without my Mother having to add: "Wait until your father comes home".

As children learn what they live, I grew up to be a similar type of person and father although I thought of myself as loving and kind to my children and others. I was always looking for expressions of love from the people around me and, not getting it to my satisfaction, led me to alcohol and drugs. This became more apparent to me when I started looking at my character defects. On page 76 of the 12 and 12, Bill writes:

"The chief activator of our defects has been self-centered fear – primarily fear that we would lose

something or fail to get something we demanded. Living upon a basis of unsatisfied demands, we were in a state of continual disturbance and frustration. Therefore, no peace was to be had unless we could find a means of reducing these demands...."

If the fabric of our lives is shot through with fear, how do we take the necessary steps to remove fear from our lives? In his Grapevine article, This Matter of Fear, from January, 1962, Bill states: "The achievement of freedom from fear is a lifetime undertaking, one that can never be wholly completed." I recently found an old favorite show of mine, Star Trek Voyager, on BBC America and have been binge watching ever since. In one episode, Innocence (Season 2, Episode 22), the show discussed fear. In this episode, Tuvok, the Vulcan, crash lands on a planet and finds a group of children without parents and they are scared.

Tuvok says to them: "Children. You are allowing your fears to guide you. You must learn to exercise control over your imagination." One of the children says: "I can't help it. I'm scared." Tuvok: "I believe that you can help it. Vulcan children learn to detach from their emotions at an early age." Another child asks "How?" Tuvok responds "First, you must focus on the object of your fear. Picture [your fear] clearly in your minds. That image is accompanied by an emotional response. Describe for me what that feeling is like." Various children respond. One says "it makes my stomach all tight". Another states "I feel like I want to run but my feet won't work".

also inside

Area Treasurer's Report.....	2
Standing and Special Committee Reports.....	2-5
District Service Meetings.....	11
Intergroup and Area Calendars.....	11

NEXT ISSUE DEADLINE NOVEMBER 10
NEWSLETTER@NNJAA.ORG

Pass It On ...

Delegate Continued from page 2
Tuvok asks "If you could see this fear in physical form, what would it look like?"

A child responds with "It looks like this big dark cloud with lots of thunder and lightening all around us."

Tuvok tells them to "imagine that a wind is blowing that cloud away. Watch as your fear grows more distant. It is no longer a part of you."

Tuvok concludes with "We strive to control our feelings." If it was only that easy.

Another reason that I like Vulcans is that they are very spiritual and into meditation. I was about 10 years sober before, I began to incorporate meditation and prayer into my daily routine. When I start my day off in this fashion, I feel more at peace, more centered and less fearful. As part of my prayers, I recite both the 3rd Step and 7th Step prayers to remind me to find that "freedom from self-will" and to keep in mind my character defects.

As many of us will not be able to control our emotions and fears the way that a Vulcan can, how can we earthlings proceed? Bill points the way on pg. 68 of the Big Bool. He writes: "Perhaps there is a better way - we think so. For we are now on a different basis; the basis of trusting and relying on God. We trust infinite God rather than our finite selves. We are in the world to play the role that He assigns. Just to the extent

that we do as we think He would have us, and humbly rely on Him, does he enable us to match calamity with serenity." On pgs. 86 and 87, the Big Book essentially provides the instructions by which we can do this upon awakening. Meditate about your day ahead and make your plans. Then check in with God from time-to-time as your day progresses or whenever a situation arises. At night, we take stock of our day with a 10th step inventory to review how the day went, to see if we owe an apology and to see how can do better tomorrow. Living in this fashion can bring us a release from our fears. In This Matter of Fear, Bill writes:

"The practice of AA's Twelve Steps and Twelve Traditions in our personal lives also brought about incredible releases from fear of every description, despite the wide prevalence of formidable personal problems. When fear did persist, we knew it for what it was, and under God's grace we became able to handle it. We began to see each adversity as a God-given opportunity to develop the kind of courage which is born of humility, rather than bravado. Thus we were able to accept ourselves, our circumstances and our fellows".

Today, I no longer live a fear based life. Instead, I choose to live a spiritually based life where I stay as close to my fellow alcoholics and my Higher Power, who I choose to call God, as possible.

Jeff B., South Bound Brook

RUS SERVICE CORPORATION T/A NNJAA AREA 44		
YEAR TO DATE COMPARISON REPORT: 2015 AND 2016		
FOR PERIOD ENDING NOVEMBER 30, 2016		
	2015 - Nov.	2016 - Nov.
MONEY MARKET ACCOUNT (A)		
Balance as of January 1st	\$79,266	\$89,335
Interest Received	\$63	\$66
Transfer (To) / From the Checking Account	\$10,000	\$0
Balance as of November 30th	\$89,329	\$89,401
		(C)
CHECKING ACCOUNT (A)		
Balance as of January 1st	\$49,104	\$34,985
Group, Individual and 7th Tradition Basket Contributions	\$77,813	\$87,565
Other Receipts (Intergroup, Literature & Grapevine Sales, etc.)	\$123,519	\$110,575
Budgeted Expenses (Standing & Special Committees, Officers, Office, etc.)	(\$88,326)	(\$86,040)
Non Budgeted Expenses (Literature, Grapevine, Luncheon, etc.)	(\$122,520)	(\$113,463)
Transfer (To) / From the Money Market Account	(\$10,000)	\$0
Balance as of November 30th	\$29,590	\$33,622
		(C), (D)
Prior 12 Month Avg. Monthly Expenses Times Two. Finance Guidelines state the checking account balance should not exceed this amount.		
	\$36,436	\$35,272
Account Balance Over / (Under) Guideline		
	(\$6,846)	(\$1,650)
PRUDENT RESERVE FUNDS		
Total Cash in Bank (Excluding Convention Account) as of November 30th	\$118,919	\$123,022
Designated Funds (Jailbox Funds, Int'l Hospitality, Excess Funds, etc.)	(\$7,754)	(\$13,868)
Checking Account Guideline (2 Months Average Expenses)	(\$36,436)	(\$35,272)
Prudent Reserve as of November 30th	\$74,729	\$73,882
Prudent Reserve (50% of the prior 12 months Operating Expenses)		
	\$48,580	\$46,394
Account Balance Over / (Under) Guideline		
	\$26,149	\$27,488
FOOTNOTES		
(A) Details of all income and expense items, as well as a comparison of Operating Expenses to the Annual Expense Budget are available from the Treasurer.		
(B) 2016 Expense Budget is \$109,370		
(C) November 30, 2016 Checking and Money Market Balances have been reconciled to the Bank Statements by the Finance Committee.		
(D) November 30, 2016 Designated Funds include: Jailbox--\$4,137.90 Int'l Hospitality Suite--\$2,886.49 and Excess Funds Approved Projects--\$6,844.00.		
SUMMARY OF OFFICIAL APPROVALS / REVIEWS		
<u>Individual / Group</u>	<u>Action</u>	<u>Completed Through</u>
Treasurer	Approved	Dec. 2016
Alternate Treasurer	Approved	Dec. 2016
Finance Committee	Approved	Dec. 2016
Officers	Reviewed	Dec. 2016
Area Committee Members	Approved	Nov. 2016
Area Assembly	Approved	Nov. 2016



Heard it through the Grapevine...

As the days get shorter, and children and their parents think about the beginning of school, autumn leaves, and the harvest season, the Grapevine Players' thoughts turn to the 2017 Area 44 Convention's presentation of It's a Wonderful Life...If You're Sober. Our earnest, talented, and dedicated cast is busy rehearsing and memorizing lines, as well as looking for ugly winter sweaters (just what we need in September!), and we look forward to your attendance at our performances. In addition to being crazy, fun, and generally a hoot, our play is also a workshop. Among all the silliness and humor geared to AA members, you will hear – if you dare – a lot of very interesting and timely information about AA Grapevine and La Viña. Just be sure to listen while

you laugh. Our performances, directed by our author, the intrepid Jeff W., who has a supporting but vital role in the show, will take place on Friday, September 22, at 9:15 pm, and Saturday, September 23, at 4:00 pm, in the Mirabella Room of the Doubletree Hotel: 200 Atrium Drive in Somerset. We look forward to seeing you there!

Please check out the AA Grapevine website, www.aagrapevine.org, for the latest news about AA Grapevine and La Viña. On it you will find all kinds of information about our publications, as well as a calendar with deadlines for articles and photographs. Both magazines are always looking for articles on Steps 4 through 12 and the Traditions. There is also some very interesting information on our 2017 Drive, 4 Seasons of Service with Grapevine and La Viña. We are anticipating a new book about women in sobriety, and we are delighted that The Home Group: Heartbeat of AA is back in print!

The Area 44 Grapevine Committee is quite busy with many commitments, including speaking commitments, appearances at District Days of Sharing and Spiritual Breakfasts, and a special Community/Professional Forum hosted by Districts 24 and 26 and sponsored by the CPC Committee. We also participate in the Corrections Transfer program at the Corrections meeting every other month. Please contact us if you need us at your Days of Sharing or Committee meetings. Remember that AA Grapevine is our "meeting in print" and the voice of the AA membership, so our Committee is at your service. Each District is entitled to two free subscriptions per Day of Sharing per year. Please contact me well before your event if you are interested. And you can pre-order Grapevine books right on our Area website, www.nnjaa.org, and we will arrange to get them to you! Such a deal! Please contact me if you need me to visit your District or home

group to talk about AA Grapevine and La Viña or our Area 44 Grapevine Committee. We are a "fun bunch," and are honored to have within our membership both District Grapevine Representatives and Home Group Grapevine Representatives. Our meetings are generally on the first Saturday of the month, at 10 am at the Area Office in South Plainfield; if there is a holiday, we meet on the second Saturday. We welcome you to our Grapevine Committee! Respectfully submitted, Marybeth H. Your Area 44 Grapevine Chair



Hi, my name is Lindy and I have been involved in corrections service work for almost all of my 33 years in AA. Although my sponsor told (and showed!) me that gratitude is an action word, it was actually a sponsee who got me involved in corrections work by inviting me to go speak at the Middlesex County Jail. At that time it was only necessary to provide your social security number and date of birth a few days in advance in order to go in as a speaker, accompanied by an AA volunteer who had filled out an application and been cleared. I soon decided I wanted to be that person, and so I completed the process and got my badge. It has since been my honor and privilege to take many meetings into that facility, where I had been lucky enough during my drinking days to never spend more than one night. Although when my son was little, he told a friend who called on our meeting night that mommy couldn't come to the phone because she went to jail!

Over the years I evolved into being the coordinator for the women's meeting and the contact person with social services. At the time there was no district corrections chair, and while I was not able to take that on, I did begin to attend the Joint Committee on Corrections at the Area office every other month (they lured me with the promise of free literature for my ladies at the jail!) I went for the books, but found so much more, in terms of being able to share and benefit from our collec-

tive experience all over the area, and participate as liaison to Intergroup. If you are doing a corrections commitment "solo", please consider attending this meeting and getting "plugged in" to the service structure- it is a wonderful source of support (and books!)

After my kids got older, I went through a different application process called universal clearance which is for state institutions. This allows me to take meetings into the women's prison. One of the first things that struck me there, was how many of the women who attended the meetings were there for the unintended consequences of driving under the influence- something I did every day for many years. Talk about gratitude! I am so thankful to be the one bringing the meetings in and not the one who can't leave for many years, although they are now sober and regretting what they've done when drinking.

I highly recommend corrections service as a way of "giving it away to keep it"- nothing compares to hearing someone share how they got the message of recovery while in a correctional facility and knowing you are a part of that! There are even options for people who would rather not go inside, or can't get cleared. You can correspond with an incarcerated alcoholic or sign up to be a contact for someone who is leaving a facility and coming to your neck of the woods. Check it all out on the website- the forms for temporary contact can be filled out and submitted right there. Or come on out to our next Corrections Meeting, 10 a.m. on Sat. Sept. 18th- hope to see you there!



Experience Beyond My Knowledge
Seven years ago my Sponsor and Service Sponsor (All-in-one) asked me if I would be interested in being a part of a committee (at the area level) in which she is involved in and would like my help "WHAT!" Now, she knows my fears of working with diverse groups of people but she still felt this to be a wonderful opportunity for me to face my fears in this area. Of course FEAR gripped me. I thought, "Is she serious! At the AREA LEVEL with the BIG DOGS!!" Yes, she was serious. Needless to say I got out of my head like I was taught and trusted the process. With the support and encouragement of this committee, what a wonderful journey this has been in working with such beautiful, loving, caring and sharing people who taught me what the WE in this program is all about. I have learned that there is no such thing as a bogeyman. So if you have any fears or doubts, step up to the plate and face YOUR fears and come join us... We meet every first Monday of the month at the area office. Again, Fear Knocked At The Door Faith Opened It And Nobody Was There. Laverne L. Chairperson

GSR Mid-Winter Luncheon 2018

Contributions are much needed, and always welcome! Make checks payable as indicated and always include your Area, District and Group ID number. Please send group and individual contributions to the addresses below:

NNJGS AREA 44
2325 Plainfield Avenue, Suite 2J
South Plainfield, NJ 07080
Payable to "NNJGS Area 44"

NORTHERN NEW JERSEY INTERGROUP
2400 Morris Avenue, Suite 106
Union, NJ 07083-5705
Payable to "Northern NJ Intergroup"

GENERAL SERVICE OFFICE
PO Box 459
Grand Central Station
New York, NY 10163
Payable to "General Service Board"



Thanks to all of the groups for all of the contributions sent in from the Pink Can Jail Contributions.

***Celebrating 71 Years!
Our 18th Annual***

Intergroup Gratitude Brunch



Sunday, November 19, 2017

Fellowship Hour 10:30 A.M.

Brunch 11:00 A.M.

Pantagis Renaissance

250 Park Avenue

(off Route 22 East, corner Mountain Ave.)

Scotch Plains, NJ 07076

Speaker: Gail C.

Caldwell Sunday Night Group

Leader: Aaron K.

Metuchen Monday Men's 12 & 12

Tickets: \$30.00 per person

Attendance limited to 300 persons

NO TICKETS SOLD AT DOOR!! CUTOFF DATE MONDAY, NOV.13

We will reserve prepaid tables of 10 - checks payable to "Intergroup."

Tickets available at the Intergroup Delegates Meeting or at the Intergroup Office,
2400 Morris Ave., Suite 106, Union, NJ. 07083 Tel. 908-687-8566 or 800-245-1377

NO TICKETS SOLD AFTER MONDAY, NOVEMBER 13, 2017!

Treatment Committee



I have been to 10 Area 44 conventions in my 14 years of sobriety. I have been involved in different capacities over the years. I have participated as a standing committee member, standing committee chair and regular AA member. All have been rewarding but my first convention stands out the most. As a member of the Public Information (PI) Committee I volunteered to "man" the table in the lobby outside the main room. I was able to meet many new people passing by and the smokers who go right outside the doors adjacent to the table. It was the first time I did something like this alone and I was a little nervous. I shared my with interested convention attendees stopping at the table that PI members speak to potential alcoholics and non AAs to let them know what AA is and is not. I spoke about the commitments I had gone on at high schools and health fairs. I engaged in conversations about sobriety and life in general. I asked people about their experiences and I did not hard sell PI and let the conversation happen naturally. As a result I became more comfortable being in my own skin. I felt that I was one among many and was an equal among my peers. I did not feel scared or intimidated about what will I say next or I hope I am

making sense. I remember going to the grapevine play and various meetings hosted by districts at all hours of the night. I went to the banquet and sat at the table with a few friends. We joked about the rubber chicken served for dinner and how we still had a drinking problem but with soda now. I heard a magnificent speaker from another part of the country. I then danced sober, not worried about who was watching me. I will never forget fast dancing with my sponsor and his wife. Years later a few of us still laugh about his water bottle dance as he held it over his head and moved his body somewhat rhythmically.

Each year I have gone back it gets better. I now know and recognize so many people that it feels like a family reunion. I never knew how good these convention experiences and memories were until I moved out of state for a few years. I never realized how much of an impact this one weekend made on my sobriety until I moved back to New Jersey. The connections I have made at Area 44 Conventions throughout the years are invaluable. They have helped guide me and have shaped me into the sober man I am today. Each year I look forward to going back to our Area 44 Convention in September and taking in all it has to offer.

With Gratitude,

Kevin T. Treatment Chair

COME TO THE THANKSGIVING ALKATHON BEGINNING AFTER 7:00 PM WEDNESDAY NOVEMBER 22ND UNTIL MIDNIGHT FRIDAY, NOVEMBER 24TH Meetings, Food and Fellowship. UNION HILL DROP-IN-CENTER 427 FRANKLIN ROAD, DENVER, NJ 07834 Alkathon sponsored by the Twelve A.A. Groups who call the Union Hill Drop-in-Center home.

NIGHTWATCH COORDINATOR NEEDED for Area 4-B



The Nightwatch Committee is looking for a volunteer to fill the position of **Nightwatch Coordinator** for **Area 4-B**, which includes Union County. Our current Coordinator has rotated out and we need to find a replacement quickly.

The job entails finding groups in the aforementioned area to fill a one-week Nightwatch Commitment. You would need to fill 5 or 6 such commitments each year. You would also need to coordinate with the groups and facilitate where necessary.

If you are willing to make a difference doing some important service work or if you just have some questions, please feel free to contact Bill at: nightwatch@njjaa.org.

Thank you for your service. Bill N., Nightwatch Committee



NNJGS OCTOBER ASSEMBLY

GSR's, DCM's and Interested AA's

Hosted by District 5/7

Saturday October 21, 2017

Join us at our upcoming Assembly to

Conduct the Business of the Area and

Attend One of Our Six Committee Workshops

Followed By

GSR Presentations and Guest Speaker

John Q. Panel 35 Delegate & Past U.S. Trustee At Large

“Participation: Is Your Group’s Voice Being Heard?”

AGENDA

8:00am - 8:45am - Registration & Coffee

8:30am - Assembly Orientation

9:00am - 2:30pm - Assembly

Lunch will be provided

The Assembly Will Be At:

Church of Assumption

29 Jefferson Ave

Emerson N.J.

GSP to exit 165A-B toward Oradell onto Oradel Avenue. Turn left onto Forest Avenue (CR-13)
Turn right onto Soldier Hill Road (CR-503). Turn left onto Kinderkamack Road (CR-503)
Turn right onto Jefferson Avenue. Arrive at Jefferson Avenue. Your destination is on the right.

29 Jefferson Avenue, Emerson, NJ. 07630-1229

We are not a glum lot ...
Send us your humorous stories and cartoons.

NEW !



Member (click on logo)
userid: alcoholic
password: onedayatime

District Service Meetings

District 1&2 - 2nd Tuesday. 7:30 pm, Sunrise House Cafeteria, 37 Sunset Inn Road, Lafayette

District 3 - 3rd Friday 7:00 pm; Hillcrest Community Center, 1810 Macopin Road, West Milford

District 4&6 - 3rd Thur. 7:30 pm, Upper Ridgewood Community Ch, Hillcrest & Fairmount, Ridgewood

District 5&7 - 2nd Thursday, 7:30 pm, St. Mary's Church corner of High and Legion, Closter

District 8 - 2nd Tues. 7:30 pm, Panther Valley Ecumenical Ch, 1490 Route 517, Allamuchy

District 9 - 3rd Tues. 7:30 pm, Stanhope United Methodist Ch, Rte 183, Netcong

District 10 - 2nd Tues. 7:00 pm, 1st Presbyterian Church, 513 Birch St, (corner of Church & Birch) Boonton

District 11/33 - 4th Wed. 7:00 pm, Clifton Library, 292 Piaget Ave Rm A, Clifton

District 12 - 2nd Thur. 7:00pm, St. Francis of Assisi Parish Center(basement), 124 Park St, Ridgefield Park

District 13 - 2nd Tue. 7:30 pm, Wesley Meth. Ch., 225 Washington Ave, Belleville

District 14 - Last Tue. 7:00 pm, St. Nicholas School Cafeteria, 122 Ferry Street, Jersey City

District 15/21 - 3rd Mon. 7:30 pm, Hunterdon Medical Center, Employee Cafeteria, Rt. 31 South, Flemington

District 16 - 3rd Mon. 7:30 pm Hilldale Park Pres. Church, 85 Ridgedale Ave, Cedar Knolls

District 17 - 3rd Fri. 8:00pm, Alanon Assoc., 7th Avenue and 7th Street, Newark

District 18 - 2nd Mon. 7:30 pm, Union Village United Methodist Ch, Mountain Ave. & Hillcrest Rd., Berkeley Heights

District 19 - Last Mon. 7:30 pm, Friendship Hall, New Market Road, Piscataway

District 20 - 1st Tues 7:30 pm, Trinity Episcopal, North & Forest Aves., Cranford

District 22 - 3rd Wed. 7:30 pm, Cook College Extension Center, College Farm Road, New Brunswick

District 23 - 2nd Thur. 7:30 pm, Saints Peter & Paul Orthodox Church, 9 Jefferie Ave, South River

District 24 - 3rd Mon. 8:00 pm, New Monmouth Baptist Church, 4 Cherry Tree Farm Rd, Middletown

District 25 - Last Wed. 7:30 pm, Hope Lutheran Church, 211 Elton-Adelphia Road., Freehold

District 26 - 3rd Thur. 7:00 pm, Christ United Meth Church, 300Ridge Rd, Fair Haven

District 27/29 - 3rd Mon. 7:30 pm, St. Luke's Parish, 1674 Old Freehold Road, Toms River

District 28 - 1st Tue. 7:30 pm, St Margaret's Church, 3rd & Ludlow Avenue, Spring Lake

District 30 - 4th Sunday 12 Noon, 69 Green Street, Newark

District 31 - 2nd Thur. 6:30 pm, Immaculate Heart Of Mary Chapel, 2nd Floor, 77th Street & Broadway, North Bergen

District 32 - 3rd Thur. 7:00 pm, Bayonne Library, 31st St. & Ave. C., Bayonne

District 34 - 3rd Sat. 09:30 am, Our Lady of Sorrows, 217 Prospect St, (Lower Church) South Orange

District 35 - 2nd Tue. 7:30 pm, Good Shepherd Lutheran. Church, North Richard Street and Union Avenue, in Somerville.

District 36 - 3rd Fri. 7:30 pm, St. Luke's Church, 17 Oak Ave & Route 27, Metuchen

District 37 - 3rd Wed. 7:00 pm, First Evangelical Lutheran Church 153 Park St, Montclair

District 38 - 2nd Mon. 7:00 pm, St. Peter's Episcopal Church, 271 Roseland Avenue, Essex Fells

District 39 - 1st Wed. 7:00 pm, Presbyterian Church, 140 Mountain Ave., Westfield

District 40 - 4th Sunday 10:45 am, St. Joseph's Center, 120 Division St., Elizabeth

District 41 - First Thurs 7:00 pm, St. Matthew's Trinity Church, 8th & Washington Sts, Hoboken

District 42 - 2nd Sunday 9:00am, 103 Bayard Street, Suite B-12, New Brunswick

NNJGS Area 44 Office Calendar

OCTOBER

2	Mid-Winter Luncheon	7:00 PM
3	Officer's Meeting	7:00 PM
4	Mailing Committee	7:30 PM
4	Translation Committee	7:00 PM
7	Grapevine Committee	10:00 AM
9	Computer Tech Com	7:30 AM
10	Public Information Com	7:30 PM
11	Treatment Committee	8:00 PM
11	History & Archives Comm.	7:30 PM
16	Literature Sales	6:30 PM
16	Literature Committee	7:30 PM
17	CPC Committee	7:00 PM
18	Convention Committee	8:00 PM
19	Newsletter Committee	5:00 PM
21	Area Assembly	8:00AM
23	Remote Communities	7:30 PM
24	Finance Committee	7:30 PM
25	Ad Hoc Communications	7:00 PM
26	P&A Committee	7:30 PM
26	Website Comm@ Interg	7:30 PM

NOVEMBER

1	Mailing Committee Meeting	6:30 PM
1	Translation Committee	7:00 PM
4	Grapevine Committee	10:00 AM
6	Mid-Winter Luncheon	7:00 PM
7	Officer's Meeting	7:00 PM
8	History & Archives @Interg	7:00 PM
8	Treatment Facilities Comm	7:30 PM
10	This Day Deadline	9:00PM

12	Films Committee	9:00 AM
12	Area Com Meeting	10:00 AM
13	Computer Tech Comm	7:30 PM
14	Public Information Com	7:30 PM
15	Convention Committee	8:00 PM
16	Newsletter Committee	5:00PM
16	Website Committee @ Area	7:30 PM
18	Committee on Corrections	10:00 AM
20	Literature Sales	6:30 PM
20	Literature Committee	7:30 PM
21	CPC Committee	7:00 PM
22	Ad Hoc Communications	7:00 PM
23	THANKSGIVING	
27	Remote Communities Mtg	7:30 PM
27	Finance Committee	7:00 PM
28	Joint Unity Meeting	7:30 PM

DECEMBER

1	Work Weekend	6:00 PM
2	Work Weekend	8:00AM
3	Work Weekend	9:00AM
4	Mid-Winter Luncheon	7:00 PM
5	Officer's Meeting	7:00 PM
6	Mailing Committee	6:30 PM
6	Translation Committee	7:00 PM
9	Grapevine Committee	10:00 AM
11	Computer Tech Comm	7:30 PM
12	Public Information Comm	7:30 PM
13	History & Archives @Interg	7:00 PM
13	Treatment Committee	7:30 PM
18	Literature Sales	6:30 PM

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19	CPC Committee	7:00 PM
20	Convention Committee	8:00 PM
21	Newsletter Committee	5:00 PM
27	Ad Hoc Communications	7:00 PM
27	Finance Committee	7:00 PM
28	P&A Committee	7:30 PM
28	Website Comm@ Interg	7:30 PM

JANUARY

2	Officers Meeting	7:00 PM
3	Translation Committee	7:00 PM
3	Mailing Committee	6:30 PM
6	Grapevine Committee	10:00 AM
7	Films Committee	9:00 AM
8	Mid-Winter Luncheon	7:00 PM
8	Computer Tech Comm	7:30 PM
9	Public Information Comm	7:30 PM
10	History & Archives@Interg	7:00 PM
10	Treatment Committee	7:30 PM
13	Committee on Corrections	10:00 AM
14	Area Committee Meeting	10:00 AM
15	Literature Sales	6:30 PM
15	Literature Committee	7:30 PM
16	CPC Committee	7:00 PM
17	Convention Committee	8:00 PM
18	Newsletter Committee	5:00 PM
20	Area Assembly	8:00AM
22	Remote Communities	7:30 PM
23	Finance Committee	7:00 PM
25	Website Comm @ Area	7:30 PM

Intergroup Calendar

OCTOBER

5	Intergroup Delegates Meeting, Clark	8:30PM
11	Archives Committee	7:00PM
26	Joint Website Committee	7:30PM

NOVEMBER

2	Intergroup Delegates Meeting, Clark	8:30PM
8	Archives Committee	7:00PM
15	Nightwatch Committee	7:00PM
16	Joint Website Committee	7:30PM
19	Internet Gratitude Brunch	10:30AM
28	Joint Unity Meeting Area Office	7:30PM

DECEMBER

7	Intergroup Delegates Meeting, Clark	8:30PM
10	Bookers Exchange, Clark	6:30AM
13	Archives Committee	7:00PM
28	Joint Website Com - Intergroup	7:30PM

"THIS DAY" NEEDS YOU!

HAPPY, JOYOUS AND FREE NEWSLETTER
Seeks Experience Strength And Hope



DATELINE NORTHERN NEW JERSEY - Do you have a story to tell? Have a funny story that would give everyone a chuckle? How about one that always brings a tear to someone's eye? How did you get connected in AA? How did you find a Higher Power? Do you have artistic talent? How do you share your experience, strength and hope?



With the holidays coming a suggested topic is Gratitude.



THE "THIS DAY" NEWSLETTER NEEDS YOUR STORIES!

Inspiring Stories!
Funny Stories! Comics!
ANYTHING AA!
Share your talent with the fellowship!

Please send your articles etc to:
newsletter@nnjaa.org Deadline for the fall issue is:
November 10th

NEXT ISSUE NOVEMBER 10
NEWSLETTER@NNJAA.ORG

Statement Of Purpose:

This Day is published quarterly as a joint newsletter for Northern New Jersey General Service Area 44 and the Northern New Jersey Intergroup. *This Day* functions to promote communication between the groups in Northern New Jersey and to provide members with service-related information. *This Day* is also a forum for the diverse opinions of the Area 44 Fellowship through shared experience, strength, and hope in all three of AA's legacies: Unity, Service, and Recovery.

Editorial Policy:

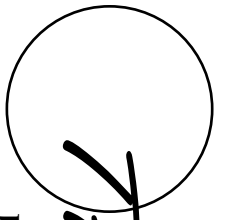
Articles submitted from the Fellowship are encouraged, and should not exceed 800 words. The newsletter committee may edit submissions for grammar, readability, and content. Opinions expressed herein are not to be attributed to AA as a whole, nor does the publication of any article imply an endorsement by either AA General Services or Intergroup. Comments, questions, and articles may be mailed to the attention of the Newsletter Committee at NNJGS Area 44, Suite 2J, 2325 Plainfield Ave., South Plainfield 07080, or emailed to: newsletter@nnjaa.org.

www.nnjaa.org

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THIS DAY

Joint News of NNJGS Area 44
and Northern New Jersey Intergroup
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Meeting Guide @meetingguide · 1h

Very pleased to add Northern New Jersey to the app! It extends our coverage from NYC & Rockland County to Philadelphia & Lehigh Valley.



The North NJ Meeting list is now available on the Meeting Guide app. The App is available in the App-store and Google Play Store. More information is available at meetingguide.org.