

# THIS DAY

www.nnjaa.org

News & Notes from NNJ General Service Area 44 and Northern New Jersey Intergroup

## A message from your Intergroup Chair



When you attend A.A. meetings, sooner or later, you'll hear "The newcomer is the most important person in the room." If that is true, then the most important function in A.A. is getting him or her to that meeting. That's where Intergroup comes in.

Here at Intergroup the phones are answered 24 hours a day, 365 days a year. When someone calls for help we make sure a recovering alcoholic is always there to answer the call. We are also responsible for keeping track of all the A.A. meetings in the upper two thirds of New Jersey. That's roughly 1800 meetings. We update the meeting finder daily on our website [NNJAA.org](http://NNJAA.org), which stands for Northern New Jersey Alcoholic Anonymous. We also produce a printed book listing the locations of all these meetings.

The Intergroup Office is run by three office staff and a handful of volunteers. We have a Steering Committee or Board of Trustees that oversee the smaller daily operations of the office. I am chairman of that Board. All major decisions at Intergroup are made by the A.A. groups or the group's representatives otherwise

known as the Intergroup Delegates. The Chairperson and all the Trustees were once Intergroup Delegates.

On the first Monday of every month, we hold an Intergroup Delegate's Meeting where all our committees discuss their current business. We also have an open forum where any group member can express their concerns regarding their home group or A.A. as a whole. With so many group delegates in attendance, there is always a wealth of knowledge and experience available.

In closing I would like to mention something else we offer, which is probably the most unique experience A.A. has to offer. On a Sunday morning, four times a year, we meet in a parking lot whether it's hot, raining, or freezing cold-- hundreds of alcoholics gather together to swap speaking commitments for their home groups.

It's called Bookers. If you want to experience it, I'll see you there at 5 a.m.

*In Love & Service,  
Your Intergroup Chair, Scott K.*

## A message from your Area Chair



Greetings from your Area Chair. Thank you for the opportunity to serve you and Area 44, and as always it's been a busy time. We recently held our June GSR assembly and again we had the opportunity to see our spiritual process in action. I'd like to thank all who participated in

the discussion regarding NJ Roundup's request for a liaison to Area 44. After a very lively, passionate and spiritual debate, it is with pleasure that we welcome the NJ Roundup liaison to our Area. Our hope is that we can look forward to

improved communication between our Area and the NJ Roundup community.

I also want to send a special thanks to Wayne R., our delegate,

for his awesome Delegate's Post Conference Report presented at the June Assembly. Once again Wayne did his best to provide us with the "conference" experience!

At times it seems we spend a great deal of our energy focusing on our shortcomings as an Area – and that can be good because it can only help to make us stronger (see step 4). But sometimes we also need to step back and take a look at how effective our Area really is. Every Area faces issues and must address serious concerns, but it is encouraging to see the passion and good sense that Area 44 displays as we take steps to solve ours, always keeping our primary purpose in mind – to do vital 12th step work through our committees and conduct the business that makes this 12th step work possible.

In closing, I want to thank all members for your support of our Area, with a special shout-out to those who participated in our recent assembly. Our GSR Assemblies are one way we ensure that our groups will continue to guide A.A. and that our fellowship will stay strong and available to those who need us but haven't yet found us.

Please feel free to contact me anytime at [area-chair@nnjaa.org](mailto:area-chair@nnjaa.org), I'd love to hear from you.

*With A.A. Love and Service, Jay E.  
Area 44 Chairperson*

Celebrating 66 Years! Our 13<sup>th</sup> Annual  
**Intergroup Gratitude Brunch**

**Sunday, November 18, 2012**  
Fellowship Hour 10:30 A.M.  
Brunch 11:00 A.M.

**The Forge Inn**  
1002 Route 9 North  
Woodbridge, NJ

**Speaker: George M.**  
Forest Hills Group  
Monday 7:30 PM – Belleville, NJ

**Leader: Pat D**  
Cranford Tuesday Night Group  
Tuesday 8:00 PM – Cranford, NJ

Tickets: \$30.00 per person  
Attendance limited to 270 persons  
**NO TICKETS SOLD AT DOOR!! CUTOFF DATE MON. NOV. 12<sup>TH</sup>!!**

## A message from your Area Delegate



### From Your "ALTERNATE" Delegate's Desk

In opening this article, I would first like to thank Wayne R., your Area Delegate – not only for giving me the opportunity to write this article as part of Alternate's Month – but also for all the other opportunities he has afforded me over the past two years. It has been a fantastic journey thanks both to Wayne – and to you for your confidence in me as well.

There must be something with this time of year, as both years, it seems that I have been privileged to report on

some truly interesting, important, and heartwarming matters of AA business. The items I mention here will be part of the Alternate Delegate's Report I give at the September ACM (which will already have happened when you read this), along with much more. So please be sure to ask your DCM for the details.

The most exciting item Wayne shared was a report from GSO announcing that our Big Book has been designated by the Library of Congress as one of the 88 "Books That Shaped America," and is currently included in the library's new exhibition. While we have always known just how influential our guide for recovery is to us, sometimes it's just comforting to know that our voice of attraction is recognized

outside our rooms. We all know how our PI committee is aware of this as they work so hard to keep copies in our libraries! (See actual press release on page 3 in this newsletter.)

The item that Wayne shared with me that struck me the most emotionally was a copy of a letter and a report from a representative from India who was granted permission to attend this year's GSO conference as an observer. The report covers so much. It looks at the history of AA in India, the rapid growth they are going through, the challenging demographics, the denial by functional alcoholics as a result of a lack of knowledge and the stigma of alcoholism, and so much more. The part that hit me personally was the challenge of reaching the women

alcoholics who carry an even larger stigma. They noted that they will be receiving a delegation of Women Alcoholics from Australia next year to work on this. I cannot express what that meant to me. Many of the first

*continued on page 5*

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**NEXT ISSUE DEADLINE NOV. 9th  
NEWSLETTER@NNJAA.ORG**

**A Message from your Area Treasurer**



**“Into Action”**

**H**ello everyone! I had trouble getting started on this article and decided to go back and read what I wrote for the Fall 2011 edition. Wow, so much has happened over the past year, and the cool part is that most of it has been good!

In June of 2011, the Area was in the middle of a cash crunch and we had to transfer funds from the money market account into the checking account to cover expenses. From there, things got busy. The Finance Committee held a pilot 7th Tradition Workshop in October. In November, after hearing the groups’ concerns at the October Assembly and reviewing the revenues, the path to cut non-12th step expenses and revise the budget process was clear. Looking back now and seeing all the work that has been done is truly amazing!

The Area will see the first draft of the new budgeting process in a few weeks. I hope all GSRs pay attention to the draft when it’s reviewed

at your district meetings and get it to your groups’ next business meeting. It is really important that your groups’ feedback comes back to the Finance committee in November (or December at the latest). We need that time to take the comments and concerns into account before submitting the final draft at the January assembly.

As for the 7th Tradition contributions – they have improved over 2011. This is a good start since 2011 was down so much from 2010. Groups, districts and individuals have increased their contributions, and in combination with cutting expenses, the cash flow issue from a year ago has rescinded. This does not mean we are out of the woods. It means that the pieces are in place and we all need to continue to focus on our primary purpose – carrying our message of hope through our outstanding committees!

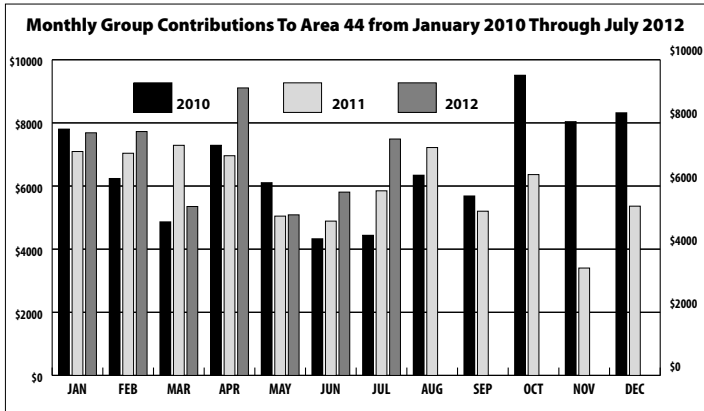
I have offered to come speak at your district meetings and home groups and have been taken up on the offer several times. Reactions from the fellowship to the discussion of the 7th Tradition and the fact that twelfth step work has never been free (see *AA Comes of Age* page 140 – 141) has been eye open-

ing. Some people have walked out while others have shouted “why are we wasting time talking about money when people need help staying sober?” Others have asked really excellent questions on how they can have this talk at their next business meeting. The bottom line is that money is necessary to pay our groups’ rent, buy coffee and cookies, publish and ship our literature,

have up-to-date meeting lists, and have an AA member to answer the phone when someone reaches out for help.

It is my honor and privilege to support Alcoholics Anonymous – the fellowship and program that have saved my life!

*In A.A. Love and Service,  
Chuck F., Area 44 Treasurer*



**Mid-Winter Luncheon Committee**



**G**reetings to you from the GSR Mid-Winter Luncheon Committee, where plans are under way to bring you a delicious, relaxing, and informative luncheon on Sunday, February 17, 2013 at the Forsgate Country Club in Monroe Township. Our delegate, Wayne R., has secured two fine speakers for the luncheon.

One of our speakers is class A Trustee John Fromson, who is a Certified Addiction specialist. Class A Trustees are particularly fun to hear, as they are the non-alcoholic trustees, and yet they have the same love for the still sick and suf-

fering alcoholic as we do. I was interested to read about him in the Fall, 2010 edition of Box 459 where he describes his work. “I hope... that my physician colleagues and those in the corporate world can learn more about AA and accept it; to recognize that the disease of alcoholism is not simply a moral or character flaw and that there’s a well defined, step-by-step path to a recovery that works.” (*Box 459, Fall 2010*) Information regarding the other speaker was not available at the time we went to press.

In addition, you will hear the experience, strength, and hope of two GSRs. The time required to serve as a GSR often seems to go unnoticed and unappreciated, but the Luncheon is a way of showing gratitude for their efforts to keep the lifeblood

of AA, the home group, involved in AA worldwide. Have your home group consider allocating funds to send your GSR to the luncheon, as a way of thanking them for their dedicated service throughout the year.

The luncheon introduces your group’s GSRs to the entire area and the area officers. This is a nice time to bring a friend or family member to join us in a social setting with our AA Service Family. Please come join us in this and meet Area 44’s new GSRs, current and past delegates and trustees, and other visiting delegates from around the region.

All are welcome to committee meetings on the 2nd Tuesday of each month at 7:30 pm at the Area office.

*Yours in service, Jean L.,  
Mid-Winter Luncheon Chair*

**RUS SERVICE CORPORATION T/A NNJGS AREA 44  
YEAR TO DATE COMPARISON REPORT: 2011 AND 2012  
FOR PERIOD ENDED May 31, 2012**

	2011 - May	2012 - May
<b>Money Market Account <sup>(A)</sup></b>		
Balance as of January 1st	\$42,993	\$41,261
Interest Received	18	17
Transfer (To)/From the Checking Account	574	1,013
Balance as of March 31st	<u>43,585</u>	<u>42,291 <sup>(C)</sup></u>
<b>Checking Account <sup>(A)</sup></b>		
Balance as of January 1st	\$18,796	\$18,268
Group and Individual Contributions	33,582	35,993
Other Receipts (Intergroup, Literature & Grapevine Sales, etc.)	48,398	51,791
Budgeted Expenses (Standing & Special Committees, Officers, Office, etc.)	(45,671)	(43,201) <sup>(B)</sup>
Non-Budgeted Expenses (Literature, Grapevine, Luncheon, etc.)	(44,381)	(40,932)
Transfer (To) / From the Money Market Account, Net	(574)	(1,013)
Balance March 31st	<u>\$10,150</u>	<u>\$20,906 <sup>(C)(D)</sup></u>
Total Cash In Bank	<u>\$53,735</u>	<u>\$63,197</u>
<b>Analysis of Checking Account</b>		
Prior 12 Months Avg Monthly Total Expenses Times Two. Finance Guidelines state the checking account balance should not exceed this amount.	\$33,572	\$30,443
Account Balance Over / (Under) Guideline	<u>(\$23,422)</u>	<u>(\$9,537)</u>
Prudent Reserve (50% of the prior 12 months Operating Expenses)	<u>\$50,045</u>	<u>\$45,071</u>

**FOOTNOTES**

- (A) Details of all income and expense items, as well as a comparison of Operating Expenses to the Annual Expense Budget are available from the Treasurer.
- (B) 2012 Expense Budget is \$114,043.
- (C) May 31, 2012 Checking and Money Market Balances have been reconciled to the Bank Statements by the Finance Committee.
- (D) May 31, 2012 amount includes Designated Funds of \$1,019 of Jailbox Contributions.

**Summary of Official Approvals / Reviews**

Individual / Group	Action	Completed Through
Treasurer	Approved	May, 2012
Alternate Treasurer	Approved	May, 2012
Finance Committee	Approved	May, 2012
Officers	Reviewed	May, 2012
Area Committee Members	Approved	May, 2012
Area Assembly	Approved	Mar., 2011

**N N J G S A R E A 4 4**  
**Annual GSR Mid-Winter Luncheon**  
 (Open to all AA Members, Family, and Friends)  
**“The General Service Conference Takes its Inventory – Our Solution in Action”**  
**Sunday, February 17th – 12-4 pm**  
**Forsgate Country Club**  
**375 Forsgate Drive\* Exit 8A on New Jersey Turnpike**  
**Monroe Township, NJ 08831**  
**Price - \$ 35.00**

Deadline for Sales: Monday, February 4, 2013  
 Tickets available through your DCM  
 (Advanced sale only - none sold at the door)

**TIME:** 12:00 p.m. to 12:30 p.m. (Fellowship)  
 Coffee, Crudités & Dip

**LUNCH:** 12:30 p.m. Menu: Salad, Chicken with Pasta, Chocolate Mousse Cake (Vegetarian Lasagna upon request)

**LEADER:** Jean L., Area 44, Luncheon Chair

**SPEAKERS:** John Fromson, Class A Trustee and a General Service Office Staff Member TBA

Need More Info e-mail: [luncheon@nnjaa.org](mailto:luncheon@nnjaa.org)

## AA's Big Book, Alcoholics Anonymous, Named by Library of Congress as one of the "Books That Shaped America"

FOR IMMEDIATE RELEASE

July 27, 2012

(NEW YORK) – It's never been on The New York Times Best Seller list. Yet the "Big Book," A.A. members' fond name for the book *Alcoholics Anonymous*, is now designated by the Library of Congress as one of the 88 "Books That Shaped America," and is included in the library's new exhibition.

While we cannot know what impact AA's basic textbook, *Alcoholics Anonymous*, has had in shaping America, we do know that the Big Book has helped millions of men and women throughout the world, and in all walks of life, find a new and satisfying way of life without alcohol. The Big Book describes the A.A. program of action for recovery from alcoholism. It has offered convincing evidence to relatives and friends that alcoholics can recover; and has furnished revealing insights to physicians, psychologists, members of the clergy and other professionals who work with alcoholics.

Although no author is listed, it is common knowledge that the initial draft of the Big Book was written by AA co-founder Bill W. when he was not quite four years sober. But he did not complete it alone. *Alcoholics Anonymous* was a collective creation, since each chapter was "edited" by AA members in Akron, Ohio and New York City—all of them sober less time than Bill. This cooperative effort, reflecting the shared experience and consensus of the small Fellowship as a whole, set in motion the democratic process of decision-making that characterizes AA today.

The book provided the name for a small movement with nearly 100 members. It took 36 years to sell the first million copies. Yet today, every year approximately one million copies of the Big Book are distributed in the English language alone (it is translated into 67 languages), and A.A. membership has grown to over two million with a presence in more than 170 countries. In 2010, the thirty-millionth copy was presented to the American Medical Association, which declared alcoholism an illness in 1956.

The fourth edition of *Alcoholics Anonymous* is available in a variety of formats and can be read online at [www.aa.org](http://www.aa.org). For copies of the book and information about *Alcoholics Anonymous*, please look for AA in your local community at the following link: <http://www.aa.org>

## Remote Communities/ Special Needs Committee News

What if "Life on Life's Terms" meant you were confined to a nursing home? Ever wondered how you would feel if you couldn't get to meetings? If you suddenly, or not so suddenly, found yourself physically incapable of getting to the one place each week where you feel a sense of belonging?

Jimmy T. had a year and a half sober before ending up as a long-term resident. At first, "it was very lonely". Jimmy tried to make contact with other recovering people, but it was difficult. He went almost 6 years without a meeting. Finally the remote communities committee heard about his plight. Turns out there were others in the facility who also needed a meeting, and a very supportive administrator. Now Thursdays are the bright spot of Jimmy's week, as several local groups have adopted the center and regularly bring a discussion meeting inside.

It's not so hard to be of service to AAs in nursing homes. If you know of recovering AAs in a local nursing home, talk to your group about whether they want to take on a rewarding commitment. You can also reach out to the administration to see if there is a need. Depending on the facility, this type of discussion may happen with the administrator, the director of community affairs, or an onsite social worker. Many AAs get transferred out of their home area and don't have local contacts, but the administration will know who they are and whether they desire contact.

There are several ways to support AAs in nursing homes.

- Provide regular visits: contact with other recovering people can make a huge difference in our lives!
- Provide literature, especially large print. Many of our texts are available in large type and the pamphlet *AA for the Older Alcoholic* is available in Large Print too. (Reach out to remote communities for help with this).
- Sponsor a subscription to the Grapevine. You can send a gift subscription to a specific recovering individual or to the Nursing Home's library.
- Bring a regular meeting inside. You'll need at least a few committed people who are willing to do regular service, and an agreement with the facility for space.

Over the last two years, I've been lucky enough to attend a wonderful AA meeting held at a nursing home in my district. Thursday evening is a special time to reflect on the blessings of sobriety and living life one day at a time. Our discussion meeting usually has 6-12 recovering AAs from the nursing home and the local AA community. Several long-term residents attend regularly.

Charlie K. sometimes has difficulty communicating, but has over 30 years in the program. Sometimes he shares vigorously and lucidly, and sometimes not, but one sentence he can reliably and predictably utter each week is "My name is Charlie and I'm a grateful recovering alcoholic." Nine months sober, Kate C. was crestfallen when she learned she wouldn't be released to home from the acute care hospital she was in, but would instead be transferred to a long-term residential nursing home. Her mood changed to one of exhilaration though, when she learned that she'd be able to attend meetings right in the dining room every week. "I was thrilled!" she says. Kate now attends regularly on Thursdays and goes out to other meetings with her sponsor who she met one Thursday. "I can't imagine my life without AA" she says.

Occasionally a short term resident or AA members who are visiting family will drop in. Once, we got to share a 90-day celebration with a young man who was recovering from the catastrophic physical effects of his last blackout. At the nursing home he was re-learning to walk, tie his own shoes and on Thursday nights, to live life a day at a time.

Some of us arrive in cars, some of us in wheelchairs, some of us with walkers, but during our meeting there is no distinction between residents and non-residents. For at least an hour, we are all just recovering alcoholics, sharing our experience, strength and hope, and helping each other stay sober, one day at a time.

*Yours in Service, Susan E., District 23, Remote Communities*

### CELEBRATING XXIII YEARS

The Wantage Big Book AA Meeting is Celebrating, Come and join us! This is an eating meeting so please bring a dish if you can  
**Saturday November 24th**  
**Dinner @ 6pm**  
 Open AA Big Book Meeting @ 7:30pm  
**Church of the Good Shepherd**  
**200 Route 23, Sussex**

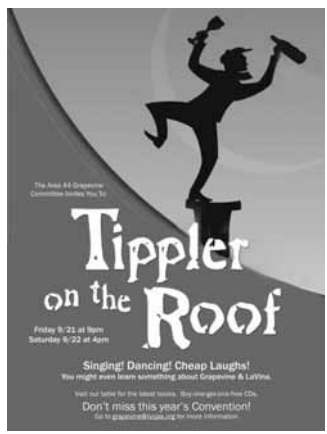


## What's new with Grapevine? Plenty!

It's true that the only requirement for membership in AA is a desire to stop drinking. But if you absolutely want a better life, well, hmmm... How's this? Working the Steps with a sponsor is a really good idea."

That's today's Grapevine Quote. Every morning around 6am, before I can get in too much trouble, an inspiring quote from the archive of Grapevine wisdom is emailed to me. It's a great way to start your day. Sign up at [aagrapevine.org](http://aagrapevine.org). It's free!

Just today the September issue arrived at my door, and it was especially welcome because it's the humor issue. Sobriety can be tough and I can always use a laugh. Best of all, there's an article written by two of our own, from Area 44. Be sure to check it out.



There are also two new books from the Grapevine: *Young & Sober* is a collection of stories about the joys and challenges of getting sober at a young age. *Into Action* tells the various ways members get active in AA to stay sober, carrying the message and live rich and rewarding sober lives. Visit our table at the Area 44 Convention, and the Election Assembly to find both books, plus the 2013 Calendars and Pocket Planners, and a special price on CDs.

What have Grapevine writers been saying about AA in New Jersey since 1944? We are going to find out. Jeff B. has initiated a joint project with the Archives and Grapevine Committees to read every single GV article that mentions New Jersey - all 585! Volunteers each read 10 articles and briefly summarize them, so please join in and help document the rich history of New Jersey AA.

Lastly, the Committee would like to reach out to members of the Spanish-speaking AA community. Please visit our table and see what's new from La Viña. We're practicing our Spanish so that we can warmly greet you.

And don't miss our latest theatrical adventure: *Tippler on the Roof*.

*Yours in service, Jeff W., Grapevine Chair*



**Area Literature Committee**



Wow, I blinked and the summer is coming to a rather quick end, but at least I got to be part of it rather than just watching it go by as I did for a lot of years. The Literature Committee has had a pretty busy summer, we visited many district days of sharing, and we will continue our road show thru the fall. Leading up to Area 44's Annual Convention at the Doubletree Hotel Sept. 21, 22, and 23rd. Any district that would like us to attend their day of sharing just drop us an e-mail with your infor-

mation and we will be happy to have someone come to sell literature or talk about what our committee does. Our e-mail is [literature@nnjaa.org](mailto:literature@nnjaa.org).

Any committee is only as good as the people who are on it and we have some of the best people around. I would like to welcome our new alternate literature committee chair Maureen R. She will be a great asset to our committee and a good leader going forward. It is a good feeling knowing that our great tradition of carrying the AA message will be in good hands over the next couple of years.

*Yours in service,  
Bob B., Literature Chair*

**Area History and Archives Committee**



The Archives Committee has often been asked for information on the bungalow that Bill and Lois stayed in at Green Pond, NJ in the summer of 1939. Well we finally have some information to share with our friends from the Northwestern part of Area 44.

Bill and Lois moved to Green Pond on April 29, 1939 after staying with Hank and

Kathleen in Upper Montclair for a few days. Bill and Lois had been evicted from their Brooklyn home on April 26th and would begin a 2-year period of homelessness.

New York member Horace C.'s family owned a bungalow in Green Pond and loaned it to Bill and Lois for several different stays over the course of the remainder of 1939. Lois especially loved Green Pond as it reminded her of her youth in Vermont.

*Yours in service, John B.,  
Associate Archivist*

Green Pond Photos courtesy of Ms. Jane Scherf.



Green Pond circa 1939

**WHEN & WHERE TO PURCHASE LITERATURE**

The Literature Committee will be present at the following events for Literature sales: (Please verify meeting dates on the Website Calendar)

WHEN	TIME	FUNCTION	WHERE
1st Monday every month	7:00 - 8:30pm	Intergroup Delegates Meeting	Polish Cultural Foundation 177 Broadway, Clark
3rd Monday every month	6:30 - 7:30pm	Literature Committee Meeting	Area Office 2325 Plainfield Ave, South Plainfield
4 times a year	6:00am	Booker's Exchange	21 Commerce Drive, Cranford
Late September	various	Area 44 Convention	Doubletree Hotel, Somerset

**NIGHT WATCH**

My name is Rich and I am an alcoholic. When first going to meetings I listened, did what was suggested, and got a sponsor. I was told to get involved and was given a coffee commitment. They gave me the responsibility to open up the building, make coffee, and greet people I never met before. After a few months at a business meeting, a opening for Intergroup Delegate came up. In a quick group conscience vote I was given that position.

At my first Intergroup meeting Night Watch Chair Russ S. gave his report. I thought that answering the phones

after hours sounded very interesting. I took the idea back to my home group and they told me it's been a long time since the group had done Night Watch. So I got a week for my home group and became a Night Watch Leader.

I was given a telephone coverage schedule sheet to assign a group member to shifts to answer the telephones, Sunday through Saturday, including evenings when the Intergroup Office was closed.

I passed the schedule sheet around at our meeting and the nightly and weekend commitments were quickly all filled. I had to hand out Night Watch Binders to the volunteers which contained and introduction, step by step instructions, a map, a meeting book, and pages of AA volunteer telephone numbers in case the caller needed to

talk with another alcoholic or get to a meeting. The volunteer numbers were broken up into Area 44's 13 counties.

I took the first spot, Sunday 9am to 3pm. The answering service called to alert me that they were forwarding the calls to the Intergroup Office over to my phone number. This way the caller never has my phone number.

The calls I received were mostly people looking for meetings. The callers were so thankful that I was there, a voice on the phone to talk to, and give them a direction for help. The feeling that I got, knowing I was helping someone by letting them know there is a solution to this disease of alcoholism, was a rewarding experience.

When I talked to the other volunteers who were involved they all enjoyed it greatly and had the same feelings of

knowing they were helping someone in great pain and misery. When our week was finished and I started collecting the binders, everyone was wondering when the group could do it again.

I have since become Night Watch coordinator for Sussex, Warren, And Hunterdon Counties. AA has given me a new life. Getting involved in service, from leading meetings to coffee-maker to GSR to Intergroup Delegate and now Night Watch Coordinator has been a great experience. I can give back what has been freely given to me...a new life. I am very grateful to the fellowship of Alcoholics Anonymous and glad to be of service.

*Rich B., Alive Again Group,  
Hopatcong and Night Watch  
Coordinator for Sussex, Warren and Hunterdon Counties*



**The Corrections Committee would like to thank the following groups and districts for their Pink Can and Jail Box contributions**

- AA Living Sober Group
- Allendale Group
- Atlantic Highlands
- Avon, Serenity By the Sea
- Baptistown Speak
- Your Peace Group
- Belleville Thursday Night
- Belvidere, Gift of Sobriety Group
- Bloomfield, Thursday Men's Group
- Chatham Group
- Clifton, 3 Legacies
- Clinton, AA Living Sober Group
- Closter, Easy Does It
- Cranford Tuesday Night
- Denville Alumni Group
- Denville, Union Hill Drop In Center
- District 3
- Districts 20/39

- Dodge City Group
- Edison, Just For Today
- Edison, Primary Purpose
- Elizabeth, More Will Be Revealed
- Fair Haven, We've Been Gifted
- Florham Park 5:30 Group
- Forrest Hills Group
- Friday Grapevine
- Friday Night by Candlelight Group 000627050
- Growth Thru Sharing
- Haledon, On a Different Footing
- Highland Lakes, Breakneck Group
- Highland Lakes, Monday Night Open Discussion
- Jackson, Step in the Right Direction
- Jernee Begins Group
- Lyndhurst Saturday Night
- Maplewood Drip Dry Group
- Matawan, Smog Lifters Group
- Metuchen, As Bill Sees It
- Millburn Group
- Montclair, Friday Noon Step
- Montville-Towaco Group
- Neptune, Design For Living
- New Brunswick Friday Night
- New Brunswick Wednesday Nite
- New Providence, Dawn Patrol Group
- Oakland Change Is Good Group
- Old Bridge Sunday Night Group
- Passaic, New Traditions
- Point Pleasant Beach Monday Night
- Pompton Plains, Daily Reprieve Group
- Pompton Plains Thursday OS
- Ramsey Group
- Randolph, Wake Up & Smell the Coffee

- Ridgewood Saturday Night Live
- Sahara Club, 7am Sunrise Group
- Sahara Club, Noon Group
- Sahara Club, 7pm Sunset Group
- Sahara Club, 1010 Meeting
- Sahara Club, Midnight Meeting
- Sayerville Victories Group
- Sea Bright, The Last Call Group
- Skys the Limit Group
- South Amboy, New Beginnings
- Somerville, Saturday 8pm
- Somerville, Sunday Night Group
- Spring Lake Heights Group
- Step Up Group
- The How and Why of It Group
- Three Bridges As Bill Sees It
- Three Bridges Miracles Meeting
- Upper Montclair, Live & Let Live Group
- Upper Ridgewood Group
- Vernon Daily Reflections
- Vernon, Friends of Bill W.
- Vernon, Sunday Friends of Bill W.
- Verona, Monday 12:15 CD
- Verona Tuesday Night
- Waldwick Bagel Bash
- Wantage, Saturday Night Big Book
- Warren Women's Group
- Wayne, Church Lane Group - Mon. Nite
- West Milford AA Groups
- West Orange, Living & Learning
- West Orange, Women's BB
- Whiting, Sobriety & Beyond
- Woodbridge BB Group
- Woodbridge Tues. Nite Beginners
- Wyckoff, Positive Thinkers Group

## From Your "ALTERNATE" Delegate's Desk

CONTINUED FROM PAGE 1

meetings I attended would have few if any women in attendance. It took me back and gave me hope all at the same time.

That brings me to another item that I will be covering in more detail at the ACM - the recently released 2011 Membership Survey. As it relates to the women in the rooms in the US in Canada, in 1968 the number was 22% and in the most recent survey it is 35%. While that would seem positive, we actually reached 35% some time back. Indications are we have a lot of work to do in many areas to reach the still suffering alcoholic in many demographics.

Again, there will be much more reported on these items and others at the ACM. There are new publications and eBooks by AAWS and Grapevine, there will be notes from a board meeting held in late July and a new Box 459 to review.

In closing, thank you so much again for allowing me to serve you the past two years. I am taught every day just how much I love this program and how much I owe it.

*With Gratitude, Linda KK,  
Your Panel 61 Alternate Area 44 Delegate*



Greetings from your newsletter editor. It has been a while since I have communicated to the fellowship in this space. It is usually reserved for announcements of themes for upcoming issues of *This Day*. The committee has decided to suspend the theme surveys that we have been announcing for the past several years. There are several reasons for this decision. One: fellowship participation was dwindling; Two: there has been an increase in the fellowship's "unsolicited" articles which we run in the "Speak Out" section of our newsletter. This is a good trend, keep it up. We encourage all members of the fellowship to tell us what is on their mind. Finally Three: in the light of the area's request to save money we

looked at our budget and noticed that the only way to save money would be to print less pages of each of the four issues each year. Before we came up with the idea of announcing a theme for each issue we were producing three 8-page issues and one 12-page (Mini-Conference) issue each year. Lately we have been automatically turning out 12-page issues. It is more expensive to print a 12-page issue than it is to print an 8-pager.

Area 44 heard the concerns of the GSRs expressed at our January Assembly about reducing our spending and has asked all committees to seriously consider ways to save money on their 2012 and 2013 budgets. The only expenses incurred by the newsletter committee are the costs of paper, ink, and mailing. The only option that we have to save money would be to reduce the number of pages in each issue of *This Day*.

The bad side of this decision is

that we need to be sure that we include all of the news that our fellowship would like to read. I have decided to hold three articles until next issue rather than expand this issue from 8 to 12 pages. That is the problem, in printing, it has to be 4, 8, or 12 pages. Many times, after all the articles are in, I wind up with 10 pages. I either cut 2 pages to make it 8 or I have to fill or add 2 more pages to make the issue a 12-pager. To fill another 2 pages would require my writing 3,200 more words. Not an easy task.

I apologize to those AAs who sent in articles which didn't make this issue but be assured they will run in the next issue. And please don't let this discourage anyone from submitting to *This Day*. The fellowship needs to hear your thoughts on AA in Northern New Jersey.

*Yours in service,  
Bill L., Editor, This Day*



**SPEAK OUT!** This Day Newsletter provides this forum for individual AA's viewpoints and opinions. The opinions expressed here are individual opinions only and not necessarily the opinions of This Day, Area 44, North Jersey Intergroup, or AA as a whole. We welcome your comments, opinions or viewpoints on anything found in this newsletter. — The Editor

## COURAGE IN AA

Courage was one thing I never had much of growing up. Once I started to drink for the courage to do certain things, the long term result was always less courage. After twenty years of alcoholic drinking, my fears only increased. Ten subsequent years without drinking, drugging, or AA, and no Twelve Steps in my life, did very little to change things.

Upon entering AA, little by little some fears were faced, and conquered. The more the 12 steps were a part of my life, the less I had fear. Today I know that fear is a lack of faith. If I keep increasing my relationship with my Higher Power, my fear will keep decreasing.

Throughout our years in AA all of us have had to display much courage. A lot of it is required to take the actions necessary to recover from alcohol. Walking into AA for the first

time, asking for a sponsor to help us, taking commitments, and most importantly doing the steps, all require strong willingness and courage. The most important action steps, four through nine, require the greatest use of these two spiritual qualities. A lot of us end up doing these things because we are ready to go to any lengths to get sober, most of us because of pain.

For me to be a strong member of AA, and to show my gratitude for this program, I must show it with my actions. I have to do my very best to protect AA's principles. Doing this has always brought me fear, and has required some real courage. You would not think this would be the case, but it sadly is. The most common reason being, not many members in the fellowship feel the same way I do.

Protecting and standing up for these principles, in and out of the rooms, takes real courage. Who would have ever thought that we would have to stick up for Big Book enthusiasts being called "thumpers," and worst of all "Nazis." Individuals apologizing for quoting the Big Book at discussion meetings. Having to be uncomfortable telling someone to stop talking, texting, or making noise at a meeting. Being the only one who seems to be concerned with keeping to a particular group's conscience. Or being at a strange meeting where anonymity is being violated, and being the only one in the room willing to say something. Now, here is a really tough one, being at a closed meeting of AA where member's keep bringing their children, and having to say something to protect the anonymity of alcoholics in and

outside of that room. Lastly, the courage to suggest to a member, one with a few twenty fours, to stop 13 stepping newcomers. I am embarrassed to say I have balked at that one so far, I haven't mustered up enough courage. Should we just stand by, ignore it, and watch newcomers being robbed of their chance to recover? Behavior like this kills people, it is that plain and simple.

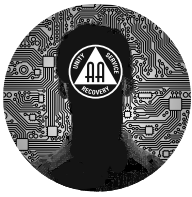
It can get lonely sometimes trying to protect the program that has saved your life. You can even start to feel like there's something wrong with you. Why are there not more people doing this? In most cases the lack of knowledge, or the lack of courage to actually do something, are the two main reasons. If an individual sees something wrong going on, and then does nothing, aren't they just adding to that wrong? I have been at meetings, sadly more than a couple of times, where DCM's are in attendance, and they stay silent when Traditions are being broken at their own Home Group. They know and see it is happening, but fear stops them from saying anything.

There was a situation that happened at an area function recently. The function was attended by past Delegates, DCM's, Committee members, etc. One of the activities on the agenda, was a casual, festive gathering of AA officers. Some attendees, including a past delegate, took out their cameras to take pictures and video. This room had the shades with the AA Steps and Traditions on the wall. Not to mention a room full of AA members. When this was brought to the attention of someone there, it was quickly dismissed. To speak up took courage, to be ignored

can really be painful. It is a sort of spiritual pain, pain that you must experienced to really identify with. Can ignorance be the culprit here, even at this level of AA? I certainly hope not, but it might very well have contributed to it. Those who recognized the infraction, and didn't do anything, I guess they weren't bothered enough. They just weren't in enough pain to say or do anything. Maybe they just didn't have the courage to do so. Possibly, they just wanted to be accepted by their peer group. Wow, that sounds familiar, I use to drink for that very same reason. This situation was quickly addressed and then rectified at the area level.

Nowadays, I am trying my best to pick the most important battles, and let the smaller ones go. Hard to do at times. Some times those little battles start small, but become big problems all by themselves. A close friend in AA would say to me on occasion, "Why don't you just sit back and watch the parade go by?" Well if everyone were to say nothing, the result would eventually be no parade! I hope in the future to have less and less fear when it comes to protecting AA's principles. The more faith I have at those moments, the less fear I'll feel. I tell myself to try hard to "Say what you mean, but don't say it mean." Very difficult principles to live by, but I must if I am to live with myself. I guess I'll just keep coming, and pray for the courage to face fear. I can only hope that with God's grace, I will have the courage to do so.

*Yours in service,  
Benjamin W., District 1/2*



# Area 44 Convention Schedule "Preview"

## 56th Annual NNJGS Convention

### Anonymity & Spirituality in Today's World

#### FRIDAY, SEPTEMBER 21, 2012

- 3:00pm Hotel Check In *Main Lobby*  
Registration Desk Opens *2nd Fl.*
- 3:00pm **Meal Package/Banquet Table** – Pick up reserved Meal packets/Banquet tickets and weekend passes (some additional tickets may be available).
- 3:00pm **Registration Table** – Pick up your reserved badge or purchase a \$28 badge for all convention events (excluding Meals & Banquet).
- 3:00pm **Information Resource Table** – (Sign Big Book)
- 4:00pm **Early Bird Discussion Meeting**
- 8:00pm **Speaker Kick-Off Meeting** – William B., Little River, So. Carolina
- 9:00pm **Big Book/Alkathon Marathon** continuous through 8am Sunday
- 9:00pm **GSYP Workshop**
- 9:15pm **"Grapevine Play"** Grapevine Play followed by Entertainment with ??????

#### SATURDAY, SEPTEMBER 22, 2012

- 6-9:00am **Breakfast**
- 8:00am **Registration, Meal Package and Banquet Tables Open**
- 9:00am **Coffee Stations Open**
- 9am-5pm **Continuous Films Program**
- 9-10:30am **Area Workshops**  
Anonymity, The Spiritual Foundation of Our Traditions - District 4/6  
Personal Anonymity in the Digital Age - District 20  
Our Ultimate Authority in Our Group Conscience - District 35
- 10:45-11:45am **Speaker Meeting** – (Al-Anon)  
Bernadette B., Little River, S. Carolina

#### 11:45-12:30pm Early Lunch

- 11:45-1:15pm **Old Timer's Luncheon**
- 12:15-1:15pm **Area Workshops**  
Growing Along Spiritual Lines – District 22  
Spirituality and the Digital Age: Harnessing Technology to Carry the Message – District 14  
We Are But Trusted Servants: Making Time For Service Work – District 18

#### 12:30-1:15pm Late Lunch

- 1:45-3:45 **Old Timer's Meeting**  
**Big Book/Alkathon Meetings** continuous through 8am Sunday
- 4:50:00pm **Polish Speaking Meeting**
- 4:00pm **Grapevine Play** – (Encore) Grapevine Play
- 6:45pm **Banquet Doors Open**
- 7:15-8:15pm **Banquet Begins**
- 8:15-9:30pm **Banquet Speaker** – Rose E., Spring Hills, Florida
- 8:15-9:30pm **Simulcast of the Banquet Speaker**
- 10:00pm **"Area & Intergroup Play"**  
The Flintstones in "Service Rocks"
- 10pm-2am **Dancing to DJ**  
**Big Book/Alkathon Meetings** continuous through 8am Sunday

#### SUNDAY, SEPTEMBER 23, 2012

- 7-9:30am **Breakfast**
- 8:00am **Last Alkathon Meeting**
- 9:30am **Sobriety Countdown**
- 10:30am **Spiritual Meeting**
- 11:45am **Closing Ceremonies**
- 12:00pm **Coffee Stations Closed**

#### MARATHON ALKATHONS

FRIDAY, SEPTEMBER 21, 2012		District
9pm...	<b>Big Book</b> - <i>Doctor's Opinion</i> .....	12
10pm...	<b>Big Book</b> - <i>Bill's Story</i> .....	39
11pm...	<b>Big Book</b> - <i>There Is A Solution</i> .....	40

SATURDAY, SEPTEMBER 22, 2012		
12am...	Leader's Choice.....	9
1am...	Leader's Choice.....	3
2am...	Leader's Choice.....	34
3am...	Leader's Choice.....	11/33
4am...	Leader's Choice.....	8
5am...	Leader's Choice.....	1/2
6am...	Leader's Choice.....	31
7am...	Leader's Choice.....	41
8am...	Leader's Choice.....	10
9am...	<b>Big Book</b> - <i>More About Alcoholism</i> .....	5/7
10am...	<b>Big Book</b> - <i>We Agnostics</i> .....	26
11am...	<b>Big Book</b> - <i>How It Works</i> .....	37
12pm...	<b>Big Book</b> - <i>Into Action</i> .....	15/21
1pm...	Leader's Choice.....	28
2pm...	Leader's Choice.....	36
3pm...	Leader's Choice.....	17
4pm...	<b>Big Book</b> - <i>Working With Others</i> .....	17
5pm...	<b>Big Book</b> - <i>The Family Afterwards</i> .....	24
6pm...	<b>Big Book</b> - <i>A Vision For You</i> .....	32
7pm...	Leader's Choice.....	27/29
8pm...	Leader's Choice.....	23
9pm...	Leader's Choice.....	13
10pm...	Leader's Choice.....	16
11pm...	Leader's Choice.....	35

SUNDAY, SEPTEMBER 23, 2012		
12am...	Leader's Choice.....	20
1am...	Leader's Choice.....	18
2am...	Leader's Choice.....	4/6
3am...	Leader's Choice.....	14
4am...	Leader's Choice.....	22
5am...	Leader's Choice.....	26
6am...	Leader's Choice.....	25
7am...	Leader's Choice.....	39
8am...	Leader's Choice.....	24

#### District Service Meetings

- District 1&2** - 2nd Tuesday, 7:30pm, Lafayette at the Sunrise House Cafeteria.
- District 3** - 3rd Friday 7:00 pm; Hillcrest Community Center, 1810 Macopin Road, West Milford
- District 4&6** - 3rd Thur. 7:30 pm, Upper Ridgewood Community Ch, Hillcrest & Fairmont, Ridgewood
- District 5&7** - 2nd Thursday, 7pm, St. Mary's Church corner of High and Legion, Closter
- District 8** - 2nd Tues. 7:30pm, Panther Valley Ecumenical Ch, Rt 517, Allamuchy
- District 9** - 3rd Tues. 7:30 pm, Stanhope United Methodist Ch, Rte 183, Netcong
- District 10** - 2nd Tues. 7:00 pm, 1st Presbyterian Church, 513 Birch St, (corner of Church & Birch) Boonton
- District 11/33** - 4th Wed. 7:00 pm, Clifton Library, 292 Plaget Ave Rm A
- District 12** - 3rd Fri. 7pm, St. Paul's Episcopal Church, 113 Engle St, Englewood 2nd floor Choir Room
- District 13** - 2nd Tue. 7:30 pm, Wesley Meth. Ch., 225 Washington Ave, Belleville
- District 14** - Last Tue. 7pm, St. Nicholas School Hall, 122 Ferry Street, Jersey City
- District 15/21** - 3rd Mon. 7:30 pm, Hunterdon Medical Center, Employee Cafeteria, Rt. 31 South, Flemington
- District 16** - 3rd Mon. 7:30pm Hillsdale Pres. Ch. Ridgedale Ave, Cedar Knolls
- District 17** - 3rd Fri. 8 pm, Alanon Assoc, 7th Avenue and 7th Street, Newark
- District 18** - 2nd Mon. 7:30 pm, Union Village United Methodist Ch, Mountain Ave. & Hillcrest Rd., Berkeley Heights
- District 19** - Last Mon. 7:30 pm, Friendship Hall, New Market Road, Piscataway
- District 20** - 2nd Tues 7:00pm, Trinity Episcopal, North & Forest Aves., Cranford
- District 22** - 3rd Wed. 7:30 pm, Cook College Extension Center, College Farm Road, New Brunswick
- District 23** - 2nd Thur. 7:30 pm, Saints Peter & Paul Orthodox Church, 9 Jefferie Ave, South River
- District 24** - 3rd Mon. 8 pm, Trinity Episcopal Church, Ryers Lane, Matawan
- District 25** - Last Wed. 7:30 pm, Hope Lutheran Church, 21 Elton-Adelphia Road., Freehold
- District 26** - 3rd Thur. 7:30 pm, First Presbyterian Church (Tower Hill), 255 Harding Road, Red Bank
- District 27/29** - 3rd Mon. 7:30 pm, Holy Cross Luth. Ch, Hooper Ave, Toms River
- District 28** - 1st Tue. 7:30pm, St Margaret's Church, 3rd & Ludlow Avenue, Spring Lake
- District 30** - 4th Sunday 12 Noon, 69 Green Street, Newark
- District 31** - 2nd Thur. 6:30 pm, Immaculate Heart Of Mary Chapel, 77th Street & Broadway, North Bergen
- District 32** - 3rd Thur. 7:00 pm, Bayonne Library, 31st St. & Ave. C., Bayonne
- District 34** - 3rd Sat. 9:30am, Our Lady of Sorrows, 217 Prospect St, (Lower Church) South Orange
- District 35** - 2nd Tue. 7:30 pm, Good Shepherd Lutheran Church, North Richard Street and Union Avenue, in Somerville.
- District 36** - 3rd Fri. 7:30 pm, Trinity Episcopal Church, Trinity Lane, Woodbridge
- District 37** - 3rd Wed. 7:00 pm, First Lutheran Church 153 Park St (basement), Montclair
- District 38** - 3rd Thursday 7:30 pm, Presbyterian Church, 31 Fairfield Avenue, West Caldwell
- District 39** - 1st Wed 7:00pm, 1st Presbyterian, 140 Mountain Ave., Westfield
- District 40** - Last Sunday 10:45am, St. Joseph's Center, 120 Division St., Elizabeth
- District 41** - First Thurs 7:00 pm, St. Matthew's Trinity Church, 8th & Washington Sts, Hoboken
- District 42** - 2nd & 4th Sunday 9:30am, 52 Throckmorton Street, Freehold

## 24th Annual Northeast Woman to Woman Conference "Hope for the Future"

• SPEAKERS • MEDITATION • WORKSHOPS • FELLOWSHIP • SATURDAY NIGHT BANQUET • COSTUME OPTIONAL • ENTERTAINMENT • YOGA • FUN • & MORE



# October 26-28, 2012

#### CONFERENCE REGISTRATION

\*Did you pre-register at the 2011 Conference? If yes, please send in your meal selection with payment. (Money order only).  Yes  No  
Please print clearly

#### HOTEL INFORMATION

RENAISSANCE NEWARK AIRPORT HOTEL  
1000 Spring St. Elizabeth, NJ 07201

Toll Free Reservations: 1.866.234.7535  
Phone: 1.908.436.4610  
(Ask for NE Woman Conference)

Room Rate – \$119.00  
Single/Double/Triple/Quad  
(Rates do not include state and local tax)

Or go to the website to book:  
[www.marriott.com](http://www.marriott.com)  
Special Rates & Awards: ANWANWA  
Hotel reservations must be made by October 5, 2012  
(no exceptions)

NAME _____		
ADDRESS _____	CITY _____	STATE/ZIP _____
PHONE _____		E-MAIL _____

emergency contact: \_\_\_\_\_  
Sobriety Date 25+ years only \_\_\_\_\_  
\$40 (cut off Oct. 1st) \$45 (after Oct. 1st)  
On Site Registration \$45.00 – cash only  
"Conference registration is required to attend all workshops."

#### MEAL SELECTION:

Saturday Night Banquet \$ 48.00  
 Chicken  Vegetarian  
Sunday Breakfast \$ 22.00  
Total Enclosed: \$ \_\_\_\_\_  
(Non Refundable)

MONEY ORDERS/BANK CASHIER'S  
CHECKS ONLY PAYABLE TO:  
"NE WOMAN TO WOMAN  
CONFERENCE 2012"  
MAIL TO: NE WOMAN TO  
WOMAN 2012, P.O. BOX 1060,  
EAST ORANGE, NJ 07017  
THE WOMAN TO WOMAN CONFERENCE IS SELF-SUPPORTING. THE COST OF THE EVENT IS PAID ENTIRELY THROUGH REGISTRATION FEES.

## NNJGS Area 44 Office Calendar

### SEPTEMBER

3	Translation Committee	6:30 PM
4	Officers Meeting	7:30 PM
5	Mailing Committee	6:30 PM
6	Website Committee	7:30 PM
6	Computer Committee	7:30 PM
8	Grapevine Committee	10:00 AM
9	Films Committee	11:00 AM
9	AREA COMMITTEE	12 NOON
10	Convention Subcommittee	8:00 PM
11	Public Information Com	7:30 PM
11	Luncheon Committee	7:30 PM
12	Treatment Committee	8:00 PM
15	Corrections Committee	10:00 AM
16	Garden State Young People	2:00 PM
17	Literature Sales	6:30 PM
17	Literature Committee	7:30 PM
18	History & Archives*	7:30 PM
18	CPC Committee	8:00 PM
19	Night Watch Committee*	7:30 PM
19	Convention Committee	8:00 PM
20	Newsletter Committee	7:30 PM
21-23	ANNUAL AREA CONVENTION	
24	Finance Committee	7:30 PM
27	Policy & Admissions	7:30 PM

### OCTOBER

1	Translation Committee	6:30 PM
1	Remote Communities	7:30 PM
2	Officers & Standing Com	7:30 PM
4	Website Committee*	7:30 PM
6	Grapevine Committee	10:00 AM
8	Convention Subcommittee	8:00 PM
9	Luncheon Committee	7:30 PM
9	Public Information Com	7:30 PM
10	Mailing Committee	6:30 PM
10	Treatment Committee	8:00 PM
15	Literature Sales	6:30 PM
15	Literature Committee	7:30 PM
16	History & Archives*	7:30 PM
16	CPC Committee	8:00 PM
17	Convention Committee	8:00 PM
18	Newsletter Committee	7:30 PM
20	ELECTIONS ASSEMBLY District 36	
21	Garden State Young People	2:00 PM
22	Finance Committee	7:30 PM
25	Policy & Admissions	7:30 PM

### NOVEMBER

1	Website Committee*	7:30 PM
1	Computer Committee	7:30 PM
3	Grapevine Committee	10:00 AM
5	Mailing Committee	6:30 PM
5	Translation Committee	6:30 PM
6	Officers Meeting	7:30 PM
9	THIS DAY DEADLINE	5:00 PM
9-11	Jersey Shore Roundup	6:00 PM
11	Films Committee	11:00 AM
11	AREA COM. MEETING	12 NOON
12	Convention Subcommittee	8:00 PM
13	Luncheon Committee	7:30 PM
13	Public Information Com	7:30 PM
14	Treatment Committee	8:00 PM
15	Newsletter Committee	7:30 PM
17	Corrections Committee	10:00 AM
16	Literature Sales	6:30 PM

18	Garden State Young People	2:00 PM
19	Literature Sales	6:30 PM
19	Literature Committee	7:30 PM
20	History & Archives*	7:30 PM
20	CPC Committee	8:00 PM
21	Night Watch Committee*	7:30 PM
21	Convention Committee	8:00 PM
26	Finance Committee	7:30 PM
27	Joint Unity Meeting	7:30 PM
29	Policy & Admissions	7:30 PM
30	AREAS WORK WEEKEND	

### DECEMBER

1-2	AREAS WORK WEEKEND	
3	Translation Committee	6:30 PM
3	Mailing Committee	6:30 PM
3	Remote Communities	7:30 PM

\*Intergroup Office, 2400 Morris Ave, Union

## Intergroup Calendar

### SEPTEMBER

3	HOLIDAY (Labor Day) Office Closed	
6	Joint Website Committee*	7:30 PM
9	Bookers Exchange, Cranford	7:00 AM
10	Delegates Meeting, Clark	8:30 PM
18	History and Archives	7:30 PM
19	Nightwatch Committee	7:30 PM

### OCTOBER

1	Delegates Meeting, Clark	8:30 PM
4	Joint Website Committee	7:30 PM
8	HOLIDAY (Columbus Day) Closed	
16	History and Archives	7:30 PM

### NOVEMBER

1	Joint Website Committee*	7:30 PM
5	Delegates Meeting, Clark	8:30 PM
18	Gratitude Brunch	10:30 AM
20	History and Archives	7:30 PM
21	Nightwatch Committee	7:30 PM
22/23	HOLIDAY (Thanksgiving) Office Closed	
27	Joint Unity Meeting*	8:00 PM

### DECEMBER

3	Delegates Meeting, Clark	8:30 PM
6	Joint Website Committee	7:30 PM

\*Area Office, 2325 Plainfield Ave, South Plainfield



www.nnjaa.org/members  
password: onedayatatime

Contributions are much needed, and always welcome! Make checks payable as indicated and always include your Area, District and Group ID number. Please send group and individual contributions to the addresses below:

NNJGS AREA 44  
2325 Plainfield Avenue, Suite 2J  
South Plainfield, NJ 07080  
Payable to "NNJGS Area 44"

NORTHERN NEW JERSEY INTERGROUP  
2400 MORRIS AVENUE, Suite 106  
Union, NJ 07083-5705  
Payable to "Northern NJ Intergroup"

GENERAL SERVICE OFFICE  
PO Box 459  
Grand Central Station  
New York, NY 10163  
Payable to "General Service Board"

## DISTRICT DOINGS

**DISTRICT 1&2** — Our Service Committees continue to try and carry the AA message throughout our District. In August we got two new GSRs from groups that did not previously have a GSR.

Our "friends of Bill Picnic" was held 7/22/12. Four committees had tables set up and our speakers were our Area 44 Ex Officio, Cathie F. and our Area Chair, Jay E. No less than six Bands provided entertainment and there was plenty of good food. Thanks to all who worked so hard to make our picnic a success.

We had a great turnout of interested AA's from our District attend the "Reflections" meeting on July 28th. Chuck F., our Area 44 Treasurer, came to the group and shared his experience strength and hope with us. Chuck thoroughly explained why AA's 7th tradition is so important.

The District 1&2 Day of Sharing will take place on 10/13/12. This year it will be held at Madonna Hall in Stockholm NJ.

Our GSO Bus Trip taking place on 10/19/12 quickly sold out. Forty-Nine of us will be taking a bus to the Friday 11 am AA meeting at GSO. After the meeting we will have lunch then take a tour of GSO and return home. — *In Love and Service, District 1&2*

**DISTRICT 17** — 11th ANNUAL OUTING I would like to take this time to personally thank my Higher Power and District 17 for allowing me the opportunity to participate in my recovery and for allowing me to be the Chair of the 11th Annual Outing held on Saturday, August 11, 2012 in Weequahic Park, Newark, from 10am to 5pm. It was a beautiful day from start to finish. I give thanks to all the committee members, the District, groups and individual A.A. members for their donations. I also would like to give thanks to the two speakers, Cherokee M. from Serenity at the Border and Scherome J. from the Brick Church Group.

A special thanks is given to everyone who came out in support of this year's 11th Annual Outing. They enjoyed the day of activities which included volley ball, baseball, horse shoes, Phase 10 and Uno card games, face painting, sack-bag races and let's not forget the delicious food that was provided. To be among children, teenagers and adults was an absolute joy. Those in attendance just had a blessed day of fellowshiping. — *In Love and Service, Ernestine R., Chairperson 11th Annual Outing*

District 18 is looking forward to many service opportunities this Fall.

continued on page 8

### NEXT ISSUE DEADLINE NOV. 9th NEWSLETTER@NNJAA.ORG

This newsletter is produced four times annually by the Newsletter Committee, a joint committee of Northern New Jersey General Service Area 44 and Northern New Jersey Intergroup.

NOTE: This Newsletter will be published on our web site. The name and last initial of the author will be published unless otherwise requested.

Opinions expressed herein are not to be attributed to AA as a whole, nor does the publication of any article imply an endorsement by either AA General Services or Intergroup. Comments, questions and articles may be directed to the Newsletter Committee at NNJGS Area 44, Suite 2J, 2325 Plainfield Ave., South Plainfield 07080 or emailed to: newsletter@nnjaa.org.

### DISTRICT 1/2

Annual Day of Sharing  
Anonymity & Spirituality in Today's World  
Saturday, October 13th 9am - 3pm  
Breakfast & Lunch  
Please feel free to share your favorite dish  
Speaker/Workshops, Area Committee Displays, Al-Anon & more  
St. John Vianney RC Church  
2823 State Highway 23, Stockholm  
Questions? district1\_2@nnjaa.org

### DISTRICT 4/6

10th Annual Day of Sharing  
Saturday November 3rd  
Saint Anthony's School  
276 Diamond Bridge Road, Hawthorne  
Bagels, coffee, etc from 8am  
5 different one hour panels start from 9-10 then 10-11 and 11-12  
Lunch is from 12-1:00  
Speaker starts at 1:15  
Sobriety countdown at 2:15

### DISTRICT 8

3rd Annual Day Of Sharing  
9:00AM To 3:00PM  
Saturday September 29th  
Panther Valley Ecumenical Church  
Route 517 Hackettstown  
Fun Activities: Speakers, AA Jeopardy, Food, Fellowship, and FUN!  
Donations Are Greatly Appreciated If you have any questions please contact us at: district8@nnjaa.org

### DISTRICT 15/21

2012 DAY OF SHARING  
Saturday, September 15  
from 9am - 3pm  
A Day of Love, Laughter, & Service  
UNITY SPIRITUAL CENTER  
453 Bellwood Ave, Asbury  
Pattensburg Exit 11 off Route 78

### DISTRICT 22

"You may know the Steps, and even, the Traditions, but do you know the Concepts?"  
12 CONCEPTS WORKSHOP  
October 13th 10am to 4pm  
The Reformed Church  
of Highland Park  
19 South Second Avenue  
A day of Speakers, Food, Fun, and Raffles!

### DISTRICT 37

6th Annual Day of Sharing  
Saturday, October 13th  
9:00am to 4:00pm  
"Step Six"  
Meetings • Fellowship • Workshops  
Free Breakfast & Lunch  
Limited Child Care Available  
Glen Ridge Congregational Church  
195 Ridgewood Avenue  
Glen Ridge

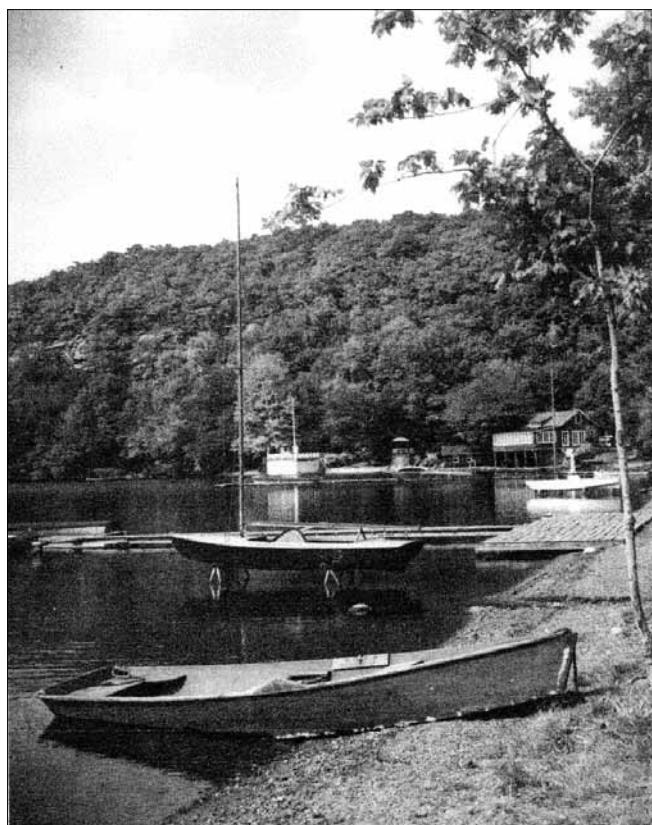


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# THIS DAY

Joint News of NNJGS Area 44  
and Northern New Jersey Intergrupp  
2325 Plainfield Ave., Suite 2J  
South Plainfield, NJ 07080

Fall 2012



GREEN POND 1939

## DISTRICT DOINGS

CONTINUED FROM PAGE 7

We are grateful to have the opportunity to participate in the Area 44 56th Annual NNJGS Convention in September. Tom V., Susan D., and Mike T. will be hosting an Area Workshop, *We Are But Trusted Servants: Making Time for Service Work*, from 12:15 to 1:15 pm on Saturday at the convention. And, just 12 hours later, we get to lead the 1 am Sunday meeting. We had this prime meeting time last year as well, and we know that it is a great time to be at a meeting. Hope to see you all there, at both time slots!

District 18 groups and members continue to enjoy many regular service commitments through CPC, Treatment Facilities, Corrections, and Grapevine Committees. One big joy is the addition of a second women's meeting at Morris County Jail each week, thanks to Linda Lou and the other women who volunteer for this commitment.

In November, Dawn Patrol in New Providence will be hosting their 7th Annual Thanksgiving Alkathon, with meetings, food and fellowship. Please check the flyer or contact the group at dawnpatrol\_aa\_np@yahoo.com for more details. — *Terri D, secretary District 18*

**DISTRICT 39** — As we head into the fall season, I would like to highlight the twelfth step work going on in District 39. We are prepared for the NNJGS (Northern New Jersey General Service) Area 44 Convention in Somerset. The GSR for the Ruby Slippers Relapse Prevention Group, which meets on Saturdays at 12pm in Garwood, will lead the *Bill's Story* meeting at the Big Book Workshop. I would like to thank them for supporting District 39 through service. The convention is a great way to carry the message of hope to the next sick and suffering alcoholic. Thank you to all who gave time and energy to make the convention possible. I would also like to thank the groups for their generous donations to District 39. We greatly appreciate your thoughtfulness and we continue to carry the message to the next sick and suffering alcoholic. Throughout the year we have had Joint Days of Sharing, Spirituality breakfasts, and some of the donations have gone to holiday Alkathons in our area. If your home group meets in Clark, Garwood, Rahway, Westfield, or Scotch Plains, the groups in these towns make up District 39. Please send your contributions to District 39 PO Box 231 Fanwood, NJ 07023 via the postal service or you can bring the contribu-

tion to the monthly district meeting. In addition, the GSR is a vital liaison between communicating with the group and with AA as a whole. As recovering alcoholics become functional in society and in their communities, it is important to note that they learn to be self-supporting in Alcoholics Anonymous. This means that we, as members of AA in its entirety, handle our own business. We do not expect others to pay our bills or to make our decisions. We make informed conscious decisions by connecting the groups and the fellowship of AA through our service structure so that we can learn and discuss matters affecting the groups, Alcoholics Anonymous, and our two corporations—AAWS, and the Grapevine. If your group has no GSR, then they, in turn, have no voice and no vote regarding AA, as a whole. If your group would like to get up-to-date information regarding AA and its' pertinent business matters of late, we would love to work with you. Please join us once a month on Wednesday evenings at 7pm at the Presbyterian Church, 140 Mountain Avenue, Westfield, NJ 07090. Service is as vital to our recovery as the air we breathe, without it we suffer. Left behind for us by our founders, we have the three legacies in

AA-- recovery, unity, and service. This is the formula for a happy, joyous, free, and sober living. The 12 Steps of AA help the individual to get sober. The 12 Traditions help us to stand united and strong, self-supporting through our own contributions and putting principles of saving lives over personalities. Lastly, the 12 Concepts, helps us to manage our business, make wise decisions, function as a true democracy and keep us from falling into the pit of tyranny. — *Yours in service, Tricia L., DCM*

### THANKSGIVING ALKATHON

#### 7TH ANNUAL DAWN PATROL ALKATHON

COME & JOIN US! 6am to Midnight  
Thursday November 22nd

Meetings and Food Buffet All Day  
All Family and Friends Welcome!

**Faith Lutheran Church**  
524 South Street  
New Providence

Any questions or for more information contact us at the following email address [redacted]

### THANKSGIVING MINI-ALKATHON

**Lambertville Presbyterian Church**  
31 North Union St, Lambertville

Thursday November 22nd

10:00am - 6:00pm

Open Meetings every hour on the hour  
Non-stop Food All Day